



# SAFEGUARDING

## EXPLAINED FOR CHILDREN & YOUNG PEOPLE

What will we do to keep you safe? How can we help?  
How do you let us know if something is worrying you?

At Leeds United Foundation, we work with children and young people by supporting you to enjoy your activities with us in a safe, secure and fair environment so you can achieve your potential in whatever you do.

We have written this guide so that you know what we are doing to keep you safe. We will also explain what we will do if you tell us you are upset about something, or if we feel you need some help and support.

**WHO IS A CHILD OR YOUNG PERSON?** Everyone under the age of 18 years old

**WHAT IS SAFEGUARDING?** Safeguarding is what we do to promote the welfare of children and protect them from harm, so is very important to us.

**WHAT IF SOMETHING IS WORRYING YOU?**

We want our activities to be fun & educational – it gives you the opportunity to make new friends, try out new activities and amaze yourself with what you can do. But for a few people the fun is spoilt by other people who do or say things during the activities that may hurt or frighten them.

**IF SOMETHING IS WORRYING YOU:**

- Try to not be alone with the person who has hurt or frightened you
- Tell an adult that you trust – this may be a parent, your coach, a teacher – or a trusted friend.

**WHAT WILL WE DO TO HELP KEEP YOU SAFE?**

- We will train all our staff, so they know how to safeguard our sessions
- We will check that the places we use to run activities are safe
- We will check that the activities we run are safe
- We will make sure we have the right people looking after you while you are with us
- We will make sure that we have enough people to look after you
- We will operate a zero tolerance to bullying
- We will listen to you when you want to tell us something
- We will act on what you tell us





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### *WHAT WILL WE DO IF YOU TELL US SOMETHING?*

We will listen to you and take notes so that we know exactly what you have told us. Sometimes we will have to share the information with other people that can help you – we will let you know if we want to do this, and why. We may also want to speak to your parent / guardian if we feel that will help you but will speak to you about this first.

### *THINGS TO DO TO KEEP YOURSELF SAFE:*

- You should not be alone with an adult – this is why we always have more than one member of staff at a session
- Do not accept a lift from an adult unless this has been agreed with your parent / guardian or coach beforehand
- Always tell your coach or leader if you want to leave the activity and let them know where you are going so they can check it is safe for you to go.
- Do not agree to meet an adult without letting another adult you trust know
- Listen to advice you have been given by your coach, school, or parents / carers

### *WOULD YOU LIKE TO BE INVOLVED?*

We have a 'player voice' group made up of players of all age groups and would like you to join us if you want to. What you think of our activities and if you have any new ideas matters a lot to us – from what we will do for Christmas to the type of activities we want to run for you.

If you want to join us, contact Gary Waddington:  
[Gary.waddington@leedsunited.com](mailto:Gary.waddington@leedsunited.com)

### *WE ARE HERE TO HELP YOU*

There will always be a coach in charge of your activity who you can speak to – they will introduce themselves when you join. We also have a safeguarding team that you can contact:

#### **GARY WADDINGTON**

(Foundation Designated Safeguarding Officer):



[Gary.waddington@leedsunited.com](mailto:Gary.waddington@leedsunited.com)



07947 877845

#### **HELEN EVANS**

(Head of Safeguarding LUFC):



[safeguarding@leedsunited.com](mailto:safeguarding@leedsunited.com)



07425 640576

#### **PREMIER LEAGUE SAFEGUARDING**



[safeguarding@premierleague.com](mailto:safeguarding@premierleague.com)

#### **FOOTBALL ASSOCIATION SAFEGUARDING**



[safeguarding@thefa.com](mailto:safeguarding@thefa.com)

#### **CHILDLINE**



[www.childline.org.uk](http://www.childline.org.uk)



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