

# WANT TO LEARN MORE ABOUT ALZHEIMER'S DISEASE?

Explore these online resources for a **patient-centered** understanding of Alzheimer's disease

*Linked resources are available in English and Spanish*



## ALZHEIMER'S ASSOCIATION



### ALL PATIENT RESOURCES

<https://www.alz.org/help-support/i-have-alz>



### KNOW WHAT TO EXPECT

<https://www.alz.org/help-support/i-have-alz/know-what-to-expect>



### PLAN FOR YOUR FUTURE

<https://www.alz.org/help-support/i-have-alz/plan-for-your-future>



### PROGRAMS & SUPPORT

[www.alz.org/help-support/i-have-alz/programs-support](http://www.alz.org/help-support/i-have-alz/programs-support)

## ALZHEIMER'S FOUNDATION OF AMERICA



**TEAL ROOM** – Virtual space with therapeutic activities including art, music, fitness, nature-based programs, and more

[www.alzfdn.org/afatealroom](http://www.alzfdn.org/afatealroom)



### STEPS TO TAKE AFTER DIAGNOSIS

<https://alzfdn.org/newly-diagnosed-with-alzheimers-now-what>

Not inclusive of all existing Alzheimer's disease resources.  
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