



Toileting and Nappy changing

EYFS Safeguarding and Welfare Requirements

Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We ensure that children's privacy and dignity is protected when carry out nappy changing routines.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Where possible key persons undertake changing children from their key groups; back up key persons change them if the key person is absent or otherwise engaged.
- Children who require changing within the day are written on the white board in the Pre-School room. Nappy changes are then recorded on the Family app so staff and parents know a child has been changed.
- Children are changed a minimum of twice a day. Once between 9am and 12pm and again between 12pm and 3pm.
- They are changed immediately that we become aware they have soiled themselves.
- Staff communicate to each other when nappy changing is taking place.
- Children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes.
- Each child brings their own bag to hand to staff at the start of the day with their nappies or pull ups and changing wipes and nappy bags in.
- Our staff put on gloves before changing starts and the areas are prepared. Gloves are not always required for a wet nappy where there is no risk of infection, however, gloves are always available for those staff who choose to wear them. Gloves are always worn for a 'soiled' nappy.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.

- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and may be considered a disciplinary matter.
- All records of nappy changing are recorded on the Family app as soon as nappy changing has been done.

<p>This policy was adopted by Held on Date to be reviewed</p> <p>Signed on behalf of the provider Name of signatory Role of signatory</p> <p>Approved By Role of Signatory</p>	<p>Goostrey Pre School July 2025 July 2026</p> <p>Becca Gledhill Nursery Manager</p> <p>Jessica Moores Chair of Trustees</p>
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