



Guided Care HMO

Referral Requirement Exclusions List

The following care and specialties do not require a referral prior to your visit.

Servicing PCPs

Services from Primary Care Providers (must be designated as a PCP for this exception to apply)

Place of Service

Inpatient

Observation

Post acute, including

Long term acute care facility

Acute rehabilitation facility

Skilled nursing facility

Hospice care

Urgent / Emergent Care

Emergency Room

Emergency Ambulance

Physician services for emergency/unscheduled admissions or emergency ambulance services

Practitioner or specialist care received in an urgent care center, an emergency room or while admitted to the hospital setting regardless of IP/OBS status

Urgent care centers

Convenience care clinics (e.g. minute clinics)

Mental Health

Services rendered for mental/behavioral health disorders/substance abuse/addiction services from network behavioral health clinicians

OB/GYNs

Services from network OB/GYNs including but not limited to:

Newborn care

Pre/ Post natal Care

Perinatologist

Maternal Fetal Medicine

Rx

Any Rx administered via the pharmacy benefit

Administration of a physician-administered drug (PAD) when no other services are provided (PAD's outlined on the [Prior Authorization List](#))

Physician Administered Drugs (e.g., chemo)

Specific Specialties from the network

Dermatologist

Pathologist

Radiologist

Anesthesiologist

Neonatologist

Assisting Surgeon, Co-surgeon (provided at least one surgeon has a referral) or Team Surgeon (provided at least one surgeon has a referral)

Oncologist

Transplant Specialists

Preventative Care

Including but not limited to

Vision Screening
Hearing Screening
Vaccinations
Colorectal Cancer Screening
Mammogram
Pap Smear

Non-Physician Services

received outside of a specialist's office

Durable Medical Equipment (DME)
Prosthetic Devices
Hearing Aids
Outpatient lab
X-Ray or diagnostics
Physical Therapy
Speech Therapy
Occupational Therapy
Pulmonary Rehabilitation Services
Cardiac Rehabilitation Services
Home health services
Hemodialysis
Non emergent transportation

Regulatory

Network services for which applicable laws do not require a referral (state specific)
Chiropractor (Arizona only)
Indian Health Services



Specialty Referral Requirements

Referral requirements can change from time to time. The most up-to-date information can be found within the [Oscar Provider Portal](#).

Specialty	Referral Requirement
A General Primary Care Physician	Not Required
A Pediatric Surgeon Specializing in Cardiothoracic Procedures	Required
Acupuncture	Required
Acute Care Nurse Practitioner	Not Required
Addiction Medicine	Not Required
Addiction Psychiatry	Not Required
Adolescent Medicine	Not Required
Adolescent Medicine Nurse Practitioner	Not Required
Adult Cardiac Surgery	Required
Adult Congenital Heart Disease	Required
Adult Health Nurse Practitioner	Not Required
Adult Hospice and Palliative Care	Not Required
Adult Medicine Physician	Not Required
Adult Reconstruction/Joints Surgery	Required
Advanced Endoscopy	Required
Advanced Heart Failure	Required
Advanced Heart Failure and Transplant Cardiology Nurse Practitioner	Not Required
AERD Allergy	Required

Specialty

Referral Requirement

Aerospace Medicine	Not Required
Allergy and Immunology	Required
Allergy and Immunology Nurse Practitioner	Not Required
Allergy and Immunology Physician Assistant	Not Required
Allergy/Immunology Pulmonology	Required
Anaplastology	Not Required
Anatomic and Clinical Pathology	Not Required
Anatomic Pathology	Not Required
Andrology	Not Required
Anesthesiologist Assistant	Not Required
Anesthesiology	Not Required
Anorectal Surgery	Required
Assistant Behavior Analyst	Not Required
Assistive Technology Practitioner Audiologist	Required
Assistive Technology Supplier Audiologist	Not Required
Asthma	Required
Asthma Allergy	Required
Audiologist	Required
Audiologist-Hearing Aid Fitter	Not Required
Audiology Assistant	Not Required
Autoinflammatory Syndromes Rheumatology	Required
Autonomic Disorders	Required
Bariatric Surgery	Required
Behavioral Analyst	Not Required

