

# Groepsleszaal 1

## Schedule 11.07 - 17.07

MA 11.07	DI 12.07	WO 13.07	DO 14.07	VR 15.07	ZA 16.07	ZO 17.07
<b>09:00</b> 60m <b>BodyShape</b> Joanne .	<b>09:00</b> 60m <b>BodyPump</b> Angelique .	<b>09:00</b> 60m <b>Spinning</b> Sandra .	<b>09:00</b> 60m <b>BodyShape</b> Joanne .	<b>09:00</b> 60m <b>BodyPump</b> Patrick .	<b>09:30</b> 60m <b>BodyPump</b> Luanna .	<b>09:30</b> 60m <b>BodyPump</b> Patrick .
<b>10:00</b> 60m <b>Spinning</b> Sandra .	<b>10:00</b> 60m <b>BodyShape</b> Angelique .	<b>10:00</b> 60m <b>BBB</b> Angelique .	<b>10:00</b> 60m <b>BodyBalance</b> Joanne .	<b>10:00</b> 60m <b>BodyBalance</b> Erik .		<b>10:30</b> 30m <b>Grit Strength</b> Invaller .
<b>18:00</b> 60m <b>BodyCombat</b> Irene .	<b>11:00</b> 60m <b>Total Body Workout</b> Mitchell .	<b>11:00</b> 60m <b>BodyCombat</b> Irene .	<b>11:00</b> 75m <b>Yoga</b> Erik .	<b>18:00</b> 60m <b>Total Body Workout</b> Mitchell .		<b>11:15</b> 60m <b>BodyBalance</b> Erik .
<b>20:00</b> 60m <b>BodyBalance</b> Erik .	<b>12:00</b> 60m <b>Yoga</b> Erik .	<b>18:00</b> 60m <b>Latin Dance</b> Angela .	<b>18:00</b> 60m <b>BodyCombat</b> Irene .	<b>19:00</b> 60m <b>Boks &amp; Strength</b> Rajen .		
	<b>18:00</b> 60m <b>BodyPump</b> Luanna .	<b>19:00</b> 60m <b>BodyPump</b> Patrick .	<b>19:00</b> 60m <b>Spinning</b> Sandra .			
	<b>19:00</b> 60m <b>Latin Dance</b> Abbygail .	<b>20:00</b> 30m <b>Grit Cardio</b> Invaller .				