

# SECOND HELPINGS

If your child is antsy while you're waiting for your food to arrive at a restaurant or if she's finished eating before you, pass the book over to her and let her solve this Second Helpings puzzle. Tell her that each food name in the puzzle has at least one set of double letters in it that have been left in the puzzle to help her out.

## ACROSS

3. Smooth and creamy dessert served in a bowl
5. Hot tomato and cheese pie served in triangles
7. Breakfast food covered with little squares
8. Sometimes this is inside a roast chicken
11. Creamy drink made in a blender from milk, fruit, and ice
12. This gets sliced on pizza or tossed in salads
15. Fluffy, sweet, and golden bread made with many eggs
17. Italian pasta you twirl on a fork
19. Prickly golden fruit with stiff green leaves on top
24. Small, round fruits that grow on bushes
25. Leafy vegetable used to make salads
26. A sweet treat eaten after a meal
27. Dark-colored soda that's not cola
28. Fragrant spice often used in Christmas cookies

## DOWN

1. Tasty dip made from chickpeas
2. Long, flat pasta made from flour and egg
4. Hard, golden candy made from butter, sugar, and cream
6. These long, green vegetables grow like crazy in the summer
9. Sweet treats made on a stick
10. Mexican flatbread used to wrap around food
12. Small breakfast cakes
13. Cooked spheres of hamburger, egg, and spices
14. Round, flat, baked treats
16. Mervin loves this dairy product that's sometimes sliced and sometimes stretchy.

18. Crunchy Chinese “tube” filled with vegetables and meat
20. Vegetable that looks like a tree
21. Dairy product you can melt or spread
22. Round, red vegetables that grow underground
23. Small, round, red fruits with long stems