Specialty

Referral Requirement

Behavioral/Cognitive Neurology	Not Required
Body Imaging Radiology	Not Required
Bone Marrow Transplants	Not Required
Breast Imaging Radiology	Not Required
Breast Oncology	Not Required
Breast Surgery	Required
Burn Surgery	Required
Cancer Rheumatology	Not Required
Cardiac Electrophysiology Nurse Practitioner	Not Required
Cardiac Imaging Radiology	Not Required
Cardiology	Required
Cardiology Nurse Practitioner	Not Required
Cardiology Physician Assistant	Not Required
Cardiovascular Disease Nurse Practitioner	Not Required
Cardiovascular Surgery	Required
Cardiovascular Surgery Nurse Practitioner	Not Required
Case Management/Care Coordination	Not Required
Cataract and Refractive Surgery	Required
Cerebrovascular Neurosurgery	Required
Certified Genetic Counselor	Not Required
Certified Registered Nurse First Assistant	Not Required
Chemical Pathology	Not Required
Chest Radiology	Not Required
Child Abuse Pediatrics	Not Required

Specialty Referral Requirement

Chiropractic	Required
Clinical Nurse	Not Required
Clinical Behavioral Health Counselor	Not Required
Clinical Biochemical Genetics	Required
Clinical Cytogenetics	Required
Clinical Neurophysiology	Required
Clinical Pathology	Not Required
Clinical Pharmacology	Not Required
Clinical Social Worker	Not Required
Colon & Rectal Surgery Physician	Required
Colorectal Surgery Nurse Practitioner	Not Required
Community Health Nurse Practitioner	Not Required
Community Health Work	Not Required
Complex General Surgical Oncology	Not Required
Comprehensive Ophthalmology	Required
Congenital Cardiac Surgery	Required
Cornea and External Disease	Required
Cosmetic Dermatology	Not Required
Craniofacial Surgery	Required
Critical Care	Not Required
Critical Care Anesthesiology	Not Required
Critical Care Medicine Nurse Practitioner	Not Required
Critical Care Obstetrics and Gynecology	Not Required
Critical Care Pediatrics	Not Required

Specialty

Referral Requirement

Critical Care Surgery	Not Required
Cutaneous Oncology	Not Required
Cytopathology	Not Required
Dental Sleep Medicine	Not Required
Dentist Anesthesiologist	Not Required
Dentistry	Not Required
Dermatologic Oncology	Not Required
Dermatological Allergy	Not Required
Dermatology	Not Required
Dermatology Nurse Practitioner	Not Required
Dermatology Physician Assistant	Not Required
Dermatology Rheumatology	Not Required
Dermatopathology	Not Required
Desensitization Allergy	Required
Development Psychiatry	Not Required
Developmental and Behavioral Pediatric Medicine	Not Required
Developmental Neurology	Not Required
Developmental Therapy	Not Required
Diabetic Limb Salvage Podiatry	Required
Diabetology	Required
Diagnostic Lab Immunology	Required
Diagnostic Radiology	Not Required
Diagnostic Ultrasound	Not Required
Dietetics	Required

Specialty Referral Requirement

Eating Disorder Psychiatry	Not Required
Electrodiagnostic Psychiatry	Not Required
Electrophysiology	Required
Emergency Medicine	Not Required
Emergency Medicine Nurse Practitioner	Not Required
Emergency Medicine Physician Assistant	Not Required
Endocrine Surgery	Required
Endocrinology	Required
Endocrinology Nurse Practitioner	Not Required
Endocrinology Physician Assistant	Not Required
Endodontics	Not Required
Endourology	Required
Endovascular Neurosurgery/Neuro-interventional radiology	Required
Epilepsy	Required
Facial Plastic Surgery	Required
Family Medicine Physician	Not Required
Family Nurse Practitioner	Not Required
Family Planning	Not Required
Female Pelvic and Reconstructive Surgery Nurse Practitioner	Not Required
Female Pelvic Medicine and Reconstructive Surgery	Not Required
Forefoot Reconstruction Podiatry	Required
Forefoot Trauma Podiatry	Required
Forensic Pathology	Not Required
Forensic Psychiatry	Not Required

