

Common accommodations for executive function challenges

Explore these classroom accommodations for executive function challenges. They can help kids at school – and even at home.

Creating plans, schedules, and routines	<ul style="list-style-type: none">• Post schedules, directions, rules, and expectations where the student can see them.• Have a daily routine that changes as little as possible.• Provide folders and a basket of supplies to keep the student's desk organized.
Giving instructions and assignments	<ul style="list-style-type: none">• Give step-by-step instructions and have the student repeat them.• Use attention-getting phrases.• Give simple and concrete written and spoken directions.• Check for understanding frequently.• Give grades based on work completed.• Let the student use speech-to-text for writing.
Introducing new concepts and lessons	<ul style="list-style-type: none">• Highlight key words and ideas on worksheets.• Give a short review or connection to a previous lesson before teaching.• Allow different ways to answer questions.• Provide a rubric that describes a successful assignment.• Share the test format ahead of time.• Give the student an outline of the lesson.• Give notice (when possible) about schedule changes.
Building organization and time management habits	<ul style="list-style-type: none">• Use organizers and mind-mapping software.• Help create daily to-do lists to track assignments.• Use an assignment notebook.• Provide an extra set of books to use at home.• Break down big projects into smaller pieces.• Provide colored strips to place under sentences or equations when reading.