Community Health and Wellbeing Plan 2021–2024







Acknowledgement of Country

The City of Armadale acknowledges the Traditional Owners and Custodians of the land upon which we stand, work and play.

We acknowledge the Aboriginal People as the First Nation People and their connection to the land and waters, as the land and waters are a part of them; spiritually and culturally.

We acknowledge their ancestors, the Elders past and present, who have led the way for us to follow in their footsteps.

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As a local government, we have a responsibility to assist our community in creating healthier lifestyles.

1.0 Message from the Mayor

I'm pleased to present to you the City of Armadale's Community Health and Wellbeing Plan 2021–2024 (CHWP). The plan is a three year strategic document and is the leading mechanism that provides a framework to achieve our vision for our residents to enjoy the highest attainable standards of good health, wellbeing and participation at every age.

As a local government, we have a responsibility to assist our community in creating healthier lifestyles. This public health plan sets out a comprehensive approach to deliver improved public health and wellbeing outcomes for all people living in our growing community.

Our role in improving community health and wellbeing is diverse. From the infrastructure we build to encourage active lifestyles, to health education, waste management and safer communities for all.

After feedback from our community, we've created a Community Health and Wellbeing Plan which aligns with our Strategic Community Plan, to help shape the future of the City of Armadale.

The CHWP identifies three areas:

- Chronic disease prevention
- Environmental health protection
- Aboriginal and Torres Strait Islander health and wellbeing

This plan is the culmination of data collection from previous health plan reviews, feedback from the community and staff, working groups and stakeholder consultation. From this data, we've identified strategies, actions and priorities which will help guide and drive day-to-day business at the City of Armadale.

Implementation of the Community Health and Wellbeing Plan will be a lengthy process, but will build upon the achievements of previous plans and lead to the improved health and wellbeing of our community.

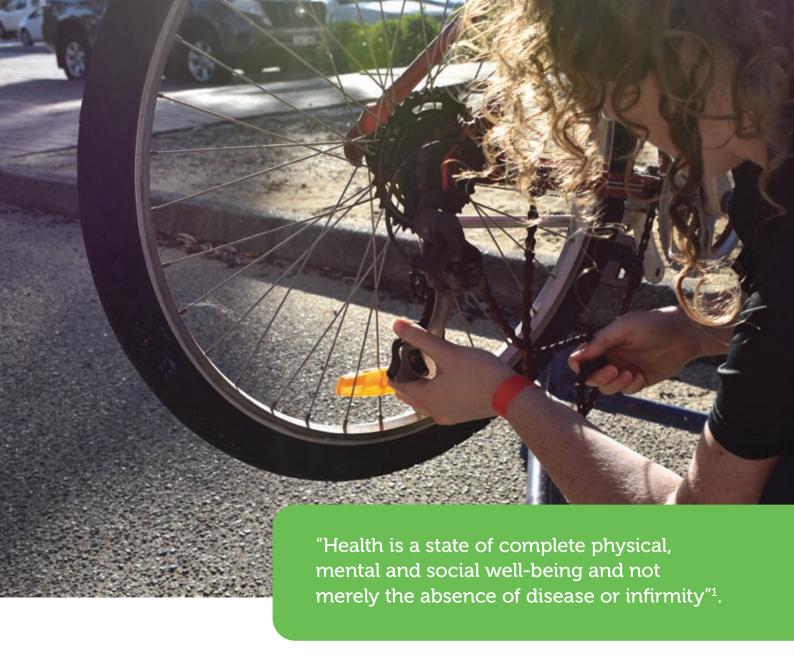
By working together in tandem with our community, I'm confident we can create a healthy future for all who reside or work within the City of Armadale.

Mayor Ruth Butterfield

City of Armadale

Acknowledgements

The City of Armadale would like to acknowledge all the input and support provided by internal and external individuals and organisations in the development of the Community Health and Wellbeing Plan 2021–2024.



2.0 Executive Summary

The purpose of this Community
Health and Wellbeing Plan (CHWP) is
to contribute to improving health and
wellbeing outcomes for City of Armadale
residents to enable people to live well
and experience the best possible quality
of life.

An evidence based framework was used to develop the CHWP, supported by a sound understanding and acknowledgement of the many factors in our environments and suburbs that affect health and wellbeing. The development of the CHWP involved an extensive consultation process which reached over 1,000 people, 147 staff and 19 stakeholder organisations. The process included strategic alignment to identify existing health priorities within the City, a review of resident's demographics and health and wellbeing status, involvement of City of Armadale staff to identify local health risks, and advice from key stakeholder organisations on issues affecting their clients and communities. Additionally, when developing the CHWP, the State Public Health Plan was used as a guiding document to ensure this Plan aligned with the *Public Health Act 2016*.

¹ World Health Organization (1948). World Health Organization Constitution. Retrieved from: https://www.who.int/about/who-we-are/constitution



This process identified the following strategies:

- Increase opportunities and support available for residents to incorporate healthier food choices into their lifestyles.
- Increase opportunities and support available for residents to lead active lifestyles.
- Assist in the minimisation of the harm associated with tobacco smoking and alcohol use to mitigate public health impacts.
- Promote opportunities and initiatives that positively influence community mental health and wellbeing.
- Provide an environment that supports injury prevention and promotes safer communities.
- Protect and enhance human health by reducing exposure to environmental health risks.
- Administer public health legislation to minimise potential environmental health risks.
- Mitigate the impacts of public health emergencies through the management of environmental health risks that have the potential to affect the community.
- Support and enhance communicable disease control measures, prevention and education within the community.
- The Environmental Health Services team to continue to incorporate and promote health functions.
- Promote and support initiatives that meet the cultural needs of Aboriginal and Torres Strait Islander people.
- Enhance the City's partnership with the local Aboriginal and Torres Strait Islander community.
- Ensure programs and services offered in the City of Armadale are accessible, equitable and respond to community need.

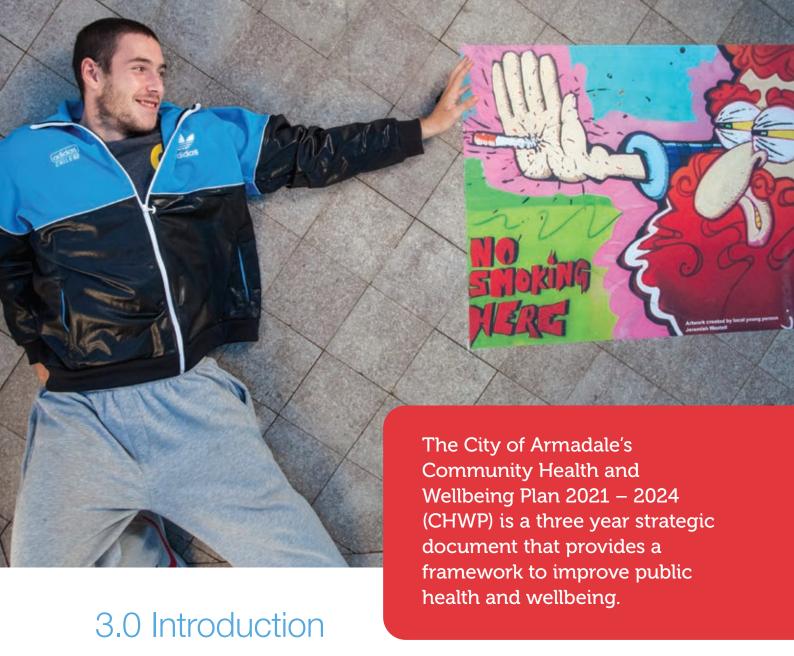
Given the breadth of the identified strategies, this Plan addresses them under three primary objectives being:

- 1. Prevent chronic disease through empowering and enabling people to live healthy lives
- 2. Provide environmental health protection for the community
- 3. Improve and maintain Aboriginal and Torres Strait Islander health and wellbeing

This Community Health and Wellbeing Plan includes an action plan that outlines 48 statements. Each action statement is linked to performance indicators to ensure ongoing monitoring and evaluation.

The City of Armadale is committed to providing a healthy, happy, safe and sustainable environment for all.

