

## CLINICAL DOCUMENTATION

# Pregnancy: Postpartum Conditions

Postpartum status is the time immediately following childbirth for the succeeding 6 weeks. Many conditions can arise in this time, as well as conditions that are continuous from pregnancy that necessitate care.

## ICD-10 CODE CATEGORIES

- Hypertensive and Diabetic Complications
- Pregnancy Derived Complications
- Postpartum Infections
- Venous complications in postpartum
- Puerperal Embolisms
- Anesthesia Complications
- Wound Complications
- Postpartum Specific Complications
- Breast complications
- Maternal Health in Postpartum

## DOCUMENTATION ACRONYMS

### DEEP Diagnosis Elements

Include elements of DEEP in documentation to clinically support postpartum status and any complications.

Diagnosis: Pregnancy

Evidence: 33 y.o F presents for 1 week follow up after delivery of single liveborn on MM/DD/YY. Current labs show anemia and patient complains of cracked left nipple

Evaluation: Postpartum anemia and cracked nipple related to postpartum status

Plan: Return for follow up in 1 week with repeat CBC, start OTC nipple cream and recheck at next visit

### Final Assessment Details

Include DSP for each addressed condition impacting treatment and patient care.

Diagnosis:

#### Pregnancy

- Weeks gestation
- LMP, EDD

Status:

#### Delivery Date

- Postpartum Conditions
- Continuing Pregnancy Complications

Plan:

- Complication treatment
- Symptom management
- Maternal Health monitoring

## BEST PRACTICES & TIPS

- **Specificity is key!** Always indicate the delivery date, gestational age at delivery, any risk factors, and use verbiage to solidify any current complications.
- When documenting a postpartum status be sure to **document all factors** to get a complete picture of the patients' health status.
- DSP should be applied for the postpartum status **as well as** for the resulting complications. Status should be apparent by identifying the weeks gestation any pregnancy events and non-resolved pregnancy complications.
- Postpartum status must be documented for 6 weeks after the date of delivery.

## BEST PRACTICES & TIPS

### Hypertensive and Diabetic Complications:

- O10.03** Pre-existing HTN complicating the puerperium
- O10.13** Pre-existing hypertensive heart disease complicating the puerperium
- O10.23** Pre-existing hypertensive CKD complicating the puerperium
- O10.33** Pre-existing hypertensive heart and CKD complicating the puerperium
- O10.43** Pre-existing secondary HTN complicating the puerperium
- O10.93** Unspecified pre-existing HTN complicating the puerperium
- O11.5** Pre-existing hypertension with pre-eclampsia, complicating the puerperium
- O12.05** Gestational edema, complicating the puerperium
- O12.15** Gestational proteinuria, complicating the puerperium
- O12.25** Gestational edema with proteinuria, complicating the puerperium
- O13.5** Gestational [pregnancy-induced] hypertension without significant proteinuria, complicating the puerperium
- O14.05** Mild to moderate pre-eclampsia, complicating the puerperium
- O14.15** Severe pre-eclampsia, complicating the puerperium
- O14.25** HELLP syndrome, complicating the puerperium
- O14.95** Unspecified pre-eclampsia, complicating the puerperium
- O15.2** Eclampsia complicating the puerperium
- O16.5** Unspecified maternal hypertension, complicating the puerperium
- O24.03** Pre-existing type 1 diabetes mellitus, in the puerperium
- O24.13** Pre-existing type 2 diabetes mellitus, in the puerperium
- O24.33** Unspecified pre-existing diabetes mellitus in the puerperium
- O24.430** Gestational diabetes mellitus in puerperium, diet controlled
- O24.434** Gestational diabetes mellitus in puerperium, insulin controlled
- O24.435** Gestational diabetes mellitus in puerperium, controlled by oral hypoglycemic drugs
- O24.439** Gestational diabetes mellitus in puerperium, unspecified control
- O24.83** Other pre-existing diabetes mellitus in the puerperium
- O24.93** Unspecified diabetes mellitus in the puerperium

### Pregnancy Derived Complications:

- O25.3** Malnutrition in the puerperium
- O26.73** Subluxation of symphysis (pubis) in the puerperium

### Postpartum Infections:

- O85** Puerperal sepsis
- O86.00** Infection of obstetric surgical wound, unspecified
- O86.01** Infection of obstetric surgical wound, superficial incisional site
- O86.02** Infection of obstetric surgical wound, deep incisional site

- O86.03** Infection of obstetric surgical wound, organ and space site
- O86.04** Sepsis following an obstetrical procedure
- O86.09** Infection of obstetric surgical wound, other surgical site
- O86.11** Cervicitis following delivery
- O86.12** Endometritis following delivery
- O86.13** Vaginitis following delivery
- O86.19** Other infection of genital tract following delivery
- O86.20** Urinary tract infection following delivery, unspecified
- O86.21** Infection of kidney following delivery
- O86.22** Infection of bladder following delivery
- O86.29** Other urinary tract infection following delivery
- O86.4** Pyrexia of unknown origin following delivery
- O86.81** Puerperal septic thrombophlebitis
- O86.89** Other specified puerperal infection

### Venous complications in postpartum:

- O87.0** Superficial thrombophlebitis in the puerperium
- O87.1** Deep phlebothrombosis in the puerperium
- O87.2** Hemorrhoids in the puerperium
- O87.3** Cerebral venous thrombosis in the puerperium
- O87.4** Varicose veins of lower extremity in the puerperium
- O87.8** Other venous complications in the puerperium
- O87.9** Venous complication in the puerperium, unspecified

### Puerperal Embolisms:

- O88.03** Air embolism in the puerperium
- O88.23** Thromboembolism in the puerperium
- O88.33** Pyemic and septic embolism in the puerperium
- O88.83** Other embolism in the puerperium
- O88.83** Other embolism in the puerperium

### Anesthesia Complications:

- O89.01** Aspiration pneumonitis due to anesthesia during the puerperium
- O89.09** Other pulmonary complications of anesthesia during the puerperium
- O89.1** Cardiac complications of anesthesia during the puerperium
- O89.2** Central nervous system complications of anesthesia during the puerperium
- O89.3** Toxic reaction to local anesthesia during the puerperium
- O89.4** Spinal and epidural anesthesia-induced headache during the puerperium
- O89.5** Other complications of spinal and epidural anesthesia during the puerperium
- O89.6** Failed or difficult intubation for anesthesia during the puerperium
- O89.8** Other complications of anesthesia during the puerperium
- O89.9** Complication of anesthesia during the puerperium, unspecified

### Wound Complications:

- O90.0** Disruption of cesarean delivery wound
- O90.1** Disruption of perineal obstetric wound
- O90.2** Hematoma of obstetric wound

### BEST PRACTICES & TIPS

#### Postpartum Specific Complications:

- O90.3** Peripartum cardiomyopathy
- O90.41** Hepatorenal syndrome following labor and delivery
- O90.49** Other postpartum acute kidney failure
- O90.5** Postpartum thyroiditis
- O90.6** Postpartum mood disturbance
- O90.81** Anemia of the puerperium
- O90.89** Other complications of the puerperium, not elsewhere classified
- O90.9** Complication of the puerperium, unspecified

#### Breast complications:

- O91.02** Infection of nipple associated with the puerperium
- O91.12** Abscess of breast associated with the puerperium
- O91.22** Nonpurulent mastitis associated with the puerperium
- O92.02** Retracted nipple associated with the puerperium
- O92.12** Cracked nipple associated with the puerperium
- O92.20** Unspecified disorder of breast associated with pregnancy and the puerperium
- O92.29** Other disorders of breast associated with pregnancy and the puerperium

#### Maternal Health in Postpartum:

- O94** Sequelae of complication of pregnancy, childbirth, and the puerperium
- O98.03** Tuberculosis complicating the puerperium
- O98.13** Syphilis complicating the puerperium
- O98.23** Gonorrhea complicating the puerperium
- O98.33** Other infections with a predominantly sexual mode of transmission complicating the puerperium
- O98.43** Viral hepatitis complicating the puerperium
- O98.53** Other viral diseases complicating the puerperium
- O98.63** Protozoal diseases complicating the puerperium
- O98.73** Human immunodeficiency virus [HIV] disease complicating the puerperium
- O98.83** Other maternal infectious and parasitic diseases complicating the puerperium

- O98.93** Unspecified maternal infectious and parasitic disease complicating the puerperium
- O99.03** Anemia complicating the puerperium
- O99.13** Other diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism complicating the puerperium
- O99.215** Obesity complicating the puerperium
- O99.285** Endocrine, nutritional and metabolic diseases complicating the puerperium
- O99.315** Alcohol use complicating the puerperium
- O99.325** Drug use complicating the puerperium
- O99.335** Smoking (tobacco) complicating the puerperium
- O99.345** Other mental disorders complicating the puerperium
- O99.355** Diseases of the nervous system complicating the puerperium
- O99.43** Diseases of the circulatory system complicating the puerperium
- O99.53** Diseases of the respiratory system complicating the puerperium
- O99.63** Diseases of the digestive system complicating the puerperium
- O99.73** Diseases of the skin and subcutaneous tissue complicating the puerperium
- O99.815** Abnormal glucose complicating the puerperium
- O99.825** Streptococcus B carrier state complicating the puerperium
- O99.835** Other infection carrier state complicating the puerperium
- O99.845** Bariatric surgery status complicating the puerperium
- O99.893** Other specified diseases and conditions complicating puerperium
- O9A.13** Malignant neoplasm complicating the puerperium
- O9A.23** Injury, poisoning and certain other consequences of external causes complicating the puerperium
- O9A.33** Physical abuse complicating the puerperium
- O9A.43** Sexual abuse complicating the puerperium
- O9A.53** Psychological abuse complicating the puerperium



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