

Menu

Spring 2025



SAS

Book your rental car through SAS

Go wherever the road may lead with Hertz and enjoy the best rates on worldwide rentals. EuroBonus members earn up to 2000 Bonus points and up to 1000 Level points per rental. Enjoy free cancellations and pay upon pick-up. T&Cs apply.

Hertz



Value deals – save up to 20%



WINE & SNACK
Combine 1 red/white wine + 1 bag of chips or cashew nuts and save 20%
DKK 73, NOK/SEK 99, EB 1800



BEER & SNACK
Combine 1 Mikeller IPA + 1 bag of chips or cashew nuts and save 20%
DKK 59, NOK/SEK 87, EB 1600



Designed for Young Travelers, Built for Every Journey.

AWARD-WINNING SUNGLAS SES DESIGNED FOR CHILDREN

Kids go everywhere – so should their sunglasses. Designed in Norway, where we know all about midnight sun, snowy peaks, and sandy beaches. Mokki Click & Change gives young travelers the right protection for every adventure – every time.

Customize their sunglasses – with just a click!



DESIGNED IN NORWAY

VISIT MOKKI.COM



SMOOTHIE & SNACK
Combine 1 smoothie + 1 muffin or chocolate ball and save 15%
DKK 41, NOK/SEK 54, EB 950

Drinks

Snacks



Non-alcoholic

WATER
Aqua d'Or still water, 30 cl
DKK 19, NOK/SEK 25, EB 400

SPARKLING WATER
Ramlösa sparkling water, 33 cl
DKK 26, NOK/SEK 35, EB 500

SOFT DRINKS ■
Coca-Cola, Coca-Cola Zero, Fanta, Sprite,
and Nocco Caribbean caffein-free, 33 cl
DKK 27, NOK/SEK 36, EB 500

NON ALCOHOLIC BEER
Mikkeller Drink'in The Sun, 33 cl
DKK 36, NOK/SEK 55, EB 800

JUICE AND SMOOTHIE
Froosh smoothie with mango and orange, 15 cl
Englamust handcrafted apple juice, 15 cl
DKK 22, NOK/SEK 29, EB 450

COFFEE OR TEA
Always free on board except for charter flights
DKK 22, NOK/SEK 29, EB 450

Alcoholic

LAGER
Carlsberg lager beer, 33 cl
DKK 43, NOK/SEK 66, EB 1000

ALE
Mikkeller Celebration IPA, a beer made
especially for SAS, 33 cl
DKK 49, NOK/SEK 76, EB 1100

RED AND WHITE WINE
Red and white wine selected by SAS, 18,7 cl
DKK 65, NOK/SEK 89, EB 1300

Sweet

MUFFIN ■
A tasty chocolate muffin by Hedh Escalante, 100g
DKK 26, NOK/SEK 35, EB 500

CHOCOLATE BALL
Gluten and lactose free by Hedh & Escalante
specially made for SAS, 45g
DKK 26, NOK/SEK 35, EB 500

APPLE CRUMBLE CAKE
Gluten-free and vegan no-bake apple
crumble by Dig, 35 g
DKK 22, NOK/SEK 29, EB 450

CHOCOLATE BAR ■
Fazer milk chocolate bar, 39 g
Dumle snacks, 40g
DKK 19, NOK/SEK 25, EB 400

PROTEIN BAR
Barebells Creamy Crisp protein bar, 55 g
DKK 33, NOK/SEK 44, EB 700

CANDY
Haribo Goldbears, 80 g
DKK 22, NOK/SEK 29, EB 450

Savory

CASHEW NUTS
Smiling cashew nuts, organic and dry
roasted with sea salt, 40 g
DKK 26, NOK/SEK 35, EB 500

POTATO CHIPS ■
Gårdschips with sea salt, 40 g
DKK 26, NOK/SEK 35, EB 500

WASA CRISP BREAD
Wasa Sandwich with French herbs, 35 g
DKK 22, NOK/SEK 29, EB 450

Light meal

LIGHT SNACK ●
A small wrap/sandwich, ingredients will vary
DKK 22, NOK/SEK 29, EB 450

PIZZA ●
Pizza slice with tomato and mozzarella, 130g
DKK 47, NOK/SEK 65, EB 1000

■ New product
● Available on selected flights

Drinks & meals



Hamburger 89 NOK/SEK or 63 DKK

Alcoholic Beverages

GIN & TONIC
Harahorn premium gin with Fever-Tree tonic water
DKK 77, NOK/SEK 98, EB 1500

VODKA & GINGER
Purity Vodka 34 with Fever-Tree Ginger beer mix
DKK 77, NOK/SEK 98, EB 1500

VODKA MOJITO
Purity Vodka 34 with Fever-Tree Mexican Lime
DKK 77, NOK/SEK 98, EB 1500

