

Liley ConnectAD™

Welcome to ConnectADTM, a clinical case series created by the Eli Lilly and Company Neuroscience medical education team. This series is intended to connect healthcare professionals to resources that help them detect, diagnose, and manage Alzheimer's disease.

Disclaimer

The content for this case was created by Eli Lilly and Company and is inspired by scenarios clinicians may encounter while caring for patients with Alzheimer's disease.

Inclusion of a specific approach to treatment and monitoring in this clinical case does not imply endorsement or recommendation by Lilly.

Learning Objective

Through completing this course, you will have a deeper understanding of:

Potential options to approach treatment initiation and monitoring in Alzheimer's disease



Diagnosis: Mild Dementia Due to AD



Patient overview:

Mateo is a 73-year-old Hispanic male with:

- Controlled hypertension
- Adenomatous colon polyps

Initial clinical assessment:

- Alert, diminished insight (no reports of memory concerns)
- Impaired in activities of daily living (finances, medications, appointments)
- Cognitive impairment, eg, does not know date or day of the week (MMSE below threshold)

Additional testing:

Mateo's clinical history and cognitive assessment warranted further testing. The additional tests selected included:

- Blood work
- Brain MRI
- CSF testing

CSF testing

Low Aβ42/Aβ40, high P-tau and high T-tau

 Findings consistent with amyloid deposits in the brain (low Aβ42/Aβ40) and tau neuropathology (high P-tau, high T-tau), supporting a diagnosis of Alzheimer's disease¹

Treatment Options

Non-pharmacologic or behavioral interventions:

- Non-pharmacologic interventions that may improve or maintain cognition/function, help to support independence in usual activities of daily living, or address behavioral symptoms¹
- Eg, cognitive therapy, physical exercise, nutrition



Symptomatic therapy:

 Pharmacotherapy that may improve cognitive and behavioral symptoms, but does not alter the course of the disease²



Disease-modifying therapy:

- Pharmacotherapy that modifies the clinical course of disease but does not stop or reverse the disease³
- Eg, Amyloid-targeting therapy (ATT)

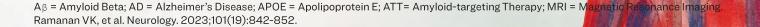


Note: The treatment plan is under the discretion of the HCP and patient via shared decision making and a combination of treatments may be chosen

Could Mateo Be Considered an Appropriate Candidate for an ATT?

- Diagnosis of mild dementia due to AD with confirmed Aβ pathology
- No other known cause for cognitive decline
- 3 No contraindications to treatment
- Brain MRI has no evidence of edema or cerebral amyloid angiopathy

Note: APOE \$4 genotyping would provide additional information to inform the treatment risk-benefit discussion



ATT Class Boxed Warning: Risk of ARIA

ATTs are monoclonal antibodies directed against aggregated forms of Aβ and can cause amyloid-related imaging abnormalities (ARIA), as ARIA with edema or effusion (ARIA-E) and ARIA with hemosiderin deposition (ARIA-H). ARIA is usually asymptomatic, although serious and life-threatening events can rarely occur.^{1,2}

Serious intracerebral hemorrhages >1 cm, some of which have been fatal, have been observed in patients treated with this class of medications. Because ARIA-E can cause focal neurologic deficits that can mimic an ischemic stroke, treating clinicians should consider whether such symptoms could be due to ARIA-E before giving thrombolytic therapy in a patient being treated with an ATT.^{1,2}

Among patients treated with the ATT class of medications, those who are APOE ε4 homozygotes have a higher incidence of ARIA, including symptomatic, serious, and severe radiographic ARIA, compared to those who are heterozygotes or noncarriers.^{1,2}

Testing for APOE ε4 status should be performed prior to initiation of treatment to inform the risk of developing ARIA.^{1,2}

Consider the benefit for the treatment of Alzheimer's disease and risk of ARIA when deciding to treat with an ATT.^{1,2}

After Discussion of Treatment Options with Mateo and His Loved Ones, Mateo Expressed an Interest in ATT¹

Mateo is an appropriate candidate for ATT as he:

- Has a diagnosis of mild dementia due to AD with confirmed Aβ pathology¹
- Has no contraindications¹
- Understands the potential risks and benefits of treatment, including the rationale, process, and resulting impact of APOE ε 4 genotype testing¹
- Understands the requirements for treatment and monitoring, including infusion and MRI schedule, and the need to communicate new symptoms to the clinician ^{1,2}
- Has support from loved ones

