

# LEEDS UNITED FOUNDATION

SAFEGUARDING GUIDE FOR CHILDREN & YOUNG PEOPLE





### WHAT YOU NEED TO KNOW

## Who is a child or young person?

Everyone who is under the age of 18 years old

#### What is 'Safeguarding'?

Safeguarding is what we do to promote the welfare of children and protect them from harm, so is very important to us.

#### We want you to have fun!

We want our activities to be fun and educational. It gives you the opportunity to make new friends, try out new activities and amaze yourself with what you can do!

#### We will keep you safe

We will keep you safe by training our staff, checking places and activities, making sure the right people look after you, stopping bullying, listening to you, and taking action when you speak up.

# What if something is worrying you?

We will keep you safe by training our staff, checking places and activities, making sure the right people look after you, stopping bullying, listening to you, and taking action when you speak up.



# HOW DO WE KEEP YOU SAFE?

We train our staff to look after you.

We check our activities and venues are safe.

We make sure the right people are looking after you.

We have enough staff to support you

We do not allow bullying

We listen to you and act if you need help.





Never be alone with an adult a session - there will always be more than one staff member



Only accept lifts if your parents/guardians have agreed.



Tell a coach/teacher if you need to leave a session



Never meet an adult without telling someone you trust



Follow advice from trusted adults like coaches, teachers, and parents



We are here

Staff members on sessions
are there to support you.
We also have a
safeguarding team who can
help you with any worries
you might have



bad behavious

If you see bullying or something that feels wrong, tell your coach. They will help and let our safeguarding team know.

Everyone should feel safe and happy—we do not allow bad behavior. You are not alone!





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