



Intimate Care

Policy Statement

At Goostrey Pre-School, we are committed to safeguarding and promoting the welfare of all children. We recognise that children may require help with intimate care needs such as toileting, changing clothes, or medical/personal support. Our practice ensures that children are treated with dignity, respect, and sensitivity, while staff are protected from allegations of misconduct.

Aims

- To safeguard the rights and well-being of children who require intimate care.
- To provide guidance and reassurance to staff and families.
- To ensure consistent and safe practice across the setting.
- To protect staff from potential vulnerability or allegations.
- To work in partnership with parents/carers when children require intimate care support.

Definition of Intimate Care

Intimate care includes, but is not limited to:

- Changing nappies or pull-ups.
- Supporting children with toileting.
- Changing clothes following accidents.
- Cleaning children after sickness or soiling.
- Providing medical or personal care linked to SEND or health needs.

Procedures

Safeguarding Principles

- Intimate care will only be carried out by staff who have undergone safeguarding training and who hold a DBS check.
- Staff must inform another member of staff when supporting a child with intimate care.
- Staff will be in sight and hearing of others when carrying out intimate care
- Children will never be left alone in intimate care situations.
- The child's right to privacy, dignity, choice, and respect is central to all care given.
- Parents are notified promptly of any significant toileting accidents or concerns.
- Where children have additional needs, a Health Care Plan or Intimate Care Agreement will be drawn up with parents/carers.

Staff Practice

- Disposable gloves and aprons are worn for all nappy changes or intimate care.
- Staff use respectful language and explain each step to the child, checking their comfort.
- All accidents or care provided are recorded by staff and shared with parents/carers.
- Children's intimate care needs will not be discussed with other parents/carers or in front of other children.

Environment

- Nappy changing and toileting areas are kept clean, well-equipped, and private, while ensuring safeguarding supervision is maintained.
- Toilets and changing areas are accessible for children with additional needs.
- Children are never changed on the floor unless on a designated mat in a hygienic area.
- Toileting areas give children the opportunity to be independent with their own hygiene routines such as toileting and washing hands.
- Steps and seats are provided for children to access the toilet independently.

Allegations and Safeguarding

- Any concerns about staff practice during intimate care are reported immediately to the DSL.
- Allegations will be managed under the Whistleblowing Policy and in line with Local Safeguarding Partnership and LADO procedures.
- Staff are aware that safeguarding overrides confidentiality if there are concerns about a child's welfare.

Training

- All staff receive training in safeguarding, infection control, and intimate care procedures.
- Staff working closely with children with additional needs may require further specialist training (e.g. medical, manual handling).
- Training all staff in the appropriate methods for intimate care routines and arranging specialist training where required, i.e. first aid training, specialist medical support, manual handling.

Monitoring and Review

- This policy will be reviewed annually or in line with updates to the EYFS and local safeguarding procedures.
- Feedback from staff, parents, and children will inform policy development.

This policy was adopted by	Goostrey Pre School
Held on	July 2025
Date to be reviewed	July 2026
Signed on behalf of the provider	
Name of signatory	Becca Gledhill
Role of signatory	Nursery Manager
Approved By	Jessica Moores
Role of Signatory	Chair of Trustees