All City Directorates have assisted in the Plan's development and a whole City approach to implementation of the Community Health and Wellbeing Plan will be required over the next three years.



The CHWP aims to identify strategies and their relevant actions to prevent and minimise public health risks as well as seek opportunities to promote and advance community health and wellbeing.

As a local government, the City contributes to community health and wellbeing in many ways including providing waste management, footpaths and cycle paths, smoke and alcohol free environments, recreational facilities, safe food and drinking water, and providing health information and education programs.

The City of Armadale has previously prepared a Public Health and Wellbeing Plan 2014–2017, in line with past recommendations from the WA Public Health Bill 2008 to improve the health and wellbeing of the community. The City of Armadale was one of the first WA local governments to develop a Public Health Plan which produced many award winning projects and programs.

The CHWP acts as an informing strategy to the City of Armadale's Strategic Community Plan under the State Government's Local Government Integrated and Reporting Framework requirement and has been developed to align with the *Public Health Act 2016*.

In July 2019, the WA Department of Health released the State Public Health Plan for Western Australia: Objectives and Policy Priorities for 2019 –2024 (WA Plan). This WA Plan provides guidance to State and Local Governments and other public health partners on how to work together to contribute towards influencing the health and wellbeing of all Western Australians. This WA Plan coincides with an amendment (Part 5) to the *Public Health Act 2016*, to make public health plans mandatory for every local



government in WA. In the future, Part 5 of the *Public Health Act 2016* will be legislated and will support and drive ongoing improvements to the health and wellbeing of local communities.

During the development of the *Public Health Act 2016*, community health and wellbeing was recognised and endorsed as a core responsibility of local governments which needs to be viewed as an ongoing requirement. The public health planning process has been designed to complement the integrated process required under section 5.56 of the *Local Government Act 1995*².

The WA Plan outlines a number of potential priorities for local governments to consider when developing their Public Health Plans. Based on the community consultation and local data priorities, the City's Community Health and Wellbeing Plan will focus on three areas within the WA Plan that are aligned with our local priorities. These include:

- Chronic disease prevention,
- Environmental health protection,
- Improving Aboriginal health and wellbeing.

The Public Health Act 2016 and the WA Plan both support the growing focus across Australia for local governments to consider the social determinants of health, respond to public health issues in their communities and implement a strategic plan to respond to these issues as required³.

Social determinants of health are the conditions in which people are born, grow up, live, work and age⁴. These conditions influence a person's opportunity to be healthy, their risk of illness and their life expectancy.

Community health and wellbeing can be impacted by many factors often outside of the control of the individual. These factors can be categorised into social, economic, built and natural environments that we live, work and play in³. The WA Plan recognises the impacts of these determinants along with the roles and responsibilities of WA Local Governments to address the factors affecting health in their local communities.

The social determinants of health are broad and include socio-economic status, employment, education, housing, social support, access to health care and other services, transport, food security and community safety. The City recognises that to improve community health and wellbeing, a holistic approach needs to be adopted to have the greatest impact. The following figure illustrates the concept of social determinants and the role that local governments have in impacting these determinants.

² Department of Health (2010). Pathway to a healthy community: A guide for councillors. South Metropolitan Public Health Unit, Perth.

Department of Health (2019). State Public Health Plan for Western Australia: Objectives and Policy Priorities for 2019 – 2024. Public and Aboriginal Health Division, Department of Health Western Australia.

World Health Organization (2021). Social determinants.

Retrieved from: euro.who.int/en/health-topics/health-determinants/social-determinants/social-determinants

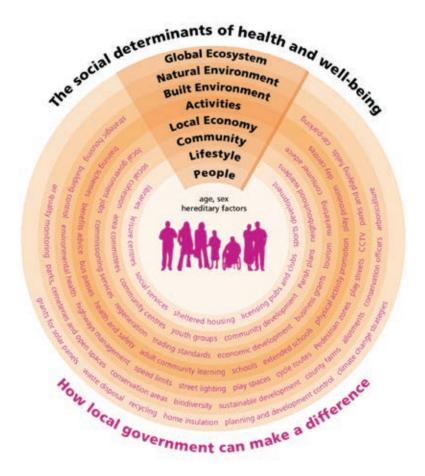


Figure 1: The social determinants of health and the role of local government⁵

In line with the City's previous Public Health and Wellbeing Plan 2014 – 2017, where possible, an annual budget will be used to support the objectives of the Community Health and Wellbeing Plan 2021 – 2024 (CHWP). Where appropriate, the City will use the CHWP as a supporting document when applying for grants to present a stronger case for funding consideration from external agencies by aligning community activities, projects and programs with the relevant strategies. Service providers and community groups are encouraged to use the CHWP, and its associated evidence, when planning and developing programs and/or projects to submit to the City for funding.

The City acknowledges that many factors affecting community health and wellbeing fall outside the scope of local government and that the City alone cannot be responsible for improving resident's health and wellbeing. Many local service providers, external agencies and community groups already provide invaluable services and support to the community that complement the objectives and strategies outlined in the Community Health and Wellbeing Plan.

Where relevant, the City has identified potential partnerships with other government agencies, service providers, local organisations and non-government agencies to build relationships so we can address emerging public health risks in the community together.

This Community Health and Wellbeing Plan acknowledges the need for close and collaborative partnerships between key stakeholders to:

- Provide integrated approaches and holistic responses to emerging public health issues by developing local partnerships with service providers and organisations
- Maximise resources and partnerships internally to work towards addressing the objectives outlined in the Community Health and Wellbeing Plan
- Deliver activities, services, programs and amenities that support the objectives outlined in the Plan

Local Government Association (2020). The social determinants of health and the role of local government. Local Government House, London. Retrieved from: https://www.local.gov.uk/publications/social-determinants-health-and-role-local-government



4.0 Health and Wellbeing in the City of Armadale

Demographics

- The City of Armadale is growing at a rapid pace with the current estimated 2021 population at 97,705⁶. ID Forecast estimates the population will reach 151,896 by 2041.
- The City has a SEIFA index of 994 in 2016 (993 in 2011)*
- The average age is 33 years
- 18.7% of people speak a language other than English at home whilst 75.1% speak only English at home (6.3% did not specify what language they spoke at home)
- 2.6% of the population identify as Aboriginal and/or Torres Strait Islander
- 9.2% of the City of Armadale labour force is unemployed
- 34.5% of people living in the City were born overseas⁶

City of Armadale Community Health and Wellbeing profile

• The City of Armadale Community Health Profile 2019 (Community Health Profile), prepared by the East Metropolitan Health Service, supports the development of the City of Armadale's Community Health and Wellbeing Plan 2021–2024 by providing an overall picture of the local health data and status of residents and the community. The Community Health Profile sources data from the Western Australian Health and Wellbeing Surveillance System, the Australian Childhood Immunisation Register, the Australian Bureau of Statistics, the Registry of Births, Deaths and Marriages and the Settlement Database⁷.

⁶ ID Forecast (2021). City of Armadale population forecast. Retrieved from: https://forecast.id.com.au/armadale

^{*} The Socio-Economic Index for Areas (SEIFA) ranks areas in Australia according to the relative level of socio-economic disadvantage and/or advantage. The index is based off information received from the Census with a higher SEIFA index indicating a lower level of disadvantage and a lower SEIFA index indicating a higher level of disadvantage. Areas with SEIFA index scores of over 1,000 tend to have a lower level of disadvantage.



Top causes of death

- Male: ischaemic heart diseases, lung cancer, dementia, intentional self harm and cerebrovascular diseases
- Female: ischaemic heart diseases, dementia, cerebrovascular disease, lung cancer and breast cancer

Child health

- The percentage of children fully immunised in the City of Armadale is higher than both Perth metropolitan and
- The percentage of children developmentally vulnerable in the City of Armadale was higher than both state and national rates**

Top health conditions

- Arthritis
- Injury in the last 12 months
- Current asthma
- Mental health conditions

Health and Wellbeing

Top risk factors

- Tobacco use
- Harmful alcohol use
- Poor nutrition
- Physical inactivity

Figure 2: At a glance – Community health and wellbeing in the City of Armadale⁷.

