

Club

Schedule 4.04 - 10.04

MA 4.04	DI 5.04	WO 6.04	DO 7.04	VR 8.04	ZA 9.04	ZO 10.04
08:30 60m BodyShape Bodien .	09:00 60m Vinyasa Yoga Maud .	09:00 60m BodyShape Ruben .	09:00 60m Vinyasa Yoga Maud .	09:00 60m BodyPump Ruben .	09:30 60m BodyStep Wendy .	10:00 60m BodyShape Wendy .
09:30 60m Pilates Bodien .	10:00 60m Fit Attack Maud .	10:00 60m BodyPump Frouke .	10:00 60m Total Body Workout Maud .	10:00 60m Steps Ruben .	10:00 60m Bootcamp Milan .	11:00 60m Fit Attack Wendy .
10:30 60m KickBoxing Bodien .	18:00 60m BodyShape Wendy .	18:30 60m BodyStep Damir .	18:00 60m BodyPump Damir .	18:00 60m Fit Attack Wendy .	10:30 60m BodyPump Frouke .	12:00 60m BodyBalance Maud .
18:30 60m BodyPump Ruben .	19:00 60m Bootcamp Outdoor Milan .	19:30 60m BodyPump Damir .	19:00 60m Spinning Damir .	19:00 60m KickBoxing Damir .		
19:30 60m BodyShape Ruben .	19:00 60m Pilates Ineke .	20:30 60m KickBoxing	19:00 60m BodyShape Ineke .			
20:30 60m KickBoxing			20:00 60m Pilates Guest .			