

Plain language practice

Below are some common medical terms. Many patients have trouble understanding when we use medical jargon like this. Using plain language helps patients understand.

Get some practice replacing jargon with plain language terms! Next to each term, write a plain language alternative you can use instead.

Jargon:	Plain language:
Hypertension	
Elevated blood glucose	
Malignant tumor	
Astigmatism	
Seizure	
Tinnitus	
Metastatic	
CT scan	
Sexually transmitted infection	
Preeclampsia	
Myocardial infarction	
Postpartum depression	
Insulin resistance	
Hyperglycemia	
Stress fracture	

Now think about a few terms that you use regularly in your work. What are some plain language options that you could use instead?

Jargon:	Plain language:

