

## CLINICAL DOCUMENTATION

# Pregnancy: Complications and Maternal Health

Maternal health significantly impacts pregnancy outcomes. A mother's physical and mental well-being during pregnancy can influence the health and development of the fetus, as well as her own health and well-being. Maternal health issues can lead to complications during pregnancy, labor, and delivery, and can also affect the long-term health of both the mother and child.

## ICD-10 CODE CATEGORIES

- Hemorrhage in Pregnancy
- Complications Derived from Pregnancy
- Acute Embolisms in pregnancy
- Breast Complications in Pregnancy
- Maternal Health Complicating Pregnancy

## DOCUMENTATION ACRONYMS

### DEEP Diagnosis Elements

Include elements of DEEP in documentation to clinically support a pregnancy and any complications.

**Diagnosis:** Pregnancy

**Evidence:** 33 y.o F presents for 32 week, 2 days gestation based on LMP, complains of increased neuropathy in hands and worsening rash on legs

**Evaluation:** Neuritis and maternal dermatitis in pregnancy, third trimester

**Plan:** Return for follow up in 2 weeks, monitor for worsening symptoms, both likely to resolve after delivery

### Final Assessment Details

Include DSP for each addressed condition impacting treatment and patient care.

**Diagnosis:**

#### Pregnancy

- Weeks gestation
- LMP, EDD

**Status:**

#### Complications of Pregnancy

- Pregnancy induced conditions
- Maternal health factors

**Plan:**

- Complication treatment
- Maternal health management
- Symptom management
- Pregnancy monitoring

## BEST PRACTICES & TIPS

- **Specificity is key!** Always indicate the weeks gestation, estimated delivery date, any risk factors, and use verbiage to specify any complications of the pregnancy.
- When documenting a pregnancy be sure to **document all factors** to get a complete picture of the patients' health status.
- DSP should be applied for pregnancy **as well as** for the resulting outcome. Status should be apparent by identifying the weeks gestation and any pregnancy events and risks.
- Documentation should **always include DEEP elements** for pregnancy to show clinical evidence of any complications and secondary conditions. Incorporate history, tests, imaging, signs and symptoms and document any and all associated treatments.
- Confirmation should be found within the documentation representing the **exact complications of the pregnancy** and the resulting outcome.

### ICD-10 CODES

#### Hemorrhage in Pregnancy:

- O20.0** Threatened abortion
- O20.8** Other hemorrhage in early pregnancy
- O20.9** Hemorrhage in early pregnancy, unspecified

#### Complications Derived from Pregnancy:

**Final digit for codes below represents the trimester of the pregnancy**

1: First Trimester  
2: Second Trimester  
3: Third Trimester

- O21.0** Mild hyperemesis gravidarum
- O21.1** Hyperemesis gravidarum with metabolic disturbance
- O21.2** Late vomiting of pregnancy
- O21.8** Other vomiting complicating pregnancy
- O21.9** Vomiting of pregnancy, unspecified
- O22.0-** Varicose veins of lower extremity in pregnancy
- O22.1-** Genital varices in pregnancy
- O22.2-** Superficial thrombophlebitis in pregnancy
- O22.3-** Deep phlebothrombosis in pregnancy
- O22.4-** Hemorrhoids in pregnancy
- O22.5-** Cerebral venous thrombosis in pregnancy
- O22.8X-** Other venous complications in pregnancy
- O22.9-** Venous complication in pregnancy
- O23.0-** Infections of kidney in pregnancy
- O23.1-** Infections of bladder in pregnancy
- O23.2-** Infections of urethra in pregnancy
- O23.3-** Infections of other parts of urinary tract in pregnancy
- O23.4-** Unspecified infection of urinary tract in pregnancy
- O23.51-** Infection of cervix in pregnancy
- O23.52-** Salpingo-oophoritis in pregnancy
- O23.59-** Infection of other part of genital tract in pregnancy
- O23.9-** Unspecified genitourinary tract infection in pregnancy
- O25.1-** Malnutrition in pregnancy
- O26.0-** Excessive weight gain in pregnancy
- O26.1-** Low weight gain in pregnancy
- O26.2-** Pregnancy care with recurrent pregnancy loss
- O26.3-** Retained IUD in pregnancy
- O26.4-** Herpes gestationis
- O26.5-** Maternal hypotension syndrome
- O26.61-** Liver and biliary tract disorders in pregnancy
- O26.64-** Intrahepatic cholestasis of pregnancy
- O26.71-** Subluxation of symphysis (pubis) in pregnancy
- O26.81-** Pregnancy related exhaustion and fatigue
- O26.82-** Pregnancy related peripheral neuritis

