

Club
Schedule 18.04 - 24.04

MA 18.04	DI 19.04	WO 20.04	DO 21.04	VR 22.04	ZA 23.04	ZO 24.04
09:00 Spinning Koen . 60m	09:00 BBB 45m	09:00 Yoga 45m	08:30 Core Workout Diana . 30m	09:00 BodyPump 60m	09:00 Spinning Jeroen . 60m	09:00 Spinning Jeroen . 60m
09:00 BodyBalance 45m	10:00 Pilates 45m	09:00 FunXtion 45m	09:00 BodyShape Diana . 45m	09:00 Spinning Koen . 60m	09:30 BodyPump Marjan . 45m	09:30 BodyPump Marjan . 45m
10:00 BodyShape 45m	20:00 Zumba 45m	09:00 Spinning Koen . 60m	10:00 Pilates 45m	10:00 FunXtion Selin . 45m	10:00 FunXtion 45m	10:30 Pilates Ingrid . 45m
17:00 FunXtion 45m		10:00 Spinning Koen . 60m	18:00 FunXtion 45m	10:15 50-Fit Koen . 45m	11:30 Grit Strength 30m	
18:00 Buikspierkwartier 15m		10:00 50-Fit 45m	18:00 BodyBalance Helma . 45m	11:00 Small Group Booty & Core Selin . 30m		
18:00 BodyPump 45m		18:00 Grit Strength 30m	19:00 Zumba Alida . 45m	19:00 BodyBalance Helma . 45m		
18:30 Small Group Move it Bart . 45m		19:00 Small Group Booty & Core 30m	19:00 Spinning Patricia . 60m			
19:00 Spinning Jeroen . 60m		19:00 KickBoxing Gökhan . 45m	19:00 Small Group Move it 45m			
19:00 KickBoxing 45m		19:00 Spinning Invalier . 60m				
20:00 Pilates 45m		19:45 FunXtion 30m				
		20:00 BodyPump Marjan . 45m				