

Steps for washing hands



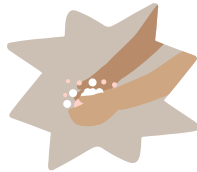
Push up my sleeves (if needed).



Turn on the water and wet my hands.



**Squirt soap on my hands
(or rub a bar of soap on my hands).**



**Rub my hands together
for 20 seconds.**



Rinse the soap off my hands.



Dry my hands.



Make sure the water is turned off.