Initiation of an ATT and Monitoring

Mateo begins ATT infusions

He has monitoring MRIs scheduled according to the product labeling.^{1,2}

Patients receiving ATTs require periodic monitoring for ARIA with MRI at baseline and throughout treatment. If a patient experiences symptoms suggestive of ARIA, clinical evaluation should be performed, including an MRI if indicated. Dose adjustments for ARIA depend on type, radiographic severity, and clinical symptoms^{1,2}

Note: ATTs carry warnings and precautions about the risk of developing serious hypersensitivity and infusion-related reactions during and after completion of the infusion.^{1,2} In addition, ATTs are contraindicated in patients with a known serious hypersensitivity to the active ingredient or to any of the excipients.¹

Monitoring of the Patient on an ATT

Neurologists and radiologists face several communication obstacles when monitoring for ARIA including, but not limited to¹:

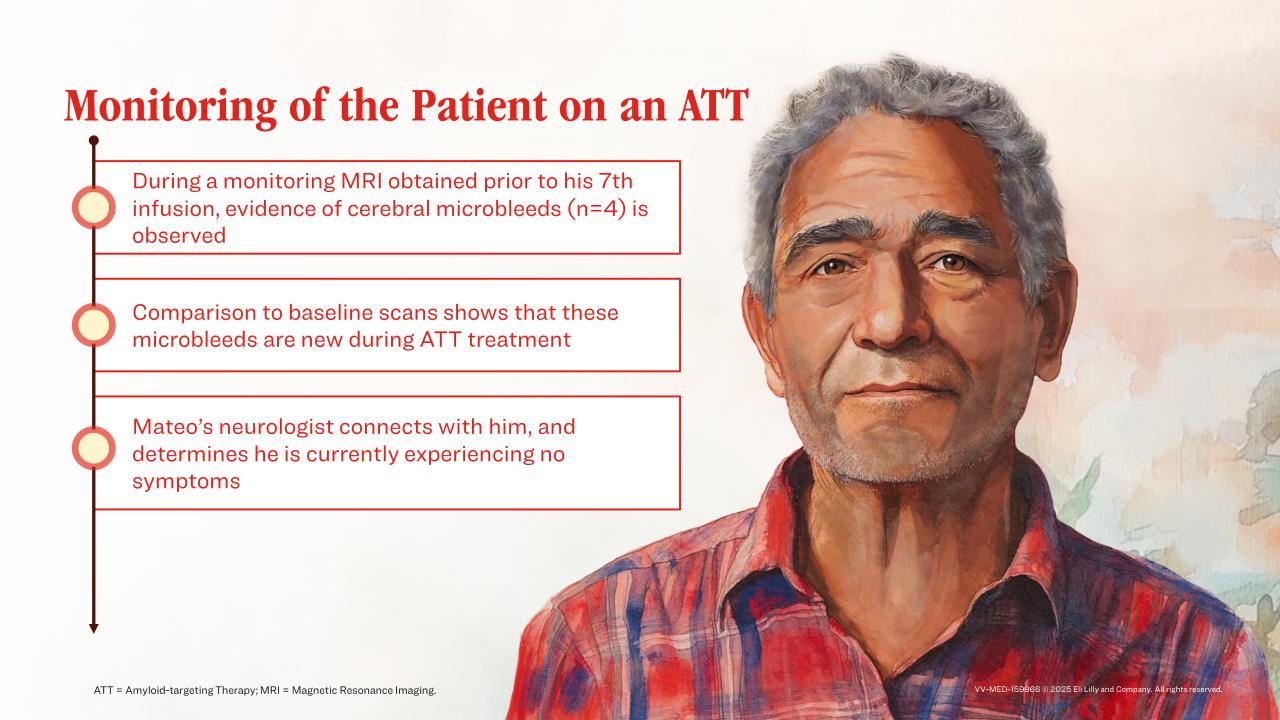
- Separate healthcare system(s)
- Separate radiology reading queues
- Time constraints

Some potential solutions to address these challenges in practice include¹:

- Clear reporting of relevant findings of ARIA in MRI scans
- Standardized MRI orders/protocols
- Cross-communication between neurologists and radiologists

Note: ATTs carry warnings and precautions about the risk of developing serious hypersensitivity and infusion-related reactions during and after completion of the infusion.^{2,3} In addition, ATTs are contraindicated in patients with a known serious hypersensitivity to the active ingredient or to any of the excipients²

^{2.} https://www.accessdata.fda.gov/drugsatfda_docs/label/2024/761248s000lbl.pdf (Accessed December 11, 2024).
3. https://www.accessdata.fda.gov/drugsatfda_docs/label/2023/761269s000lbl.pdf (Accessed December 11, 2024).