- O26.83-** Pregnancy related renal disease
- O26.84-** Uterine size-date discrepancy
- O26.85-** Spotting complicating pregnancy
- O26.86** Pruritic urticarial papules of pregnancy (PUPPP)
- O26.87-** Cervical shortening
- O26.89-** Other specified pregnancy related conditions
- O26.9-** Pregnancy related conditions, unspecified
- O28.0** Abnormal hematological finding on antenatal screening
- O28.1** Abnormal biochemical finding on antenatal screening
- O28.2** Abnormal cytological finding on antenatal screening
- O28.3** Abnormal ultrasonic finding on antenatal screening
- O28.4** Abnormal radiological finding on antenatal screening
- O28.5** Abnormal chromosomal and genetic finding of mother
- O28.8** Other abnormal findings on antenatal screening
- O28.9** Unspecified abnormal findings on antenatal screening
- Z33.3** Pregnant state, gestational carrier

#### Acute Embolisms in Pregnancy:

**Final digit for codes below represents the trimester of the pregnancy**

1: First Trimester  
2: Second Trimester  
3: Third Trimester

- O88.01-** Air embolism in pregnancy
- O88.11-** Amniotic fluid embolism in pregnancy
- O88.21-** Thromboembolism in pregnancy.
- O88.31-** Pyemic and septic embolism in pregnancy
- O88.81-** Other embolism in pregnancy

#### Breast Complications in Pregnancy:

**Final digit for codes below represents the trimester of the pregnancy**

1: First Trimester  
2: Second Trimester  
3: Third Trimester

- O91.01-** Infection of nipple associated with pregnancy
- O91.11-** Abscess of breast associated with pregnancy
- O91.21-** Nonpurulent mastitis associated with pregnancy
- O92.01-** Retracted nipple associated with pregnancy
- O92.11-** Cracked nipple associated with pregnancy
- O92.20** Unspecified disorder of breast associated with pregnancy and the puerperium
- O92.29** Other disorders of breast associated with pregnancy and the puerperium

## CLINICAL DOCUMENTATION

### ICD-10 CODES

#### Maternal Health Complicating Pregnancy:

Final digit for codes below represents the trimester of the pregnancy
1: First Trimester 2: Second Trimester 3: Third Trimester

- O98.01-** Tuberculosis complicating pregnancy
- O98.11-** Syphilis complicating pregnancy
- O98.21-** Gonorrhea complicating pregnancy
- O98.31-** Other infections with a predominantly sexual mode of transmission complicating pregnancy
- O98.41-** Viral hepatitis complicating pregnancy
- O98.51-** Other viral diseases complicating pregnancy
- O98.61-** Protozoal diseases complicating pregnancy
- O98.71-** Human immunodeficiency virus [HIV] disease complicating pregnancy
- O98.81-** Other maternal infectious and parasitic diseases complicating pregnancy
- O98.91-** Unspecified maternal infectious and parasitic disease complicating pregnancy
- O99.01-** Anemia complicating pregnancy
- O99.11-** Other diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism complicating pregnancy
- O99.21-** Obesity complicating pregnancy
- O99.28-** Endocrine, nutritional and metabolic diseases complicating pregnancy
- O99.31-** Alcohol use complicating pregnancy
- O99.32-** Drug use complicating pregnancy
- O99.33-** Smoking (tobacco) complicating pregnancy
- O99.341-** Other mental disorders complicating pregnancy
- O99.35-** Diseases of the nervous system complicating pregnancy
- O99.41-** Diseases of the circulatory system complicating pregnancy
- O99.51-** Diseases of the respiratory system complicating pregnancy
- O99.61-** Diseases of the digestive system complicating pregnancy
- O99.71-** Diseases of the skin and subcutaneous tissue complicating pregnancy
- O99.810** Abnormal glucose complicating pregnancy
- O99.820** Streptococcus B carrier state complicating pregnancy
- O99.830** Other infection carrier state complicating pregnancy
- O99.84-** Bariatric surgery status complicating pregnancy
- O99.891** Other specified diseases and conditions complicating pregnancy
- O9A.11-** Malignant neoplasm complicating pregnancy
- O9A.21-** Injury, poisoning and certain other consequences of external causes complicating pregnancy
- O9A.31-** Physical abuse complicating pregnancy
- O9A.41-** Sexual abuse complicating pregnancy
- O9A.51-** Psychological abuse complicating pregnancy



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