

**TAMPER EVIDENT:
DO NOT USE IF POUCH IS OPEN**

Drug Facts

Active Ingredient (in each tablet)	Purpose
Acetaminophen 500 mg.....	Pain reliever
Diphenhydramine HCl 25 mg	Nighttime sleep aid

Uses • temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take • more than 4,000 mg of acetaminophen in 24 hours • with other drugs containing acetaminophen • 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening • blisters • rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use • with other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist • with any other product containing diphenhydramine, even one used on skin • in children under 12 years of age • if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- liver disease • a breathing problem such as emphysema or chronic bronchitis • trouble urinating due to an enlarged prostate gland • glaucoma

Ask a doctor or pharmacist before use if you are • taking the blood thinning drug warfarin • taking sedatives or tranquilizers

When using this product

- drowsiness will occur • avoid alcoholic drinks • do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness. • pain gets worse or lasts for more than 10 days • fever gets worse or lasts more than 3 days • redness or swelling is present • new symptoms occur

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning: In case of overdose, get medical help or contact a Poison Control Center right away 1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions • do not take more than directed (see Overdose warning)

adults & children 12 years & over	• take 2 tablets at bedtime • do not take more than 2 tablets of this product in 24 hours
children under 12 years	do not use

Other Information

- store between 20-25°C (68-77°F)

Inactive ingredients FD&C Blue No. 1, FD&C Blue No. 2, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, stearic acid, titanium dioxide

* This product is not manufactured or distributed by McNeil Consumer Healthcare, owner of the registered trademark Tylenol® PM



Gluten Free Verified†

† Less than the limit of detection and consistent with gluten-free diet labeling per FDA

NDC: 68210-4185-3



Lot / Expiration ▼

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Question/Comments? 1-888-333-9792 • www.cabinethealth.com

PACKAGE NOT CHILD-RESISTANT



CABINET:

Pain Reliever & Sleep Aid

Compare to the active ingredients in:
Tylenol® PM*

Active ingredients:

ACETAMINOPHEN 500 MG

DIPHENHYDRAMINE HCl 25 MG

Relieves:

Headache

Aches and Pains

Sleeplessness

COMPOSTABLE REFILL POUCH

Includes:

30 x  Caplets

1 x Magnetic Label

1 x Drug Facts Booklet

Certified



Corporation

CABINET: The Sustainable Healthcare Co.™