- Fast Metropolitan Health Service (2019). City of Armadale Community Health Profile 2019. East Metropolitan Health Service, Department of Health, Perth WA.
- ** The Australian Early Development Census measures child development using five domains (Physical, Social, Emotional, Language and Communication). There are also two categories which measure how many domains children are vulnerable in which are titled Vulnerable 1 (vulnerable in one or more domain/s) and Vulnerable 2 (vulnerable in two or more domains). Children living in the City of Armadale were higher in these categories, Vulnerable 1 and Vulnerable 2, than both state and national averages.



5.0 The City's role in Community Health and Wellbeing

The City of Armadale provides services and advice for a diverse range of health and wellbeing needs within the community. These needs are addressed through a range of mechanisms, one of which is statutory responsibilities.

The City has responsibilities under more than 40 different Western Australian Acts, including land use planning, building control, public health services, food, domestic animal control, litter control, parking, and roads and traffic.

The City's responsibilities for health and wellbeing fall under the following three areas:

Health protection and compliance

Regulation of tobacco, alcohol, food safety, control of insects and vectors, pollution/waste, noise

Public health emergency management

Disaster planning, response and recovery, pandemic planning

Health promotion

Promoting healthy lifestyles opportunities for social connection, arts, culture and recreation participation

Local governments play an integral role in improving community health and wellbeing. Local governments undertake regulatory tasks that would be difficult for the WA government to administer because of their localised and varying nature. These tasks can include building inspection, planning and development approval, dog and cat management, parking, food and environmental health assessments.

Local governments are also responsible for the delivery of many local services including roads and road maintenance, community facilities like swimming pools, public halls and libraries, waste management, natural resource management, public space provision and maintenance, and emergency and disaster response and recovery.



These services all impact on health and wellbeing, in line with the World Health Organization definition of health which is defined as a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity¹.

Based on these roles, most City officers and departments contribute to improving community health and wellbeing through building strong, self-reliant and resilient communities whose current and future needs are met. The figure below illustrates some of local government's role in improving community health and wellbeing.

Community Health and Wellbeing is...



Safe and nutritious food



Mosquito and vermin control



Safe communities



Safe drinking and aquatic facility water



Sustainable waste management



Events, spaces and places that celebrate community cohesion



Safe housing



Smoke and alcohol free environments



Health information and education activities and programs



Walking and cycling paths and trails



Parks, reserves and public open spaces



The way communities are designed

Figure 3: Local government's role in improving Community Health and Wellbeing³



6.0 Strategic Community Plan alignment

The City of Armadale's Strategic Community Plan 2020–2030 outlines the future direction of the City and its community by setting a vision, aspirations and objectives.

These are built around four major goals that focus on Community, Environment, Economy and Leadership & Innovation. The Strategic Community Plan outlines how the City's priorities will be actioned to strengthen and build community values and achieve the City's vision.

The Strategic Community Plan is supported by a more detailed business planning processes called the Corporate Business Plan 2020–2025.

Reviewed regularly, the Corporate Business Plan provides the framework within which funding and resource allocations are determined.

The Community Health and Wellbeing Plan 2021 – 2024 is an informing strategy that supports generating outcomes for both the Strategic Community Plan and Corporate Business Plan. The figure below illustrates how the Community Health and Wellbeing Plan aligns with these plans.

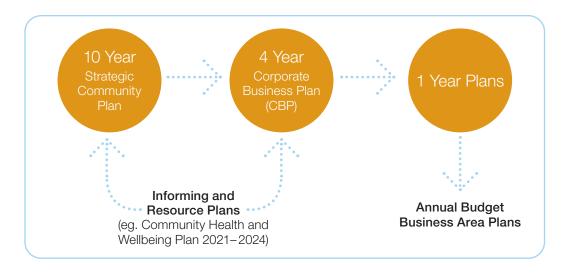


Figure 4: City of Armadale Integrated Planning Framework



The Community Health and Wellbeing Plan 2021
– 2024 is strongly linked to the City's Strategic
Community Plan 2020 – 2030, aligning to all four major goals. Relevant outcomes are listed below.

- 1.1 Foster and strengthen community spirit.
- 1.2 Improve Community Wellbeing.
- 1.3 Community Facilities meet Community needs.
- 1.4 An inclusive and engaged community.
- 2.2 Attractive, inclusive and functional public places.
- 2.4 Sustainable waste management.
- 3.1 Increased economic growth, job creation and retention, as well as educational opportunities.
- 4.4 Effective community engagement and communications.

Another City plan that directly informs the Community Health and Wellbeing Plan 2021–2024 is the Health Services Business Area Plan 2019/20–2023/24 and subsequent quarterly business area plans. The Health Services Business Area Plan was developed in consultation with health staff to identify existing functions and programs with additional goals and objectives to work towards. This Health Services Business Area Plan demonstrates a shared vision for the Health Services department and the pathway to achieve that vision.

A Key Performance Indicator (KPI) of the Health Services Business Area Plan is to:

 Prepare a Public Health Plan for adoption by Council in accordance with the requirements of the new *Public Health Act 2016* by August 2021 (21/22 KPI)

Several other key City documents and strategies that work to support community health and wellbeing were reviewed during the development of the Community Health and Wellbeing Plan. These documents are listed below.

- Public Health and Wellbeing Plan 2014 2017.
- Corporate Business Plan 2020 2025.
- Community Engagement Strategy 2018 2023.
- Community Infrastructure Plan 2020 2036.
- Community Development Strategy 2021 2026
- Cities of Armadale and the Canning and Gosnells Alcohol Action Plan 2019 – 2022 (Revised edition).

7.0 Developing the City's Community Health and Wellbeing Plan

An internal working group was formed to assist with the development of the City's Community Health and Wellbeing Plan. With guidance from this working group, the Community Health and Wellbeing Plan 2021–2024 was developed through extensive engagement and consultation, data analysis and, strategic and state alignment. This process, including the extent of the consultation, is outlined below.

Desktop Review

• A review of the City's Public Health and Wellbeing Plan 2014–2017 was undertaken as well as a review of local data relating to demographics, health statistics, safety and crime and enablers and barriers to health and wellbeing.

Strategic Alignment

- A review of the City's Strategic Community Plan 2020–2030, Public Health and Wellbeing Plan 2014–2017 and other internal strategies and policies identifying existing City health and wellbeing priorities.
- A review of key state level documents were also undertaken, including the State Public Health Plan for Western Australian 2019–2024, Integrated Planning and Reporting Framework and Guidelines 2010, WA Health Promotion Strategic Framework 2017–2021 and the *Public Health Act 2016*.

Planning

- The City of Armadale Public Health Plan Internal Working Group was formed, with representatives from all directorates.
- Consultation and community engagement tools were developed.

Community Engagement

- 1,047 online and paper survey responses were collected from residents through the Community Health and Wellbeing Survey 2020. Survey collection boxes were located at key City facilities and the survey was promoted on City digital platforms.
- · Aboriginal Elders were consulted through a yarning session.
- 38 young children completed an alternative consultation activity at Children's Week activities and a local school event.

External stakeholder consultation

- The City's Access and Inclusion Reference Group (previously the Disability and Access Inclusion Reference Group) were consulted during a regular group meeting
- 19 external stakeholder organisations were consulted through:
 - A workshop facilitated by Public Health Advocacy Institute of WA and Joel Levin from Aha! Consulting
- Follow up meetings

Staff consultation

• 147 City of Armadale staff completed the Staff Health and Wellbeing Survey.

Priority setting

- Collate and compare community, staff and stakeholder data.
- Strategies, actions and priorities were developed in response to the data received along with the recommendations in the State Public Health Plan for Western Australian 2019–2024.

Draft developed

Community Health and Wellbeing Plan 2021–2024.

Peer review

- Draft Community Health and Wellbeing Plan 2021–2024 peer reviewed by Stoneham and Associates.
- Draft Community Health and Wellbeing Plan 2021–2024 reviewed by Executive and adopted by Council on 23 August 2021.