Specialty

Referral Requirement

Functional Neurosurgery	Required
Gastroenterology	Required
Gastroenterology Nurse Practitioner	Not Required
Gastroenterology Physician Assistant	Not Required
General Adult Psychiatry	Not Required
General Allergy	Required
General Anesthesiology	Not Required
General Behavioral Health	Not Required
General Cardiology	Required
General Colorectal Surgery	Required
General Critical Care	Not Required
General Dentistry	Not Required
General Dermatology	Not Required
General Diagnostic Radiology	Not Required
General Endocrinology	Required
General Gastroenterology	Required
General Genetic Medicine	Required
General Hematology	Required
General Hospital Medicine	Not Required
General Infectious Disease	Required
General Internal Medicine	Not Required
General Interventional Radiology	Not Required
General Medical Oncology	Not Required
General Nephrology	Required

Specialty

Referral Requirement

General Neurology	Required
General Neurosurgery	Required
General Nonsurgical Podiatry	Required
General Orthopedic Surgery	Required
General Otolaryngology	Required
General Pathology	Not Required
General Pediatric Internal Medicine	Not Required
General Physiatry	Not Required
General Pulmonology	Required
General Rheumatology	Required
General Sports Medicine	Required
General Surgery	Required
General Surgery - Non-Specialized	Required
General Surgical Oncology	Not Required
General Surgical Podiatry	Required
General Thoracic Surgery	Required
General Urology	Required
Genetic Medicine	Required
Genetics Nurse Practitioner	Not Required
Geriatric Medicine	Not Required
Geriatric Psychiatry	Not Required
Gerontology Nurse Practitioner	Not Required
GI Oncology	Not Required
Glaucoma	Required

Specialty

Referral Requirement

Glomerular Disease	Required
Gynecologic Oncology	Not Required
Gynecologic Oncology Nurse Practitioner	Not Required
Gynecology	Not Required
Hair Transplant Dermatology	Not Required
Hand Surgery	Required
Head and Neck Oncology	Not Required
Head and Neck Surgery	Required
Headache/Migraines	Required
Hearing Instrument Specialist	Not Required
Heart Failure/Heart Transplant Surgery	Not Required
Hematology and Oncology	Not Required
Hematology and Oncology Nurse Practitioner	Not Required
Hematology Nurse Practitioner	Not Required
Hematology Physician Assistant	Not Required
Hepatology	Required
Hepatology Nurse Practitioner	Not Required
Hepatopancreaticobiliary Surgery	Required
Hip Arthroscopy	Required
HIV	Required
Home Health Aide	Not Required
Hospice and Palliative Medicine	Not Required
Hospice and Palliative Medicine (Anesthesiology) Physician	Not Required
Hospice and Palliative Medicine Nurse Practitioner	Not Required

Specialty

Referral Requirement

Hospital-based Care	Not Required
Hyperbaric and Undersea Medicine	Not Required
Hyperbaric and Undersea Medicine Nurse Practitioner	Not Required
Hypertension	Required
Immunology	Required
Immunopathology	Not Required
In Vivo & In Vitro Nuclear Medicine	Not Required
Infectious Disease	Required
Infectious Disease Nurse Practitioner	Not Required
Infertility Urology	Not Required
Inflammatory Bowel Disease	Required
Internal Medicine Nurse Practitioner	Not Required
Internal Medicine Physician Assistant	Not Required
Interstitial Lung Disease	Required
Interventional Cardiology	Required
Interventional Cardiology Nurse Practitioner	Not Required
Interventional Cardiology Physician Assistant	Not Required
Interventional Nephrology	Required
Interventional Neurology	Required
Interventional Neuroradiology	Not Required
Interventional Pulmonology	Required
Interventional Radiology	Not Required
Kidney Stones (nephrolithiasis)	Required
Kinesiotherapy	Not Required