SPARKLING WINE
Heretat El Padruell Cava Brut, 20 cl
DKK 75, NOK/SEK 96, EB 1450

Spirits

VODKA
Purity Vodka 34,5 cl
DKK 60, NOK/SEK 79, EB 1200

GIN
Harahorn premium gin, 5 cl
DKK 60, NOK/SEK 79, EB 1200

WHISKY
High Coast Altitude whisky made for SAS, 5 cl
DKK 60, NOK/SEK 79, EB 1200

COGNAC
Bache-Gabrielsen VSOP, 3 cl
DKK 60, NOK/SEK 79, EB 1200

IRISH CREAM
Baileys Irish Cream, 5 cl
DKK 60, NOK/SEK 79, EB 1200

Mixers

FEVER-TREE ■
Tonic water, Ginger beer, or Mexican lime soda
from Fever-Tree, 15cl
DKK 30, NOK/SEK 36, EB 500

Light Meals

ANTIPASTI BOX
Savory antipasti box with grissini, olives, tapenade,
and formaggio croccante, 128g
DKK 30, NOK/SEK 36, EB 500

PIZZA
Pizza slice with tomato and mozzarella, 130g
DKK 47, NOK/SEK 65, EB 1000

PASTA POT
Pasta Bolognese, 123 g
DKK 26, NOK/SEK 39, EB 600

TOAST
Classic warm toast with cheese, turkey and mustard, 125g
DKK 41, NOK/SEK 55, EB 800

HAMBURGER ■ ●
Smashed burger with caramelized onions & cheese, 90g
DKK 63, NOK/SEK 89, EB 1300

BREAKFAST ●
Yoghurt, granola, bread, butter, sliced cheese, and vegetables
DKK 69, NOK/SEK 95, EB 1450

- New Item
- Available on selected flights

Value deals – save up to 50%



73 NOK/SEK 54 DKK
TOAST & DRINK
Combine 1 toast + 1 soft drink and save 20%
DKK 54, NOK/SEK 73, EB 1300



119 NOK/SEK 92 DKK
COCKTAIL & SNACK
Combine 1 Gin & Tonic, Vodka & Ginger or Vodka Mojito + 1 bag of chips
or cashew nuts and save 20%
DKK 92, NOK/SEK 119, EB 2300



173 NOK/SEK 134 DKK
Best deal
ANTIPASTI & SPARKLING WINE
Combine 2 antipasti boxes + 2 sparkling wines and save 50%
DKK 134, NOK/SEK 173, EB 3800



162 NOK/SEK 118 DKK
TWO PIZZAS & DRINKS
Combine 2 pizzas + 2 soft drinks and save 20%
DKK 118, NOK/SEK 162, EB 3000

Get the SAS Lunar debit card within minutes

Earn points on your daily spending, anywhere in the world. Points you can redeem for flights, upgrades, and more. No exchange fees on purchases abroad*. Get 25% off any Lunar paid plan for 6 months with code sasmenu**.

Sign up now and start earning points at your destination.



* Valid for Lunar plans Plus and Unlimited. Note that foreign financial institutions may charge a fee when you withdraw cash, and card issuers may charge an exchange fee for card transactions. This is not associated with Lunar. The SAS Eurobonus Lunar Card cost varies by plan.

** The 25% discount off any Lunar paid plan for 6 months with code 'sasmenu' (expires 31/12/2025), applies if you do not already have that Lunar paid plan. After 6 months, your plan auto-renews at regular price (see Lunar.app). Cancel anytime. Downgrading may limit features or incur extra costs.



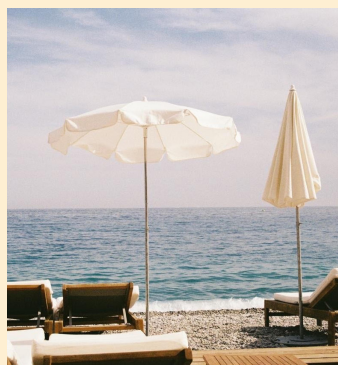
UPGRADE YOUR NEXT TRIP

Take the opportunity to upgrade your next trip and treat yourself to extra comfort with fast track, lounge access and complimentary food and drinks.



LET US TAKE YOU TO AND FROM THE AIRPORT

With SAS Transfer, you can pre-book taxis, buses, and trains to travel smoothly and safely – whether it's between the airport and your hotel, or any two destinations you choose. It's entirely up to you!



BOOK YOUR HOTEL VIA SAS

Get discounts and flexible reservations when booking your next stay via SAS. Pay with and earn points when booking as a EuroBonus member.



Save up to 15% on pre-order meals.

Get access to a larger selection of meals and drinks to enjoy onboard. Pre-order up to 18 hours before departure.

ORDER TODAY AT FLYSAS.COM

PLEASE NOTE

It is only permitted to consume alcoholic beverages bought from SAS on board service, which is for on board consumption only. No alcohol will be served to anyone that appears intoxicated or under 18 years old. On flights to/from Norway no spirits are served or can be purchased under the age of 20. For flights to/from Alicante, Antalya, Faro, Fuerteventura, Gazipasa, Las Palmas, Malaga, Palma de Mallorca and Tenerife up to three alcoholic beverages are complimentary when you travel in SAS Plus.

FOR SUSTAINABILITY REASONS, ALL RECEIPTS FOR YOUR INFLIGHT PURCHASES CAN BE RETRIEVED FROM WWW.FLYSAS.COM/EN/RECEIPTS

