



HMO Guided Care

Referral Exclusions List

Here's a list of all the care and specialties that don't require you to get a referral before your visit.

Servicing PCPs

Services from PCPs (must be designated as a PCP for this exception to apply)

Place of Service

Inpatient

Observation

Post acute, including

Long term acute care facility

Acute rehabilitation facility

Skilled nursing facility

Hospice care

Urgent / Emergent Care

Emergency room

Emergency ambulance

Physician services for emergency/unscheduled admissions or emergency ambulance services

Practitioner or specialist care received in an urgent care center, an emergency room or while admitted to the hospital setting regardless of IP/OBS status

Urgent care centers

Convenience care clinics (e.g. minute clinics)

OB/GYNs

Services from network OB/GYNs including but not limited to:

Newborn care

Pre / postnatal Care

Perinatologist

Maternal Fetal Medicine

Mental Health

Services rendered for mental/behavioral health disorders/substance abuse/addiction services from network behavioral health clinicians

Rx

Any Rx administered via the pharmacy benefit

Physician administered drugs (e.g., chemo)

Specific Specialties from the network

Pathologist

Radiologist

Anesthesiologist

Neonatologist

Dermatologist

Assisting surgeon, co-surgeon (provided at least one surgeon has a referral) or team surgeon (provided at least one surgeon has a referral)

Preventative Care

Including but not limited to

- Vision screening
- Hearing screening
- Vaccinations
- Colorectal cancer screening
- Mammogram
- Pap smear

Non-Physician Services

- Durable medical equipment (DME)
- Prosthetic devices
- Hearing aids
- Outpatient lab
- X-ray or diagnostics
- Physical therapy
- Speech therapy
- Occupational therapy
- Pulmonary rehabilitation services
- Cardiac rehabilitation services
- Home health services
- Hemodialysis
- Non emergent transportation

Regulatory

Network services for which applicable laws do not require a referral (state specific):

- Dermatology (Florida and Georgia only)
- Chiropractor (Arizona only)
- Indian health services