ARIA Severity Assessment

	ADIA Tuno	Radiographic Severity		
	ARIA Type	Mild	Moderate	Severe
ARIA-E		FLAIR hyperintensity confined to sulcus and/or cortex/subcortex white matter in one location, <5 cm	FLAIR hyperintensity 5 to 10 cm in single greatest dimension, or >1 site of involvement, each measuring <10 cm	FLAIR hyperintensity >10 cm with associated gyral swelling and sulcal effacement ≥1 separate/ independent sites of involvement may be noted
ARIA-H	Microhemorrhage	≤4 new incident microhemorrhages	5-9 new incident microhemorrhages	≥10 new incident microhemorrhages
	Superficial siderosis	1 focal area of superficial siderosis	2 focal areas of superficial siderosis	>2 areas of superficial siderosis

ARIA=Amyloid-related Imaging Abnormalities; ARIA-E=ARIA-Edema or Effusion; ARIA-H=ARIA-Microhemorrhages or Localized Superficial Siderosis; FLAIR=Fluid-Attenuated Inversion Recovery.

Image from Cummings J, et al. *J Prev Alzheimers Dis.* 2023;10(3):362-377. Free-to-use under the Creative Commons Attribution 4.0 International License (CC-BY 4.0): https://creativecommons.org/licenses/by/4.0/.

Clinical Symptom Advancement

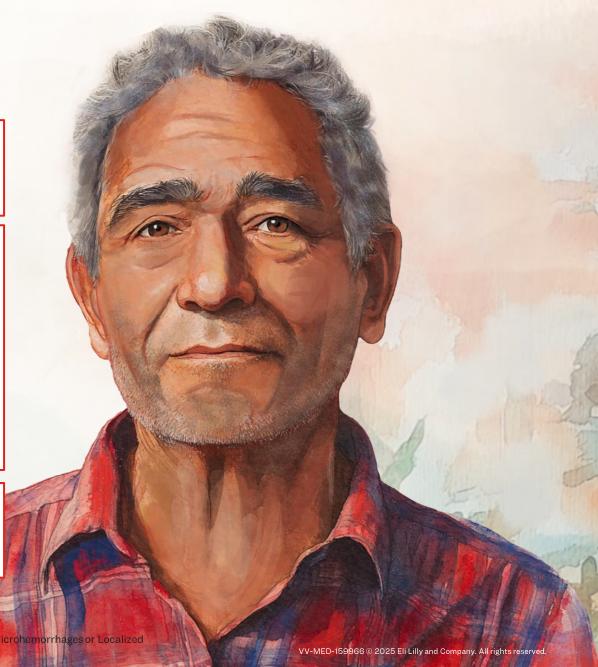
The neurologist discusses the diagnosis of mild asymptomatic ARIA-H with Mateo and his wife. A shared decision is made to continue treatment

Clinical symptoms update:

- Between infusions 7 and 8, Mateo develops a headache and mentions it to his wife
- Because of the headache, Mateo is unable to carry on with his daily activities (ie, moderate clinical severity)
- Mateo and his wife are concerned so they discuss it with his neurologist

Mateo's neurologist orders an urgent repeat MRI

 The results of the MRI show mild ARIA-H and mild ARIA-E



ARIA Clinical Manifestations

Common^{1,2}







Confusion



Nausea/ Dizziness

Less Frequent^{1,2}



Gait disturbance



Neuropsychological symptoms



Visual symptoms

Rare symptoms²:

Seizure/status epilepticus • Focal neurological deficits • Encephalopathy • Stupor

Severity rating of clinical symptoms²

None

No symptoms noted No disruptions of daily activities

Mild

Discomfort noted No disruptions of daily activities

Moderate

Discomfort sufficient to affect normal daily activities

Severe

Symptoms incapacitating
Unable to perform
normal daily activities

Dosing ATT in Response to ARIA 1,2

Severity _ on MRI	Clinical Symptom Severity			
	Asymptomatic	Milda	Moderate/Severeb	
Mild	May continue dosing	May continue dosing based on clinical judgment	Suspend dosing ^c	
Moderate	Suspend dosing ^c	Suspend dosing ^c	Suspend dosing ^c	
Severe	Suspend dosing ^c	Suspend dosing ^c	Suspend dosing ^c	
	Asymptomatic		Symptomatic	
Mild	May continue dosing		Suspend dosing ^d	
Moderate	Suspend dosing ^d		Suspend dosing ^d	
Severe	Suspend dosing ^e		Suspend dosing ^e	
	on MRI Mild Moderate Severe Mild Moderate	on MRI Asymptomatic Mild May continue dosing Moderate Suspend dosingc Severe Suspend dosingc Asymptomatic Mild May continue Moderate Suspend dosingc	on MRI Asymptomatic Mild May continue dosing May continue dosing based on clinical judgment Moderate Suspend dosing Severe Suspend dosing Asymptomatic Mild May continue dosing Suspend dosing May continue dosing Suspend dosing Suspend dosing Suspend dosing May continue dosing May continue dosing May continue dosing	