Publication

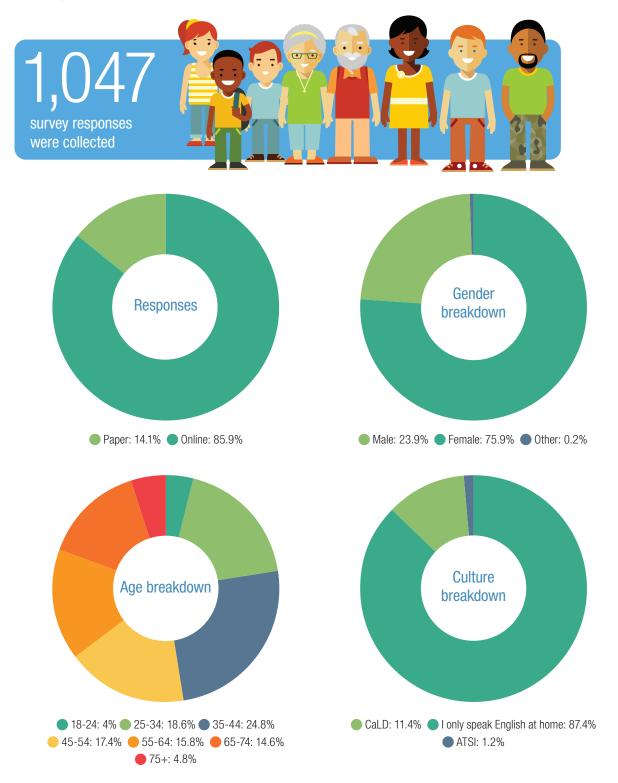
• Community Health and Wellbeing Plan 2021–2024 published.

8.0 What did the community say?

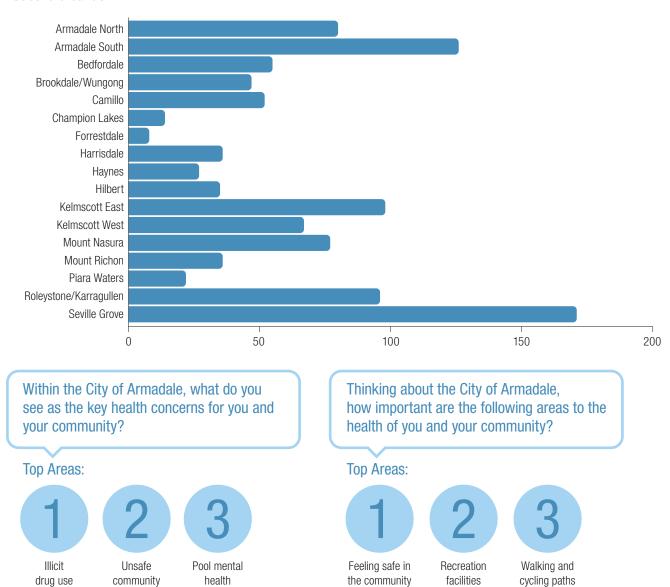
Community engagement for the Community Health and Wellbeing Survey 2020 ran from the 1 October – 30 November 2020.

- 1,047 valid survey responses were collected either online or by hard copy surveys. Collection boxes were located at major City facilities.
- Consultation was undertaken with local Aboriginal Elders through a yarning session.
- Young children were consulted at a Children's Week event and at a local school event.

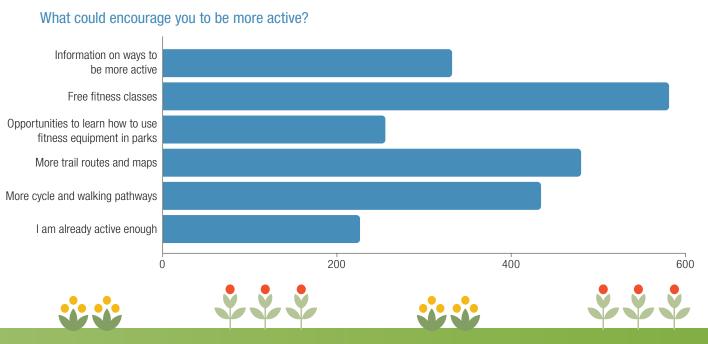
The infographic below reflects the community feedback.



Suburb breakdown



Note: The above data has been weighted. A respondents first choice is weighted 3, a second choice is weighted 2; and the third choice is weighted 1.



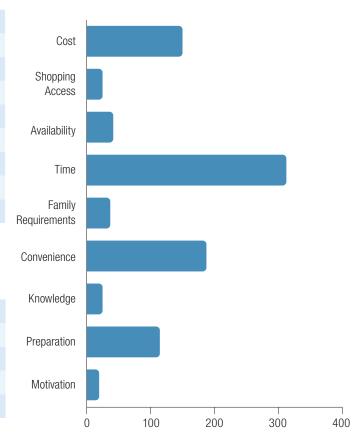
What could help you to make healthier food choices?

More affordable healthy food	52.0%
Knowledge of quick ways to prepare healthy meals	41.0%
More availability of healthy foods	29.6%
I already eat enough healthy foods	29.0%
Less unhealthy food advertising	26.6%
Healthier food options at sporting and community clubs	26.1%
Information on how to cook healthy meals	24.2%
Knowledge on how to understand food labels	23.8%
Information to help me decide which foods are healthy	16.4%

How do you think the City of Armadale can support the community to reduce harmful drinking and smoking?

More smoke free City owned spaces and facilities	65.3%
More alcohol free City owned spaces and facilities	52.0%
Less alcohol advertising	49.0%
Provide information about alcohol drinking and your health	37.8%
Provide information about smoking and your health	34.8%

What stops you from eating healthier foods?



What stops you from being more active?

The most common answers included:

- Lack of time
- Cost of gym membership/activities
- Lack of motivation
- Feel unsafe in public areas
- Lack of footpaths and cycle paths
- Lack of facilities
- Personal illness/injury
- Family requirements
- Unsure of what to do/how to use equipment
- Limited hours of operation



9.0 Community Health and Wellbeing Plan Framework

The City of Armadale has identified three health and wellbeing objectives:

- 1. Prevent chronic disease through empowering and enabling people to live healthy lives
- 2. Provide environmental health protection for the community
- 3. Improve and maintain Aboriginal and Torres Strait Islander health and wellbeing

The City of Armadale's role will vary in relation to each of the three objectives. The key role/s that the City will play are categorised into the following approaches:

- Policy and planning
- Advocacy and leadership
- Organisational development
- Service provision
- Information, engagement and awareness

Goal: To contribute to improving health and wellbeing outcomes for City of Armadale residents, to enable people to live well and experience the best possible quality of life.

Prevent chronic disease through empowering and enabling people to live healthy lives

Strategy 1

Increase opportunities and support available for residents to incorporate healthier food choices into their lifestyles.

Strategy 2

Increase opportunities and support available for residents to lead active lifestyles.

Strategy 3

Assist in the minimisation of the harm associated with tobacco smoking and alcohol use to mitigate public health impacts.

Strategy 4

Promote opportunities and initiatives that positively influence community mental health and wellbeing.

Strategy 5

Provide an environment that supports injury prevention and promotes safer communities.

Provide environmental health protection for the community

Strategy 1

Protect and enhance human health by reducing exposure to environmental health risks.

Strategy 2

Administer public health legislation to minimise potential environmental health risks.

Strategy 3

Mitigate the impacts of public health emergencies through the management of environmental health risks that have the potential to affect the community.

Strategy 4

Support and enhance communicable disease control measures, prevention and education within the community.

Strategy 5

The Environmental Health Services team to continue to incorporate and promote health functions.

Improve and maintain Aboriginal and Torres Strait Islander health and wellbeing

Strategy 1

Promote and support initiatives that meet the cultural needs of Aboriginal and Torres Strait Islander people.

Strategy 2

Enhance the City's partnership with the local Aboriginal and Torres Strait Islander community.

Strategy 3

Ensure programs and services offered in the City of Armadale are accessible, equitable and respond to community need.



10.0 Implementation, Evaluation and Review

Implementation and monitoring of the Community Health and Wellbeing Plan 2021 – 2024 will be overseen by the City of Armadale's Health Services Department and will be supported by the execution of actions by relevant departments and senior management across the City of Armadale.

