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Are you wondering why your child is struggling?

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Make your journey easier with Take N.O.T.E.

It’s a simple step-by-step tool to help you figure out if the struggles you’re seeing might be signs of a learning and thinking difference.

Step 1

Notice if there’s something going on with your child that’s out of the ordinary.

Step 2

Observe and keep track of patterns.

Step 3

Talk with other people who can help support your child, like pediatricians, teachers, and other caregivers.

Step 4

Engage your child to get information and explore options for what to do next.

Are you ready to start figuring out what’s going on? Visit u.org/takenote.