^aMild: Discomfort noticed, but no disruption of normal daily activities. ^bModerate: Discomfort sufficient to reduce or affect normal daily activities. Severe: Incapacitating, with inability to work or to perform normal daily activities. ^cSuspend until MRI demonstrates radiographic resolution and symptoms, if present, resolve; consider a follow-up MRI to assess for resolution 2 to 4 months after initial identification. Resumption of dosing should be guided by clinical judgment; dosing should be guided by clinical judgment; consider a follow-up MRI to assess for stabilization 2 to 4 months after initial identification. ^cSuspend until MRI demonstrates radiographic stabilization and symptoms, if present, resolve. Use clinical judgment when considering whether to continue treatment or permanently discontinue ATT. ARIA=Amyloid-related Imaging Abnormalities; ARIA=EARIA-Edema or Effusion; ARIA-H=ARIA-Microhemorrhages or Localized Superficial Siderosis; ATT=Amyloid-targeting Therapy; MRI=Magnetic Resonance Imaging. 1. https://www.accessdata.fda.gov/drugsatfda_docs/label/2024/761248s000lbl.pdf (Accessed December 11, 2024).

^{2.} https://www.accessdata.fda.gov/drugsatfda_docs/label/2023/761269s000lbl.pdf (Accessed December 11, 2024).

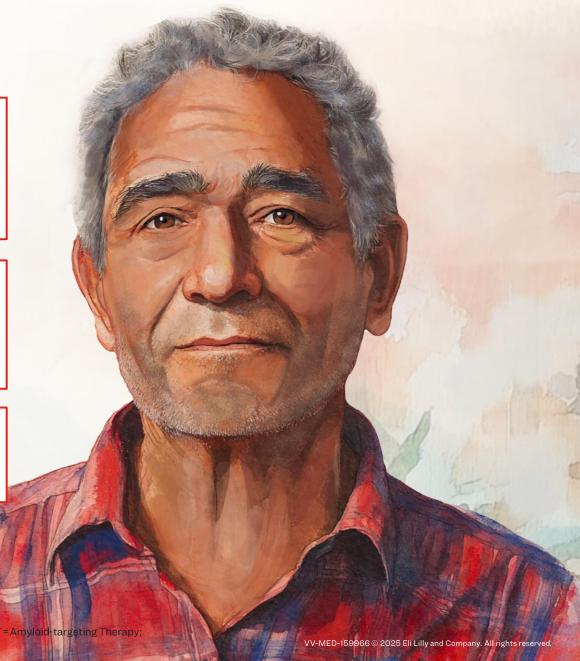
Dosing ATT in Response to ARIA

Mateo displays evidence of moderate clinical symptoms, consistent with mild ARIA-H and mild ARIA-E identified on the urgent MRI. In agreement with prescribing information, his neurologist recommends suspension of ATT treatment

Another MRI is performed following the suspension of treatment

This subsequent MRI shows that ARIA-E resolved and ARIA-H stabilized

Mateo, his family, and care team have a discussion and collectively decide to restart treatment



Key Learnings in Mateo's Case

Treatment with ATTs requires adherence to scheduled MRIs to monitor for ARIA.

- Adherence to scheduled brain MRI scans prior to infusions is necessary to identify ARIA and to modify dosing if needed¹
- Multidisciplinary collaboration between the prescribing clinician, radiologist, infusion center, and the primary care provider is necessary for optimal treatment monitoring^{1,2}
- Patients and their loved ones should be educated about symptoms associated with ARIA and should communicate new symptoms to the prescribing clinician and infusion clinicians^{1,3,4}
- Because ARIA-E can cause focal neurologic deficits that can mimic an ischemic stroke, clinical evaluation should be performed, including MRI scanning if indicated. 5,6
- Patients should be advised to carry information with them indicating that they are being treated with an ATT.^{5,6}

6. https://www.accessdata.fda.gov/drugsatfda_docs/label/2023/761269s000lbl.pdf (Accessed December 11, 2024).