A twelve month reporting framework will provide detailed information relating to the actions outlined in this plan and will be submitted to the City's Executive.

The current City of Armadale Public Health Plan Internal Working Group will continue to meet, as required, to ensure the continued commitment to the actions outlined in this document.

Reporting to the Department of Health, in line with the recommendations in the WA Plan, will be carried out as required under Part 5 of the *Public Health Act 2016*.

An annual review will be scheduled to monitor the implementation of the Plan to ensure:

- Implementation is progressing to schedule
- Actions are producing the anticipated outcomes
- Needs and demographics of the City are contemporary
- Required adjustments and amendments to the Community Health and Wellbeing Plan 2021 – 2024 to meet any change in community need, budgeting and resourcing

The progress of the Community Health and Wellbeing Plan 2021–2024 will be reported on every twelve months and included in the Health Services Annual Report that is provided to the Development Services Committee.

In 2024, in line with the *Public Health Act 2016*, a full outcome evaluation will be undertaken and a new three year plan established, or prior to if required, when Part 5 of the *Public Health Act 2016* is enacted.

The Community Health and Wellbeing Plan serves as a working and reference document for each City Department involved in the development of this plan. Strategies and actions link to business unit work plans wherever possible, making ongoing monitoring a high priority.

Findings from the annual review of the Community Health and Wellbeing Plan 2021–2024 will be circulated across the City to the internal departments, community and key stakeholder organisations at the conclusion of each reporting period.

11.0 Action Plan

11.1 Prevent chronic disease through empowering and enabling people to live healthy lives

Action Number	Action	Expected outcome	Measure
Strategy 1	11.1.1 Increase opportunities and support availab	ole for residents to incorporate healthier food ch	oices into their lifestyles.
11.1.1.1	Link with appropriate local, state and federal health promotion bodies/campaigns to increase community awareness of health risks and opportunities to adopt healthy lifestyles.	 Partnerships established with key organisations to locally administer campaigns/initiatives. Initiatives implemented to meet identified community need and messages promoted through appropriate City mechanisms. 	 Number of partnerships established. Number of initiatives implemented. Campaign reach of materials.
11.1.1.2	Support local schools to implement initiatives that promote healthy eating and physical activity.	 Assist public schools Parents' & Citizens' Associations servicing vulnerable populations to provide children with a healthy meal to support their learning and education. Aim to reduce traffic related issues at new schools within the City and encourage incorporating daily physical activity by supporting schools to sign up to the Department of Transport's Your Move program. Local schools linked with WA School Canteen Association (WASCA) to provide healthy food options to young children. Work with external providers to implement food access and literacy activities and programs, as requested (e.g. school breakfast programs/ crunch and sip in identified schools). Prioritise colocating new schools with Public Open Space (POS) to encourage physical activity in children and shared use. 	 Number of school Parents' & Citizens' Associations receiving assistance. Number of schools signed up to Your Move program and relevant active transport events and projects undertaken at each identified school. Number of schools linked with WASCA. Number of food literacy and access activities and programs being offered and delivered to local schools, including feedback received and the number of participants. Number of schools with co-located POS.
11.1.1.3	Support and encourage residents to incorporate healthier food choices into their diet.	External funding secured through grants and partnership development to deliver nutritional literacy activities and programs.	 External funding sources secured. Number of activities and/or programs delivered and relevant participation data and feedback received. Number of vulnerable people reached with the programs.
11.1.1.4	Investigate the feasibility of conducting an audit of local food business menus registered within the City of Armadale to provide nutritional recommendations and guidance to encourage the inclusion of healthy menu options.	Contingent on external funding, provide opportunities for residents, staff and visitors to easily select healthy options when eating at local businesses.	 External funding sources secured. Number of audits conducted. Local business uptake. Recommendations implemented by local businesses.
11.1.1.5	Develop a healthy catering policy to increase access and availability of healthy food and drink options and choices for City meetings, venues, events and community activities.	Catering policy is advertised for public comment and adopted by Council, raising awareness of the City's commitments to supporting healthy lifestyles.	 Increase in number of caterers, suppliers and food providers to comply with catering policy. Number of Council events/meetings adhering to policy.
11.1.1.6	Support the establishment of sustainable community fresh food initiatives.	 Community garden policy considered for amendment to include criteria of verge gardens. Contingent on external funding, build capacity among residents by providing resources and skills to install and maintain verge gardens to provide healthy and affordable food. 	 Policy amended and endorsed by Council. External funding sources secured. Number of verge and community gardens installed. Number of community capacity building activities and events. Participation data and feedback received.

Timeframe			Corporate Business		
 2021/2022	2022/2023	2023/2024	Resource Implication	Plan Alignment	Responsibility
			Contingent on external funding	Objective 1.2.4	City of Armadale, Cancer Council WA and other relevant agencies.
					WA and other relevant agencies.
				Objective 1.4.4	City of Armodolo Foodbank WA
				Objective 1.4.4	City of Armadale, Foodbank WA and other relevant agencies.
			0 " 1 1 1 1	01: "	
			Contingent on external funding	Objective 1.2.4	City of Armadale, Foodbank WA and relevant grant bodies.
				1.2.1	
			Contingent on external funding	Objective 1.2.4 and 3.3.2	City of Armadale and East Metropolitan Health Service.
				N/A	Health Services
				14/7	Tiodiui Coi viodo
			Contingent on external funding	Objective 1.2.4 and 1.2.5	City of Armadale



Action Number	Action	Expected outcome	Measure
Strategy 1	1.1.2 Increase opportunities and support availab		
11.1.2.1	Support and encourage residents to participate in physical activity.	 External funding secured through grants and partnership development to deliver physical activity events and programs. Investigate feasibility of designing maps of parks and reserves facilities, outdoor fitness equipment, cycle paths and trails within the City to assist in promoting physical activity. Coordinate use of facilities and establish partnerships with key organisations to offer low cost and/or free physical activity programs to encourage residents to live active lifestyles. 	 External funding sources secured. Number of activities and programs delivered. Number of maps developed. Uptake of maps. Number of program partnerships delivered. Participation data and feedback received.
11.1.2.2	Develop the Integrated Transport Strategy with inclusions to support active transport in the community through upgrading and connecting footpaths and cycle paths and encouraging public transport.	External funding secured through grants and partnership development to support upgrades to infrastructure and initiatives that encourage active transport through the use of local footpaths and cycle paths.	 External funding sources secured. Number of infrastructure upgrades. Number of initiatives implemented. Participation data and feedback received. Community Perceptions Survey data.
11.1.2.3	Integrate health and wellbeing components into the designing of new and upgraded facilities.	New and upgraded facilities are designed to include features that support and promote active transport arrival, shade provision and have an inclusive and accessible design.	 Number of upgraded and new facilities with designs that include health and wellbeing components. Community Perceptions Survey data.
11.1.2.4	Deliver key community and sporting projects throughout the City to encourage spaces and places where community meet, share resources and are able to build proud, strong and healthy local communities.	Deliver the upgrades and developments to provide sporting and community facilities in line with community need.	 Number of project upgrades and redevelopments delivered. Community Perceptions Survey data.



