

Social Determinants of Health

These are social diagnoses and barrier situations identified by providers. Improving documentation of SDOH may not only allow for patient-centered care that meets the social needs of an individual but may also inform population-wide approaches to address social needs and reduce disparities.

ICD-10 CODES

Z55.0 Illiteracy and low-level literacy	Z60.2 Problems related to living alone
Z55.1 Schooling unavailable and unattainable	Z60.3 Acculturation difficulty
Z55.2 Failed school examinations	Z60.4 Social exclusion and rejection
Z55.3 Underachievement in school	Z60.5 Target of (perceived) adverse discrimination and persecution
Z55.4 Educational maladjustment & discord w teachers & classmates	Z60.8 Other problems related to social environment
Z55.5 Less than a high school diploma	Z60.9 Problem related to social environment, unspecified
Z55.6 Problems related to health literacy	Z62.0 Inadequate parental supervision and control
Z55.8 Other problems related to education and literacy	Z62.1 Parental overprotection
Z55.9 Problems related to education and literacy, unspecified	Z62.21 Child in welfare custody
Z56.0 Unemployment, unspecified	Z62.22 Institutional upbringing
Z56.1 Change of job	Z62.23 Child in custody of non-parental relative
Z56.2 Threat of job loss	Z62.24 Child in custody of non-relative guardian
Z56.3 Stressful work schedule	Z62.29 Other upbringing away from parents
Z56.4 Discord with boss and workmates	Z62.3 Hostility towards and scapegoating of child
Z56.5 Uncongenial work environment	Z62.6 Inappropriate (excessive) parental pressure
Z56.6 Other physical and mental strain related to work	Z62.81x Personal history of abuse in childhood
Z56.8x Other problem related to employment	Z62.82x Parent-child conflict
Z56.9 Unspecified problems related to employment	Z62.83x Non-parental relative or guardian-child conflict
Z57.0 Occupational exposure to noise	Z62.89x Other specified problems related to upbringing
Z57.1 Occupational exposure to radiation	Z62.9 Problem related to upbringing, unspecified
Z57.2 Occupational exposure to dust	Z63.0 Problems in relationship with spouse or partner
Z57.3x Occupational exposure to other air contaminants	Z63.1 Problems in relationship with in-laws
Z57.4 Occupational exposure to toxic agents in agriculture	Z63.3x Absence of family member
Z57.5 Occupational exposure to toxic agents in other industries	Z63.4 Disappearance and death of family member
Z57.6 Occupational exposure to extreme temperature	Z63.5 Disruption of family by separation and divorce
Z57.7 Occupational exposure to vibration	Z63.6 Dependent relative needing care at home
Z57.8 Occupational exposure to other risk factors	Z63.7x Other stressful life events affecting family and household
Z57.9 Occupational exposure to unspecified risk factor	Z63.8 Other specified problems related to primary support group
Z58.6 Inadequate drinking-water supply	Z63.9 Problem related to primary support group, unspecified
Z58.8x Other problems related to physical environment	Z64.0 Problems related to unwanted pregnancy
Z59.0x Homelessness	Z64.1 Problems related to multiparity
Z59.1x Inadequate housing	Z64.4 Discord with counselors
Z59.2 Discord with neighbors, lodgers and landlord	Z65.0 Conviction in civil & criminal proceedings w/o imprisonment
Z59.3 Problems related to living in residential institution	Z65.1 Imprisonment and other incarceration
Z59.4x Lack of adequate food	Z65.2 Problems related to release from prison
Z59.5 Extreme poverty	Z65.3 Problems related to other legal circumstances
Z59.6 Low income	Z65.4 Victim of crime and terrorism
Z59.7x Insufficient social insurance and welfare support	Z65.5 Exposure to disaster, war and other hostilities
Z59.8xx Other problems related to housing and economic circumstances	Z65.8 Oth problems related to psychosocial circumstances
Z59.9 Problem related to housing and economic circumstances, unspecified	Z65.9 Problem related to unspecified psychosocial circumstances
Z60.0 Problems of adjustment to life-cycle transitions	

BEST PRACTICES & TIPS

- SDOH should be addressed at **each** patient encounter and any relevant barriers that may impact care should be documented.
- Documentation of social information from case managers, social workers, community health workers, or nurses, **can be** used to determine SDOH. When identified, these social factors should be documented by the provider.
- Patient self-reported documentation **may be used** to assess social determinants of health, as long as the patient self-reported information is **signed-off** by and incorporated into the encounter note.
- When Social Determinants of Health are identified, they should be documented because these have the potential to significantly influence a person's health outcomes beyond medical care.



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