



Oscar Population Health Programs

Oscar offers a number of Population Health programs designed to:

1. Keep Oscar members healthy
2. Improve clinical outcomes across settings
3. Support members with emerging clinical risk
4. Support members with multiple chronic illnesses

If you think you may be eligible for or benefit from any of the following programs, or if you just want to learn more, you can do so by sending a secure message to your Concierge team at hioscar.com or in the Oscar app, or by calling 1-855-672-2755.

(1) Prevention and Screening

What is it?

Our Prevention and Screening initiatives ensure members are informed of evidence-based, recommended preventive care services.

Who is eligible?

Eligibility depends on the specific Prevention / Screening initiative and is based on United States Preventive Services Task Force (USPSTF) criteria:

Prevention/Screening	Eligible Members
Biennial mammography screening	Women ages 50-74, based on USPSTF criteria, who do not meet certain exclusion criteria (e.g., history of breast cancer, mastectomy)
Colorectal cancer screening	Adults ages 50-75, based on USPSTF criteria, who don't meet certain exclusion criteria (e.g., history of colorectal cancer, total colectomy)
Appropriate vaccinations	Children turning 2 or 13 by the end of the year
Step tracking incentives	All adults
Cervical cancer screening	Women ages 21-64, based on USPSTF criteria, who do not meet certain exclusion criteria (e.g., hysterectomy)
Sexually transmitted infection (STI) testing	Women ages 16-24, based on USPSTF criteria, who are not pregnant
Pediatric wellness exams	Children ages 3-17, identified based on Weight Assessment and Counseling for Nutrition and Physical Activity
Influenza vaccination	All adults
HbA1c testing	Adults ages 18-75, identified as having type 1 or type 2 diabetes



How does it work?

Eligible members per Prevention / Screening initiative may receive communication from Oscar Nurse Case Managers via mail, phone, or secure message.

(2) Concierge Case Management

What is it?

Concierge Case Management supports members in managing chronic conditions, reducing barriers to care and finding appropriate in-network care.

Who is eligible?

Any Oscar member is eligible for Concierge Case Management.

How does it work?

For certain members, Oscar Nurse Case Managers may reach out directly by phone or secure message to initiate Case Management activities.

(3) Discharge planning

What is it?

Through Discharge Planning, Concierge teams work to effectively transition members home after Hospital stays.

Who is eligible?

Any member who is admitted to a hospital is eligible for Discharge Planning.

How does it work?

Oscar Nurse Case Managers will reach out directly to members and hospital staff to coordinate Discharge Planning activities.

To discuss any planned upcoming hospital stay and/or a recent hospital stay with a Nurse Case Manager, reach out to your Concierge team.



(4) Complex Case Management

What is it?

Complex Case Management (CCM) involves systematic coordination for members who need the most support navigating the healthcare system.

Who is eligible?

Members who meet certain thresholds for utilization and condition complexity are reviewed by an Oscar clinician for participation in CCM. Eligibility is based on an informed clinical judgement by a CCM clinician about whether the member can benefit from CCM services.

How does it work?

Oscar's Complex Case Management team will reach out directly to eligible members and their physicians, facilities, and vendors to kick off the enrollment process. Enrollment involves a comprehensive assessment of the member's condition, determination of available benefits and resources, and development and implementation of a case management plan with performance goals, monitoring and follow-up.

(5) Immediate Care

What is it?

Immediate Care activities aim to reduce low-value Emergency Room (ER) usage.

Who is eligible?

All Oscar members are eligible for some form of Immediate Care intervention.

How does it work?

Oscar Concierge teams will reach out to members directly via mail, email, secure message and/or phone proactively and reactively for members who visit the ER.

For all of the above programs, Oscar considers all eligible members as 'participating' unless the member specifically declines engagement or asks to 'opt out.'

If you do want to opt out, you can do so by sending a secure message to your Concierge team at hioscar.com or in the Oscar app, or by calling 1-855-672-2755.