Timeframe		-			
2021/2022	2022/2023	2023/2024	Resource Implication	Corporate Business Plan Alignment	Responsibility
			Contingent on external funding	Objective 1.2.3 and 1.2.4	City of Armadale
			Contingent on external funding	Objective 1.2.3, 1.2.4 and 2.5.8	City of Armadale
				Objective 1.3.1, 1.4.2 and 1.4.4	City of Armadale
				Objective 1.3.1, 1.4.2, 1.4.4 and 2.2.4	City of Armadale



Action Number	Action	Expected outcome	Measure
Strategy ⁻	11.1.3 Assist in the minimisation of the harm ass	ociated with tobacco smoking and alcohol use to	o mitigate public health impacts.
11.1.3.1	Promote smoking cessation initiatives locally to encourage residents to give up smoking.	Establish partnerships with local stakeholders to offer smoking cessation initiatives and programs.	 Number of initiatives and programs promoted through City mechanisms. Participation data and feedback received.
11.1.3.2	Advocate for appropriate management of liquor outlets to influence the decisions of these outlets and the accessibility and availability of alcohol to the community in the City of Armadale.	• Assess liquor licensing applications (Section 39 and 40) and other applications to include potential public health impacts on the community to reduce alcohol related harm in line with City's Alcohol Risk Minimisation Policy and the <i>Liquor Control Act 1988</i> .	 Assessment checklist with specific consideration to public health impacts developed. Number of liquor applications with Health Services input.
11.1.3.3	Promote and encourage club development opportunities to sporting clubs and community organisations that encourage and facilitate the implementation of healthy sporting environments.	Disseminate resources, information, programs (e.g. Good Sports) and external funding opportunities to support the implementation of healthy strategies, sponsorships and environments at sports clubs and community organisations.	 Number of resources, information, program and external funding opportunities provided. Sports club and community organisation uptake of resources, information, program and external funding opportunities. Participation data and feedback received.
11.1.3.4	Promote and encourage safe and healthy environments that reduce the impacts of alcohol related harm.	Participate in the implementation of actions of the Local Drug Action Group Armadale Canning and Gosnells Alcohol Action Plan 2019 – 2022 (Revised edition) to raise awareness of the effects of drinking alcohol and secondary supply.	 Number of Local Drug Action Group meetings attended. Number of resources disseminated. Outcome of actions achieved.
11.1.3.5	Develop an advertising policy to restrict alcohol, tobacco and fast food advertising on City of Armadale owned infrastructure and assets.	Policy developed and endorsed to reduce the availability of alcohol advertising on the City of Armadale owned infrastructure and assets.	Policy developed, endorsed by Council and implemented.



Timeframe				Corporate Business	
2021/2022	2022/2023	2023/2024	Resource Implication	Plan Alignment	Responsibility
				Objective 1.2.4	City of Armadale, East Metropolitan Health Service and other relevant agencies.
				Objective 4.1.5	City of Armadale and other relevant agencies.
				Objective 1.1.3, 1.2.4 and 1.2.5	City of Armadale and other relevant agencies.
				Objective 1.2.1, 1.2.4 and 1.2.5	City of Armadale
				Objective 1.2.4 and 1.2.5	City of Armadale

Action Number

Action Expected outcome Measure

Number	Action	Expected outcome	Measure
Strategy 1	1.1.4 Promote opportunities and initiatives that	positively influence community mental health ar	nd wellbeing.
11.1.4.1	Maintain a schedule of affordable community events and initiatives to promote and celebrate community cohesion and improve perceptions of safety.	 Continue to provide residents with local and major events that are free, accessible, activate spaces and focus on community arts. Support the City's alcohol and smoke free community events policies by promoting the alcohol and smoke free components of events to community through promotional material, signage, and encourage the enforcement of these components through security guards. 	 Number of affordable/free events per annum. Number of health promotion initiatives offered at these events. Number of complaints in relation to smoking and alcohol from community events. Participation data and feedback received. Community Perceptions Survey data.
11.1.4.2	Prioritise major event sponsorships that have a positive impact on healthy lifestyles.	Continue to support and prioritise events that promote healthy lifestyles.	Number of events run in the City of Armadale per annum that support healthy lifestyles.
11.1.4.3	Work jointly with key stakeholders to identify and implement/support mental health promotion initiatives.	 Establish partnerships with key organisations to jointly plan/promote and/or offer mentally healthy activities and programs. Partner with Mentally Healthy WA to promote positive mental health through City of Armadale activities using the Act Belong Commit messaging at local activities and events. 	 Number of activity and/or program partnerships delivered. Memorandum of Understanding developed and submitted for consideration for endorsement. Number of City events and activities promoting the Act Belong Commit messaging.
11.1.4.4	Provide a range of opportunities to develop a strong community spirit, create an active community life that is healthy and safe, respond to community need and listen and engage with community.	Implement the actions outlined in the Community Development Strategy 2021 — 2026 to ensure: Community grants are advertised, assessed and awarded to community groups Service agreements are advertised, assessed and awarded to various service providers operating in the City of Armadale to address identified social priorities Current network groups are coordinated to ensure information is shared, service gaps are identified, advocate to state and federal government departments, capacity building is available for members and that community and clients receive the best care and support available to them	 Number of community grants and service agreements awarded. Participant data, feedback and outcomes from community grants and service agreements. Number of network groups operating. Number of meetings held per annum including attendance and capacity building opportunities offered to members.
11.1.4.5	Support and build capacity with target populations in the City focusing on social priorities through inclusive practices.	 Implement the actions outlined in the Social Priority Action Plan 2021–2023 to address community concerns through exploring project/services in areas of concern. Implement the actions outlined in the Access and Inclusion Plan to assist in ensuring that those living with disability have equal access to improve and maintain their health and wellbeing. 	 Number of projects and services implemented. Participant data, feedback received and outcomes achieved. Number of actions achieved.
11.1.4.6	Respond to complaints regarding community members experiencing primary homelessness to assist in referring to a relevant agency or organisation for additional support and/or assistance.	 Complaints regarding people experiencing homelessness are effectively coordinated and managed by adhering to the City's Homelessness Policy. Develop mechanism to collect referrals. Organisations providing support services to people experiencing homelessness are supported to operate in appropriate locations in the City. 	 Number of customer complaints regarding homelessness. Number of support organisations operating within the City of Armadale. Number of referrals to support organisations completed.
11.1.4.7	Respond to hoarding complaints to ensure environmental health issues are investigated and where appropriate people needing additional support (e.g. mental health support) are referred to the relevant agency.	 Requests managed effectively and in a timely manner. Community members are referred to appropriate support agencies and services, where relevant. 	 Number of requests regarding abandoned houses and unfit for habitation complaints. Number of referrals to relevant agencies.

Timeframe				Corporate Business	
2021/2022	2022/2023	2023/2024	Resource Implication	Plan Alignment	Responsibility
				Objective 1.1.1 and 1.2.5	City of Armadale
					011 64 11
				Objective 1.1.1	City of Armadale
				Objective 1.2.4 and 1.2.5	City of Armadale, Mentally
				,	Healthy WA and other relevant
					agencies.
					0'' (A)
				Objective 1.1.3, 1.2.2, 1.2.5 and 1.4.4	City of Armadale
				1.4.4	
				Objective 1.1.3, 1.2.2, 1.2.5,	City of Armadale
				1.4.2, 1.4.3 and 1.4.4	, , , , , , , , , , , , , , , , , , , ,
				Objective 1.4.4 and 4.4.4	City of Armadale
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				Objective 1.4.4 and 4.4.4	City of Armadale



Action Number	Action	Expected outcome	Measure
Strategy 1	11.1.5 Provide an environment that supports inju	ry prevention and promotes safer communities.	
11.1.5.1	Enhance the appeal of the Armadale City Centre as a healthy place to shop, to access services, to enjoy recreation, leisure and entertainment services and facilities and business.	 Encourage and attract new investment and development opportunities to the Armadale City Centre. Police presence maintained in the City Centre to create a safe and inviting pedestrian space. 	 New investment and development opportunities. Community Perceptions Survey data.
11.1.5.2	Identify and support community safety projects and community capacity and resilience.	 Continue to support Neighbourhood Watch initiatives to build community capacity. Support and facilitate community cohesion and community safety initiatives in the community. Foster community connection and promote personal and community safety through the delivery of the Growing our Neighbours program. Offer workshops, safety audits and a safety incentives scheme to assist in reducing crime incidents and to improve perceptions of the City as a safe place to live. Implement the Designing Out Crime Local Planning Policy to support crime reduction in the designing of communities. Train key staff in Crime Prevention Through Environmental Design (CPTED) principles. 	 Number of initiatives, activities and events delivered Participant data and feedback received. Review of WA Police crime statistics for targeted hotspot areas. Number of incentives claimed. Number of safety audits conducted. Project evaluated and report available. Community Perceptions Survey data. Number of development applications submitted with CPTED checklist. Number of policies CPTED principles are incorporated into. Staff training delivered – refresher courses included.