Specialty Referral Requirement

Lap/Robotics Urology	Required
Laryngology	Required
Lung Transplant Surgery	Not Required
Lymphoma	Not Required
Marriage and Family Therapy	Not Required
Massage Therapy	Not Required
Mastectomy Fitting	Not Required
Maternal and Fetal Medicine	Not Required
Maternal and Fetal Medicine Nurse Practitioner	Not Required
Medical Biochemical Genetics	Required
Medical Microbiology Pathology	Not Required
Medical Physician Assistant	Not Required
Medical Toxicology	Not Required
Medical Vitreoretinal Disease	Required
Mental Health Nurse Practitioner	Not Required
Midwifery	Not Required
Minimally Invasive OB Surgery	Not Required
Miscellaneous Acupuncture	Required
Miscellaneous Behavioral Health	Not Required
Miscellaneous Chiropractic	Required
Miscellaneous Dentistry	Not Required
Miscellaneous Nursing	Not Required
Miscellaneous Physician	Not Required
Miscellaneous Vision	Required

Specialty Referral Requirement

Mohs Micrographic Surgery	Not Required
Molecular Genetic Pathology	Not Required
Motility	Required
Movement Disorders	Required
Multiple Sclerosis/Neuro-Immunology	Required
Musculoskeletal Radiology	Not Required
Neonatal-Perinatal Nurse Practitioner	Not Required
Neonatal, Critical Care	Not Required
Neonatology	Not Required
Nephrology	Required
Nephrology Nurse Practitioner	Not Required
Neuro-Infectious Diseases	Required
Neuro-Ophthalmology	Required
Neurological Psychology	Not Required
Neurology	Required
Neurology Nurse Practitioner	Not Required
Neurology Physician Assistant	Not Required
Neuromuscular Disorders	Not Required
Neuromusculoskeletal and Osteopathic Manipulative Medicine	Not Required
Neurooncology	Not Required
Neuropathology	Not Required
Neuropsychiatry	Not Required

Specialty

Referral Requirement

Neuroradiology	Not Required
Neurosurgery	Required
Neurosurgery Nurse Practitioner	Not Required
Neurosurgical Oncology	Not Required
Neurotology	Required
Nuclear Cardiology	Not Required
Nuclear Imaging & Therapy	Not Required
Nuclear Medicine	Not Required
Nuclear Radiology	Not Required
Nurse Anesthetist	Not Required
Nurse Flight Escort	Not Required
Nurse Practitioner	Not Required
Nutrition	Required
Nutrition Education Nutritionist	Required
Obesity Medicine (Family Medicine) Physician	Not Required
OBGYN Physician Assistant	Not Required
Obstetrics	Not Required
Obstetrics & Gynecology Nurse Practitioner	Not Required
Obstetrics and Gynecology	Not Required
Occupational Health Nurse Practitioner	Not Required
Occupational Medicine	Required
Occupational Medicine Physician Assistant	Not Required
Occupational Therapy	Not Required
Ocular Oncology	Not Required

Specialty

Referral Requirement

Ocularist	Not Required
Oncology Physician Assistant	Not Required
Ophthalmic Pathology	Not Required
Ophthalmic Plastic Surgery	Required
Ophthalmologic Oncology	Not Required
Ophthalmology	Required
Ophthalmology Nurse Practitioner	Not Required
Optometry	Not Required
Oral and Maxillofacial Surgery	Required
Oral Pathology	Not Required
Orthodontics	Not Required
Orthodontics/Prosthodontics	Not Required
Orthopaedic Physician Assistant	Not Required
Orthopaedic Sports Medicine Physician Assistant	Not Required
Orthopaedic Technology	Not Required
Orthopaedic Trauma Physician Assistant	Not Required
Orthopedic Elbow Surgery	Required
Orthopedic Foot and Ankle Surgery	Required
Orthopedic Hip and Knee Surgery	Required
Orthopedic Hip Surgery	Required
Orthopedic Knee Surgery	Required
Orthopedic Microsurgery	Required
Orthopedic Oncology	Not Required
Orthopedic Shoulder and Elbow Surgery	Required

