

Poster of Growth Mindset Questions to Ask

Shifting from a fixed mindset to a growth mindset takes daily work. Print out these questions and use them as a reminder to ask your child questions that will foster growth. Older kids can also post the list at their homework spot and ask themselves the questions.



15 Growth Mindset Questions to Ask

What made you think hard today?

How will you challenge yourself today?

What can you learn from this experience or mistake?

What would you do differently next time to make things work better?

What else do you want to learn?

What strategy can you try?

Who can you ask for honest feedback?

Did you work as hard as you could have?

If it was too easy, how can you make it more challenging?

Did you hold yourself to high expectations or did you accept “good enough”?

Did you ask for help if you needed it?

What can you do to manage distractions?

Have you reviewed your work or logic for errors or flaws?

Are you proud of the end result? Why or why not?

What’s the next challenge to tackle?