Timeframe			Corporate Business		
2021/2022	2022/2023	2023/2024	Resource Implication	Plan Alignment	Responsibility
			Contingent on external funding and investment	Objective 3.1.2, 3.1.3 and 3.1.7	City of Armadale and Western Australian Police – Armadale District.
			Contingent on external funding	Objective 1.1.1, 1.2.1 and 1.2.5	City of Armadale, Neighbourhood Watch and other relevant agencies.

11.2 Provide environmental health protection for the community

Action Number	Action	Expected outcome	Measure
Strategy 1	1.2.1 Protect and enhance human health by red	ucing exposure to environmental health risks.	
11.2.1.1	Monitor and report on all publically accessible non-scheme drinking water sites and all aquatic facility waters to ensure water quality is fit for human uses.	Water sampled and monitored regularly and adverse results from drinking water and aquatic facilities are addressed. Results are plotted to indicate areas of high risk and future investment.	Water monitoring up to date and entered into database.
11.2.1.2	Minimise the impact of mosquito borne disease in the community through: educating residents and visitors to the City of the risks posed by local mosquito populations and the steps they can take to protect themselves, educating residents on ways they can prevent breeding around their home and provide an emergency response in the event of an outbreak of mosquito borne disease in the region.	 Continue to implement Mosquito Management Plan, maintenance and management of mosquito populations within the City through relevant trapping, interventions (e.g. treatment with larvicide) and community education. Continue to require mosquito management plans with new structure plans and/or subdivision applications in appropriate areas. 	 Annual Mosquito Management report. Number of interventions implemented. Intervention evaluation data (e.g. reach and number of mosquito complaints). Number of new development approvals with mosquito management plans.
11.2.1.3	Discourage the illegal dumping of rubbish and encourage residents to keep their City clean to reduce potential accumulation of pests and the spread of disease.	 Implement the actions outlined in the Waste Plan 2021–2025. Investigate alternative solutions for verge collections prior to the next verge collection tender to assist in reducing illegally dumped litter. Advocate on behalf of the community to State Government departments to provide support with clean ups and maintenance of natural bushland and reserves. Encourage community pride in taking care of their places and spaces through community campaigns (e.g. Keep Australia Beautiful/Adopt a Spot). Develop an anti-litter strategy and illegal dumping strategy with the inclusion for adopting the WALGA process for illegal dumping. 	 Number of actions implemented and outcomes achieved. Number of behaviour change initiatives implemented. Number of activities and/or events held. Reported increase/decrease in illegal dumping notifications. Undertake community engagement to determine feedback regarding verge collection bookings. Participant data and feedback received. Number of advocacy submissions and feedback received/action taken as a result. Social media campaigns and engagement. Campaign reach of materials. Strategy developed and endorsed.
Strategy 1	1.2.2 Administer public health legislation to min	imise potential environmental health risks.	oratogy acrosoped and endereed.
11.2.2.1	Actively contribute by way of public submission to the Department of Health's Regulatory Review Program involving a review of all regulations adopted under Health (Miscellaneous Provisions) Act 1911 and Public Health Act 2016.	Advocate for relevant regulation review and increase the advocacy profile of City of Armadale.	Number of submissions to Department of Health.
11.2.2.2	Implement the City's statutory responsibilities for providing health protection for the community, as legislated by the <i>Public Health Act 2016, Food Act 2008, Tobacco Products Control Act 2006, Environmental Protection Act 1986</i> and the <i>Health (Miscellaneous Provisions) Act 1911</i> , subsidiary legislation and local laws.	 Provide health protection for the community including: - assessing and processing applications (such as food businesses, public buildings and effluent disposal), - risk assessment inspections (such as aquatic facilities, caravan parks and offensive trades), - samples collected for analysis (such as food and drinking water) and, - complaint investigations (such as noise and air quality). 	Health Services Manager reports provided to Council detailing resolved and unresolved complaints, inspections, investigations, sampling and assessments.

Timeframe 2021/2022	2022/2023	2023/2024	Resource Implication	Corporate Business Plan Alignment	Responsibility
				Objective 1.2.4 and 1.4.4	City of Armadale
				Objective 1.2.4 and 1.4.4	City of Armadale
				Objective 2.4.1	City of Armadale
				N/A	City of Armadale
				19//3	only of Anniauale
				Objective 1.2.4 and 1.4.4	City of Armadale



Action Number	Action	Expected outcome	Measure
	11.2.3 Mitigate the impacts of public health emerg		
11.2.3.1	Provide support for the development and implementation of public health emergency management arrangements.	 Environmental Health Emergency Management Support Plan developed. Health Service Department to support the formalisation of the City's Local Emergency Management Arrangements. Continue to comply with the State Government Pandemic Plan, inclusive of COVID-19. 	 Plan developed and endorsed. Formal arrangements. Disseminate up to date and relevant COVID-19 information, where appropriate, to the community.
11.2.3.2	Reduce urban heat island effects to minimise the associated health impacts that occur as a result of extreme weather patterns.	 Increase tree canopy cover within the City to provide shade and, to absorb heat to minimise the risk of heat related death and illnesses such as heat stroke, heat exhaustion and respiratory difficulties. Implement the actions outlined in the Switch Your Thinking Business Plan in relation to community education and adaptation. Implement the Landscape Feature and Tree Preservation Local Planning Policy to ensure preservation of trees in the City. 	 Demonstrated achievements of objectives through periodic reporting of heat island effect to Council. Number of trees planted. Switch Your Thinking Business Plan actions implemented and outcomes achieved.



	Timeframe			Corporate Business		
	2021/2022	2022/2023	2023/2024	Resource Implication	Plan Alignment	Responsibility
fect the	e community.					
					Objective 1.4.4	City of Armadale
					Objective 1.4.4, 2.1.1 and 2.2.2	City of Armadale



Action Number	Action	Expected outcome	Measure					
Strategy 1	Strategy 11.2.4 Support and enhance communicable disease control measures, prevention and education within the community.							
11.2.4.1	Assist with minimising the harm associated with inappropriately discarded sharps (e.g. needles/syringes) in public places and spaces.	 Monitor and report on number of call outs to dispose of sharps. Monitor and report on the use of the Needle Syringe Disposal Unit program. Implement initiatives to expand the Needle Syringe Disposal Unit program, where relevant. 	 Number of needle/syringe pickups. Number of inserts exchanged and number of units needing replacing for the Needle Syringe Disposal Unit program Initiatives implemented. 					
11.2.4.2	City to continue to support the WA AIDS Council Needle Syringe Exchange Program to minimise the risk of blood-borne virus (e.g. hepatitis/HIV) transmission in the community.	 Support a harm reduction approach to minimising the risk of blood-borne virus transmission in the community along with reducing the number of inappropriately discarded sharps. Continue to build relationships with clients to support better informed decisions, practices and health outcomes. Continue partnership with WA AIDS Council to promote a harm reduction approach to minimise public health impacts. 	WA AIDS Council annual report provided to the City outlining the number of people who have accessed service, rate of needle syringe exchange, and number of education/information provided to clients.					
11.2.4.3	Encourage and promote childhood, influenza and COVID-19 vaccinations through City's socials and through community activities, projects and vaccination clinics.	 Conduct immunisation campaigns in line with Department of Health messaging through City's socials and through community projects, programs and activities to increase community education and awareness regarding the importance of immunisations and vaccinations. Increased community education and awareness regarding the importance of immunisations and vaccinations. 	 Social media campaigns and engagement. Campaign reach of materials. Review of immunisation data from East Metropolitan Health Service. Number of influenza and childhood vaccinations provided. Number of clinics undertaken. 					

• Increase vaccination uptake within the City.