Specialty

Referral Requirement

Orthopedic Shoulder Surgery	Required
Orthopedic Spine Surgery	Required
Orthopedic Sports Medicine Nurse Practitioner	Not Required
Orthopedic Sports Surgery	Required
Orthopedic Surgery	Required
Orthopedic Surgery Nurse Practitioner	Not Required
Orthopedic Trauma Nurse Practitioner	Not Required
Orthopedic Traumatology	Required
Orthotic Fitter	Not Required
Orthotics	Not Required
Otolaryngology	Required
Otolaryngology Nurse Practitioner	Not Required
Otolaryngology Physician Assistant	Not Required
Otology	Required
Pain Management Nurse Practitioner	Not Required
Pain Management Physician Assistant	Not Required
Pain Medicine Physician	Required
Pathology	Not Required
Pediatric Allergy and Immunology	Required
Pediatric Allergy and Immunology Nurse Practitioner	Not Required
Pediatric and Adolescent Psychology	Not Required
Pediatric Anesthesiology	Not Required
Pediatric Audiology	Required
Pediatric Cardiac Surgery	Required

Specialty

Referral Requirement

Pediatric Cardiology	Required
Pediatric Cardiology Nurse Practitioner	Not Required
Pediatric Cardiovascular Surgery	Required
Pediatric Craniofacial Surgery	Required
Pediatric Critical Care Medicine	Not Required
Pediatric Critical Care Medicine Nurse Practitioner	Not Required
Pediatric Dentistry	Not Required
Pediatric Dermatology	Not Required
Pediatric Emergency Medicine	Not Required
Pediatric Endocrinology	Required
Pediatric Endocrinology Nurse Practitioner	Not Required
Pediatric Gastroenterology	Required
Pediatric Gastroenterology Nurse Practitioner	Not Required
Pediatric General Surgery	Required
Pediatric Hematology and Oncology	Not Required
Pediatric Hematology and Oncology Nurse Practitioner	Not Required
Pediatric Hepatology	Required
Pediatric Hospice and Palliative Care	Not Required
Pediatric Infectious Disease	Required
Pediatric Medical Toxicology	Not Required
Pediatric Nephrology	Required
Pediatric Nephrology Nurse Practitioner	Not Required
Pediatric Neurology	Required
Pediatric Neurology Nurse Practitioner	Not Required

Specialty

Referral Requirement

Pediatric Neurosurgery	Required
Pediatric Nutrition	Required
Pediatric Occupational Therapy	Not Required
Pediatric Ophthalmology	Required
Pediatric Orthopedic Surgery	Required
Pediatric Otolaryngology	Required
Pediatric Otolaryngology Nurse Practitioner	Not Required
Pediatric Pathology	Not Required
Pediatric Physical Therapy	Not Required
Pediatric Physician Assistant	Not Required
Pediatric Plastic Surgery	Required
Pediatric Primary Care Nurse Practitioner	Not Required
Pediatric Pulmonology	Required
Pediatric Pulmonology Nurse Practitioner	Not Required
Pediatric Radiology	Not Required
Pediatric Rehabilitation Medicine	Not Required
Pediatric Rheumatology	Required
Pediatric Speech Pathology	Not Required
Pediatric Sports Medicine	Required
Pediatric Surgical Oncology	Not Required
Pediatric Surgical Physician Assistant	Not Required
Pediatric Transplant Hepatology Nurse Practitioner	Not Required
Pediatric Transplant Surgery	Not Required
Pediatric Urology	Required

Specialty

Referral Requirement

Pediatric Urology Nurse Practitioner	Not Required
Pediatrics Nurse Practitioner	Not Required
Perinatal and Fetal Cardiology	Not Required
Perinatal Nurse Practitioner	Not Required
Periodontics	Not Required
Peripheral Nerve Neurosurgery	Required
Pharmacist	Not Required
Phlebology	Not Required
Physiatry	Not Required
Physical Therapy	Not Required
Physician Assistant	Not Required
Physiology	Not Required
Plastic Surgery	Required
Plastic Surgery Nurse Practitioner	Not Required
Plastic Surgery Physician Assistant	Not Required
Plastics Podiatry	Required
Podiatric Foot and Ankle Surgery	Required
Podiatry	Required
Podiatry Nurse Practitioner	Not Required
Preventive Medicine and Public Health Nurse Practitioner	Not Required
Preventive Medicine/Occupational Environmental Medicine Physician	Not Required
Primary Care Nurse Practitioner	Not Required

