

Club

Schedule 11.07 - 17.07

MA 11.07	DI 12.07	WO 13.07	DO 14.07	VR 15.07	ZA 16.07	ZO 17.07
08:00 60m Yoga Leontien .	17:30 30m Grit Strength Lisanne .	11:15 60m BodyShape Rosa .	08:30 60m Pilates Mina .	09:00 60m Yoga Virginia .	09:00 60m BBB Nalan .	09:00 30m Grit Cardio Lisanne .
18:45 60m Boksen Rui .	18:00 30m Grit Cardio Lisanne .	18:00 30m FunXtion Feliek .	19:00 60m BodyPump Marloes .	10:15 60m BodyPump Nora .	10:00 60m BodyBalance Virginia .	09:30 60m BodyCombat Lisanne .
19:00 30m FunXtion Feliek .	18:30 60m BodyCombat Nora .	18:45 60m BBB Rosa .	20:15 60m BodyBalance Jelena .	11:30 60m BBB Rosnell .	13:30 60m BodyPump Sandra .	10:30 60m BodyStep Lisanne .
19:30 15m Small Group Core Feliek .	19:30 60m BodyPump Jelena .	20:00 60m BodyBalance Virginia .		12:30 60m Yoga Rosnell .		11:30 60m BodyPump Lisanne .
20:00 30m Small Group Booty Feliek .	20:30 60m Zumba Valeria .	20:00 15m Small Group Core Feliek .				12:45 60m BodyBalance Virginia .
20:00 60m BodyBalance Virginia .		20:15 30m Small Group Booty Feliek .				