Timeframe		Corporate Business			
2021/2022	2022/2023	2023/2024	Resource Implication	Plan Alignment	Responsibility
				Objective 1.2.4	City of Armadale
				Objective 1.2.4	City of Armadale and WA AIDS Council
				Objective 1.2.4	City of Armadale and Aboriginal Medical Care 360



Action Number	Action	ion Expected outcome N			
Strategy	11.2.5 The Environmental Health Services team t	to the vellbeing • Identify appropriate awards programs and develop submissions. • Disseminate good news stories associated with the Community Health and Wellbeing Plan. • Coordinate data collection for annual reporting for the Community Health and Wellbeing Plan against the Health Services Business Plan and in accordance with the requirements of the Public Health Act 2016. • Promote the report across all City directorates and encourage them to contribute relevant activities. • Identify and engage appropriate health stakeholders. • Facilitate quarterly meetings. • Health and Wellness Calendar of events developed. • Expand current staff health and wellbeing initiatives. • Appropriate education/training completed by identified staff. • All Environmental Health Officers complete a nutrition related short course. • City engagement is run efficiently, and engagement is done in a planned and coordinated approach. • Projects are run more efficiently through an engagement platform. Data is collected more	inctions.		
11.2.5.1	Increase the profile and external funding to the City of Armadale, promoting health and wellbeing as part of the City's core business.	 develop submissions. Disseminate good news stories associated with the Community Health and Wellbeing Plan. Coordinate data collection for annual reporting for the Community Health and Wellbeing Plan against the Health Services Business Plan and in accordance with the requirements of the <i>Public Health Act 2016</i>. Promote the report across all City directorates and encourage them to contribute relevant 	 Number of submissions. Number of successful submissions. Media coverage. Community Health and Wellbeing Plan report developed and included in annual Health Services report. Health Services annual report provided to Executive. Reporting submitted to Department of Health, as and when required. 		
11.2.5.2	Establish a Public Health Stakeholder network with the purpose of encouraging organisations to work together, reduce duplication and share information to assist in ensuring clients of represented organisations receive the best care available to them.	stakeholders.	 Representation on the group. Number of meetings held per years. Capacity building opportunities offered. 		
11.2.5.3	City of Armadale to support staff health and wellbeing within the workplace.	developed. • Expand current staff health and wellbeing	 Number of initiatives delivered. Participant data and feedback received. 		
11.2.5.4	Provide training, education and support to Environmental Health Officers in preventive health, specifically nutrition, to enable them to speak with food businesses to provide suggestions and guidance on providing nutritious options.	identified staff. • All Environmental Health Officers complete a	 Number of officers who have completed training. Number of food businesses that take on nutritional advice. Nutritional advice to be provided during food safety inspections 		
11.2.5.5	Regularly consult and engage with community about City of Armadale health and wellbeing priorities at the end of each Public Health Plan.	engagement is done in a planned and coordinated approach. • Projects are run more efficiently through an	 Engagement toolkit and strategy is reviewed. Digital engagement platform endorsed and implemented. Number of staff trained in use of digital engagement platform. 		



Timeframe	ıme		_	Corporate Business	
2021/2022	2022/2023	2023/2024	Resource Implication	Plan Alignment	Responsibility
				1	
			Contingent on external funding	Objective 3.2.1	City of Armadale
				Objective 1.2.5	City of Armadale
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				Objective 4.1.6	City of Armadale
				Objective 1.2.4	City of Armadale
				Objective 4.4.1	City of Armadale



11.3 Improve and maintain Aboriginal and Torres Strait Islander health and wellbeing

	Action Number	Action	Expected outcome	Measure
	Strategy 1	1.3.1 Promote and support initiatives that meet	the cultural needs of Aboriginal and Torres Strai	t Islander people.
11.3.1.1 Consider developing a Reconciliation Action Plan for the City of Armadale		. •	 Improve health and wellbeing outcomes for the local Aboriginal and Torres Strait Islander community. Improved relationship between Aboriginal and Torres Strait Islander community and the City of Armadale. 	A workshop with Councillors to be held to discuss the development of a Reconciliation Action Plan
	11.3.1.2	Deliver localised cultural awareness training for all City of Armadale staff.	 Improved relationship and interactions between the Aboriginal and Torres Strait Islander community and the City of Armadale staff. Increased cultural awareness and understanding of staff. 	 Staff training package developed and endorsed. Number of staff who have completed the training package per annum.



Timeframe		Corporate Business			
2021/2022	2022/2023	2023/2024	Resource Implication	Plan Alignment	Responsibility
				Objective 1.4.3	City of Armadale
				Objective 1.4.3, 4.1.6 and 4.2.2	City of Armadale



Action Number	Action	Expected outcome	Measure
Strategy 1	1.3.2 Enhance the City's partnership with the lo	cal Aboriginal and Torres Strait Islander commu	nity.
11.3.2.1	Consider the development of a Cultural Ambassador Program to assist the City and improve engagement with the Aboriginal and Torres Strait Islander community for relevant projects, programs and activities through a formalised process and group.	A formalised process is developed to recognise the contribution and internal and external exchange of traditional knowledge as a service.	 Number of meetings per annum. Number of times the members are consulted internally and externally per annum. Number of endorsed items per annum.
11.3.2.2	Deliver cultural education activities and events to reduce stigma and racism in the community.	 External funding secured through grants, partnership development and/or corporate sponsorship. Provide the community an opportunity to learn about Aboriginal and Torres Strait Islander history, culture and heritage through the delivery of cultural activities and events. 	 External funding secured. Number of events delivered per annum. Participant data and feedback.
11.3.2.3	Maintain a focus on Aboriginal and Torres Strait Islander health and wellbeing through the facilitation of health services and programs at the Champion Centre.	 Continue with hot desking arrangement for external services including the collection of client statistical data where ethically possible. Strengthen the Champion Centre's community hub model by coordinating external organisations to deliver primary health services at the Champion Centre. Provide opportunities to learn new skills and build capacity in the community (e.g. cooking classes, family programs and workshops). 	 Number of health providers and services hot desking and clients engaging with services. Number of clinics delivered per annum. Number of programs and activities held per annum. Participant data and feedback received.
11.3.2.4	Develop and implement the Trails Master Plan to promote and enhance the natural assets of the City to encourage tourism opportunities for visitors, physical activity opportunities for local residents and incorporate inclusions to support further educational opportunities for Aboriginal and Torres Strait Islander people.	 Promoting the new and existing trails for visitors and local residents as both an opportunity for physical activity, increased cultural understanding and tourism. Tourists and wider community are aware of sacred and significant sites and their importance to Aboriginal and Torres Strait Islander peoples to reduce damage to sites and 	 Trails Master Plan endorsed. Engagement and consultation with Aboriginal and Torres Strait Islander community completed in the development of the trails master plan. Feedback received from community.

increase awareness of local culture.



Timeframe 2021/2022	2022/2023	2023/2024	Resource Implication	Corporate Business Plan Alignment	Responsibility
			·		· ·
				Objective 1.4.3 and 4.2.2	City of Armadale
				Objective 1.4.3	City of Armadale
				Objective 1.2.4 and 1.4.3	City of Armadale
				Objective 3.4.2 and 3.4.3	City of Armadale



Action Number	Action	Expected outcome	Measure
Strategy 1	11.3.3 Ensure programs and services offered in t	the City of Armadale are accessible, equitable ar	nd respond to community need.
11.3.3.1	Coordinate the South East Metro Emergency Relief Forum.	Identify and deliver initiatives to meet community need.	 Number of initiatives implemented. Evaluation data. Number of meetings held per year. Representation on group.
11.3.3.2	City of Armadale to continue to support and deliver initiatives that ensure healthy food is accessible, affordable and available to the community.	 Continue to coordinate and deliver the Food Security Program at the Champion Centre. Maintain the partnership with Foodbank WA to enable the Mobile Foodbank van to visit the Champion Centre and Armadale Arena locations weekly to ensure healthy and affordable food is available to the community. 	 Weekly average number of people accessing food security program. Weekly average of produce and bread provided to the community. Number of people accessing the Mobile Foodbank van.
11.3.3.3	Identify Aboriginal and Torres Strait Islander controlled services that offer support to clients located within the City of Armadale.	Develop a digital resource directory to link community to relevant support services.	Resource directory developed and maintained.



Timeframe			_	Corporate Business		
2021/2022	2022/2023	2023/2024	Resource Implication	Plan Alignment	Responsibility	
				Objective 1.2.4 and 1.2.5	City of Armadale	
				Objective 1.2.4 and 1.4.4	City of Armadale and Foodbank	
				,	WA.	
				Objective 1.2.5 and 1.4.3	City of Armadale	

12.0 References

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