

Thinking About Your Patients With B-Cell Malignancies, Here Are Some Factors That Influence Adherence to Oral Anti-Cancer Medications¹⁻³

While oral medications provide patients a convenient form of medication administration, there are several factors that contribute to non-adherence to oral therapies

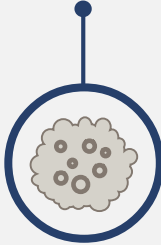
Patient Related

- ◆ Positive belief in treatment benefit and QoL
- ◆ Forgetfulness & self-efficacy
- ◆ Depressive symptoms
- ◆ Change in patient's routine
- ◆ Health literacy



Disease Related

- ◆ Comorbidities
- ◆ Disease burden



Healthcare System Related

- ◆ Relationship with Health Care Providers
- ◆ Lack of patient involvement in decision making
- ◆ Side effects that were not warned about



Therapy-related

- ◆ Side effects
- ◆ Polypharmacy
- ◆ Duration and variations of therapy
- ◆ Pill burden



Social and Economic

- ◆ Age
- ◆ Insurance coverage/Higher out-of-pocket expenses
- ◆ Lower income and education level
- ◆ Employment status
- ◆ Marital Status
- ◆ Racial disparities



Studies have shown that patient-physician relationships and a patient's positive beliefs about their therapies are modifiable factors for adherent patient behaviors

Abbreviation: QoL=Quality of Life.

References:

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