Steps for Washing Hands

1. Push up my sleeves (if needed).
2. Turn on the water and wet my hands.
3. Squirt soap on my hands (or rub a bar of soap on my hands).
4. Rub my hands together to get them clean.
5. Rinse the soap off my hands.
6. Dry my hands on a towel.
7. Make sure the water is turned off.