



	Title	Should we all go vegan?	Length	8 weeks / 8 sessions	Key Concept (s)	Futures
	Key Texts	<i>Linus the Vegetarian T. rex</i> By Robert Neubecker <i>Gwen the Rescue Hen</i> By Leslie Crawford	Year	KS2	Main Assessment	Public Speaking Competition
	NC Links	<i>English</i> Writing - Composition	<i>Maths</i> Numbers - Fractions Measurement		<i>Science</i> Living things and their habitats Plants Animals, including humans	
		<i>Geography</i> <i>Design and Technology: Cooking and nutrition</i> <i>PSHE</i>				

Key Ideas	<ul style="list-style-type: none"> • A vegan diet involves eating only foods comprising plants • Veganism isn't just about food • People choose to only eat plants for a variety of reasons • Industrial farming has negative impacts on the planet
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	Lesson Title	Activities	Further Opportunities
1	What does it mean to be vegan?	Start the lesson by showing the students a variety of foods. Use the Food Sort Activity https://www.twinkl.co.uk/resource/t-t-2396-food-group-sorting-activity or use real food products. Use the guidance to name / sort / discuss the food products. Watch the Forest Green Rovers video clip to explore what veganism is https://www.bbc.co.uk/iplayer/episode/p07c6dwj/hayley-goes-series-1-6-vegan	Carry out a survey of everyone at your school's diets and eating habits

		<p>Challenge students to research the definitions for different types of diets</p> <p>Complete a food journal for the week - What do you eat on a normal day? https://www.twinkl.co.uk/resource/t-t-5468-my-healthy-eating-food-journal</p> <p>Explore these sources of information about Vegan Diets. https://www.nhs.uk/live-well/eat-well/the-vegan-diet/ https://www.vegansociety.com/resources/nutrition-and-health/nutrition-overview-0 https://www.vegansociety.com/sites/default/files/uploads/downloads/The%20Vegan%20Eatwell%20Guide_2.pdf</p> <p>Research how veganism isn't just about food.</p>	
2	Why are people vegans?	<p>Challenge students to complete mission 32 of the Mission Explore: Food book https://www.johnmuirtrust.org/assets/000/001/086/ME_Food_Complete_Book_original_original.pdf?1610705247</p> <p>Use the cards to engage students with the reasons people choose to become a vegans https://www.vegansociety.com/resources/downloads/reasons-veganism-cards</p>	<p>Challenge students to eat the rainbow https://ifour-vegpowers-uploads.s3.eu-west-2.amazonaws.com/wp-content/uploads/2019/01/25120834/eat-the-rainbow.pdf</p>
3	What if the world became vegan?	<p>Show students the 6 minute video "Maddie Moate - What if the world became vegan?" https://www.youtube.com/watch?v=ytFwytWK1Bw</p> <p>Show students the 3 minute video "Rethink the Future Series 1: 3. What if the Whole World Went Vegan?" https://www.bbc.co.uk/iplayer/episode/p09d2s3v/rethink-the-future-series-1-3-what-if-the-world-went-vegan</p>	
4	Can you cook a vegan meal?	<p>Watch a clip from Ready Steady Cook https://www.bbc.co.uk/programmes/m000t8xs then supervise students cooking a vegan recipe</p> <p>Vegan Recipes https://www.veganrecipeclub.org.uk/</p> <p>Veg Recipes https://vegpowers.org.uk/recipes/</p>	<p>Challenge students to cook a vegan meal for their family</p>

5	How much space is used for animals?	<p>Show students the Our World in Data graphic “Half of the world’s habitable land used for agriculture” https://ourworldindata.org/global-land-for-agriculture</p> <p>Watch the UK in 100 seconds https://vimeo.com/291108273 task students with noted down the key statistics and colouring the UK the relevant proportions</p> <p>Using the space outside and things from nature to represent the national / international statistics - be creative with how to present the information in the video.</p>	
6	Should we eat honey?	<p>Start the lesson with the video https://www.youtube.com/watch?v=hbfiJHW-LP4 What is honey? Create a story around the classroom of the key stages of honey.</p> <p>Explore why eating honey is bad for bees https://theecologist.org/2019/aug/21/eating-honey-bad-bees</p> <p>Why don't vegans eat honey? https://www.theguardian.com/commentisfree/2016/oct/19/why-dont-vegans-eat-honey-goo-gle-questions</p> <p>Use the materials to organise a philosophy for children discussion about honey https://www.vegansociety.com/go-vegan/why-go-vegan/honey-industry</p>	<p>Have a go bee spotting https://www.wildlifetrusts.org/how-identify-bumblebees</p>
7	What’s the future of meat?	<p>Watch the video “Maddie Moate - The Future of Meat” https://www.youtube.com/watch?v=aP4pvYBLq58 Discuss the ideas raised by the video.</p> <p>Watch https://www.theendofmeat.com/en/ explore the emotive techniques of the trailer.</p>	
8	How can you persuade an audience?	<p>Why not enter the national public speaking competition https://www.esu.org/competitions/psc/</p> <p>Challenge students to write a script. Use the information and resources above to guide the process.</p>	<p>Organise a public speaking competition in school or between schools</p>

		Practise presenting first to themselves and gradually to larger groups.	
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