



SAFEGUARDING FOR ADULTS



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What will we do to keep you safe?

How do you let us know if something is worrying you?

How can we help?

At Leeds United and the Leeds United Foundation, we want you to enjoy your activities with us in a safe, secure and fair environment so you can achieve your potential in whatever you do.

We have written this guide so that you know what we are doing to keep you safe. We will also explain what we will do if you tell us you are upset about something, or if we feel you need some help and support.

Who is an adult at risk?

An adult at risk is any adult aged 18 years and older who:

- Has needs for care and support (whether or not the local authority is meeting any of those needs)
- Is experiencing, or at risk of, harm, abuse or neglect or exploitation
- As a result of those care and support needs is unable to protect themselves from either the risk of, or the experience of abuse or neglect.

What is Safeguarding?

Safeguarding is what we do to promote the welfare of vulnerable people, protecting them from abuse and neglect, so is very important to us.



We want you to be able to be as independent as possible and make choices about how you want to be treated.

What is abuse?

Abuse is where someone behaves in a way that causes you harm. This can be on purpose, or can be unintentional:

Physical – this is when someone hurts you.

Sexual – this is when someone touches you in a way you don't like or understand. They might touch your private parts or have sex with you when you don't want to.

Financial – When someone takes your money or won't let you choose how to spend it.

Psychological – When someone makes fun of you or makes you feel bad.

Organisational – where your care provider gives poor service – like ignoring you or not treating you properly.

Discriminatory – when you are treated differently because of your race, belief, sex, age etc.

Domestic abuse – where you are threatened, hurt or abused by a member of your family.

Modern slavery – this is where you are forced to work for no money.

Self-neglect – where you don't look after yourself by eating properly or keeping yourself or your home clean.

Abuse is not acceptable, so please tell someone who can help you.



Where can abuse happen?

- In the community
- At a social club
- At football
- At home
- In a hospital
- At a day centre
- At work

What will we do to help keep you safe?

- We train all our staff in safeguarding
- We check that the places we use to run activities are safe
- We check that the activities we run are safe
- We make sure we have the right people working with you while you are with us
- We operate a zero tolerance to bullying
- We listen to you when you want to tell us something
- We act on what you tell us
- We involve you in decisions about you

What will we do if you tell us something?

- We will listen to you and take notes so that we know exactly what you have told us, in your words.
- We will ask you how we can help.
- We will talk to our safeguarding team for advice.
- Sometimes we will have to share the information with other people that can help you – we will let you know if we want to do this, and why.

We are here to help you

There will always be a qualified person in charge of your activity who you can speak to – they will introduce themselves when you join.



At matches, we have stewards and safeguarding officers who can help you. They have the yellow jackets on at matches.

We also have a safeguarding team across the club and Foundation that you can contact:

Head of Safeguarding - Helen Evans



07425 640576



Helen.evans@leedsunited.com
safeguarding@leedsunited.com

For the Foundation - Gary Waddington



07947 877845



Gary.waddington@leedsunited.com

For the Academy: Katie Slee



07725 228199



Katie.Slee@leedsunited.com

For Matchdays - Diane Ingleby



Diane.ingleby@leedsunited.com

For the College - Claire Ford



07384 896483



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For the Women's team - Julie Lewis



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