

# Groepsleszaal

## Schedule 4.04 - 10.04

MA 4.04	DI 5.04	WO 6.04	DO 7.04	VR 8.04	ZA 9.04	ZO 10.04
<b>09:00</b> 60m <b>BodyPump</b> Tonia .	<b>09:00</b> 60m <b>BodyShape</b> Yvette .	<b>09:00</b> 60m <b>BBB</b> Saskia .	<b>09:00</b> 60m <b>Zumba</b> Nathaly .	<b>09:30</b> 60m <b>BodyPump</b> Saskia .	<b>10:00</b> 60m <b>Zumba</b> Nathaly .	<b>11:00</b> 60m <b>Sh'Bam</b> Melissa .
<b>10:00</b> 60m <b>Deep Stretch</b> Tonia .	<b>18:15</b> 60m <b>Flow Yoga</b> Tessa .	<b>10:00</b> 60m <b>BodyBalance</b> Saskia .	<b>18:45</b> 30m <b>Booty Workout</b> Saskia .	<b>10:30</b> 60m <b>BodyBalance</b> Saskia .	<b>11:00</b> 60m <b>BodyBalance</b> Sonora .	
<b>18:30</b> 60m <b>BBB</b> Helga .	<b>19:15</b> 60m <b>BodyPump</b> Daphne .	<b>18:30</b> 60m <b>BodyPump</b> Bonny .	<b>19:15</b> 60m <b>BodyPump</b> Saskia .			
<b>19:30</b> 30m <b>Les Mills Core</b> Bonny .	<b>20:15</b> 60m <b>Sh'Bam</b> Stephanie .	<b>19:30</b> 30m <b>Les Mills Core</b> Bonny .	<b>20:15</b> 60m <b>BodyBalance</b> Saskia .			
<b>20:00</b> 60m <b>BodyPump</b> Bonny .		<b>20:00</b> 60m <b>Flow Yoga</b> Saskia .				