How to make an accomplishment box

Step 1
Get a square tissue box and cover it in construction paper using scissors and tape or glue.

Step 2
Decorate the box using the kit’s inspirational cutouts and any other art supplies your child likes.

Step 3
Help your child fill out the “My Accomplishments” sheet, which focuses on four areas: school, activities, social skills, and home. Ask questions to help your child brainstorm:

- What are you proud of?
- What have you improved at the most?
- What shows how hard you’ve worked?

Step 4
Cut out each accomplishment and put the paper strips in the box. Take time regularly to fill out new strips and reflect on all that your child has accomplished.
### My accomplishments

<table>
<thead>
<tr>
<th>School</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: I asked the teacher for help in math.</td>
<td>Example: I kept score at the game.</td>
</tr>
</tbody>
</table>
My accomplishments

Social skills

Example:
I helped a classmate figure out the science assignment.

Home

Example:
I set the table without being asked.
Knew I could do it!