

## **HOW TO SIGN UP FOR A CF MEMBERSHIP:**

Click <u>here</u> and fill out the fitness centre membership form if you do not already have a membership

## HOW TO SIGN UP FOR FITNESS CENTRE ACCESS IF YOU ALREADY HAVE A CF TERRACE MEMBERSHIP:

- 1. Click **here** to login to the member portal
- 2. Click "Access to CF Fitness Centre at 885 West Georgia St."
- 3. Click "Purchase" underneath "CF Fitness Centre Membership"
- 4. Click "submit"
- 5. Sign the liability waiver in the box below the form
- 6. Come drop in and enjoy your workout at 885 W Georgia St!



## CF WELLNESS OPENING DETAILS

Your health and safety are our number one priority and in order to ensure the health and safety of everyone, we have enhanced cleaning measures in place.

- CF Fitness Centre hours are 6:00a.m. to 6:00p.m. Monday to Friday.
- Limited lockers are available in the changerooms for the duration of your workout.
- Please bring your own locks for change room lockers. No extended or overnight use of lockers.
- Complimentary towel service is available.
- Please wipe down all equipment before and after use.

