

Acerola – used in vitamin C supplements	Brazil nuts	Cocoa	Grapes	Onions	Safflower
Adzuki beans	Broccoli	Coconut	Green beans	Orchid plants	Sesame
Alfalfa	Brussel sprouts	Coffee	Guava	Palm oil	Star apples
Allspice	Buckwheat	Congo beans	Hazelnut	Papaya	Starfruit
Apples	Cabbage	Coriander	Kidney beans	Passion fruit	Strawberries
Apricots	Cactus	Cotton	Kiwi fruit	Peaches	Sunflower oil
Avocados	Cantaloupe	Courgette	Lemons	Pears	Sweet peppers
Beets	Caraway	Cranberries	Lima beans	Persimmons	Sword beans
Bell peppers	Carrots	Cucumber	Limes	Plums	Tamarind
Black and red currants	Cashews	Custard apples	Loquat	Pomegranates	Tangelos
Black eyed peas	Cauliflower	Durian	Lychee	Prickly pear	Tangerines
Blackberries	Celery	Elderberries	Macadamia nuts	Quince	Tomatoes
Bok choy (chinese cabbage)	Cherries	Fennel	Mangos	Rambutan	Turnips
Boysenberries	Chestnut	Figs	Mustard seed	Rapeseed	Vanilla
	Chilli peppers	Flax	Nectarines	Raspberries	Walnut
	Clover	Goa beans	Okra	Rose hips	Watermelon