Specialty

Referral Requirement

Primary Care Physician Assistant	Not Required
Procedural Dermatology	Not Required
Prosthetics	Not Required
Prosthodontics	Not Required
Psychiatry	Not Required
Psychiatry Nurse Practitioner	Not Required
Psychiatry Physician Assistant	Not Required
Psychoanalysis	Not Required
Psychology	Not Required
Psychosomatic Psychiatry	Not Required
Pulmonary Hypertension	Required
Pulmonary Rehabilitation	Not Required
Pulmonology	Required
Pulmonology Nurse Practitioner	Not Required
Pulmonology Physician Assistant	Not Required
Radiation Oncology	Not Required
Radiation Oncology Nurse Practitioner	Not Required
Radioisotopic Pathology	Not Required
Radiology	Not Required
Rearfoot/Ankle Reconstruction Podiatry	Required
Rearfoot/Ankle Trauma Podiatry	Required
Reconstructive Urology	Required
Rehabilitation Counseling	Not Required
Reproductive Endocrinology	Not Required

Specialty

Referral Requirement

Reproductive Endocrinology Nurse Practitioner	Not Required
Respiratory Therapy	Not Required
Rheumatology	Required
Rheumatology Nurse Practitioner	Not Required
Rheumatology Physician Assistant	Not Required
Rhinology	Required
Rhinoscopy Allergy	Required
Sarcoma	Not Required
School Nurse Practitioner	Not Required
Skull base Neurosurgery	Required
Sleep Medicine (Family Medicine) Physician	Not Required
Sleep Medicine Nurse Practitioner	Not Required
Sleep Medicine Physician Assistant	Not Required
Sleep Medicine Pulmonology	Required
Sleep Neurology	Required
Social Worker	Not Required
Speech-Language Assistant	Not Required
Speech-Language Pathologist	Not Required
Speech/Language/Hearing Specialist/Technologist	Not Required
Spinal Cord Injury Physiatry	Not Required
Spine Neurosurgery	Required
Sports Medicine	Required
Sports Neurology	Required
Structural Interventional Cardiology	Required

Specialty

Referral Requirement

Surgical Critical Care Nurse Practitioner	Not Required
Surgical Endoscopy	Required
Surgical Nurse Practitioner	Not Required
Surgical Pediatrics Nurse Practitioner	Not Required
Surgical Physician Assistant	Not Required
Telemedicine	Not Required
Thoracic Oncology	Not Required
Thoracic Surgery (Cardiothoracic Vascular Surgery) Physician	Required
Thoracic Surgery Nurse Practitioner	Not Required
Thoracic Surgery Physician Assistant	Not Required
Transplant Hepatology	Not Required
Transplant Nephrology	Not Required
Transplant Surgery	Not Required
Trauma Neurosurgery	Required
Traumatic brain injury/Stroke Physiatry	Not Required
Travel Medicine	Required
Tuberculosis	Required
Ultrasound Rheumatology	Required
Unclassified Individual	Not Required
Urogynecology	Not Required
Urologic Oncology	Not Required
Urology	Required
Urology Nurse Practitioner	Not Required
Urology Physician Assistant	Not Required

Specialty

Referral Requirement

Uveitis and Ocular Immunology	Required
Vascular Surgery	Required
Vascular Surgery Nurse Practitioner	Not Required
Vascular Surgery Physician Assistant	Not Required
Vascular/Stroke Neurology	Required
Vasculitis Rheumatology	Required
Virtual Primary Care	Not Required
Vision Therapy	Not Required
Vitreoretinal Surgery	Required
Women's Health Nurse Practitioner	Not Required
Wound Care Podiatry	Required