Self-awareness worksheet

Name:	
-------	--

Type, write, or tell someone your responses.

I usually do well in these areas:	I sometimes need help with:
My favorite thing about school is:	The hardest thing about school is:
I feel more comfortable at school when teachers:	When I need help at school, I like to: Raise my hand Work with a classmate Write a note or email to the teacher Use a signal to let the teacher know I need help Other:
When things are hard for me, I can ask th	nese people for help:



Self-awareness worksheet Name:

Write, draw, or paste pictur	es for
vour responses.	

I usually do well in these areas:	I sometimes need help with:
My favorite thing about school is:	The hardest thing about school is:
,	
I feel more comfortable at school	When I need help at school, I like to:
I feel more comfortable at school when teachers:	Raise my hand
	Raise my hand Work with a classmate
	Raise my handWork with a classmateWrite a note or email to the teacher
	 Raise my hand Work with a classmate Write a note or email to the teacher Use a signal to let the teacher know I need help
	 □ Raise my hand □ Work with a classmate □ Write a note or email to the teacher □ Use a signal to let the teacher know I
	 Raise my hand Work with a classmate Write a note or email to the teacher Use a signal to let the teacher know I need help
when teachers:	Raise my hand Work with a classmate Write a note or email to the teacher Use a signal to let the teacher know I need help Other:
	Raise my hand Work with a classmate Write a note or email to the teacher Use a signal to let the teacher know I need help Other:
when teachers:	Raise my hand Work with a classmate Write a note or email to the teacher Use a signal to let the teacher know I need help Other:
when teachers:	Raise my hand Work with a classmate Write a note or email to the teacher Use a signal to let the teacher know I need help Other:
when teachers:	Raise my hand Work with a classmate Write a note or email to the teacher Use a signal to let the teacher know I need help Other:

