

WANT TO LEARN MORE ABOUT ALZHEIMER'S DISEASE?

Explore these online resources for a **patient-centered** understanding of Alzheimer's disease

Linked resources are available in English and Spanish



ALZHEIMER'S ASSOCIATION



ALL PATIENT RESOURCES

<https://www.alz.org/help-support/i-have-alz>



KNOW WHAT TO EXPECT

<https://www.alz.org/help-support/i-have-alz/know-what-to-expect>



PLAN FOR YOUR FUTURE

<https://www.alz.org/help-support/i-have-alz/plan-for-your-future>



PROGRAMS & SUPPORT

<https://www.alz.org/help-support/i-have-alz/programs-support>

ALZHEIMER'S FOUNDATION OF AMERICA



TEAL ROOM – *Virtual space with therapeutic activities including art, music, fitness, nature-based programs, and more*

www.alzfdn.org/afatealroom



STEPS TO TAKE AFTER DIAGNOSIS

<https://alzfdn.org/newly-diagnosed-with-alzheimers-now-what>