

# COPD, Emphysema and Chronic Bronchitis

Chronic bronchitis, chronic obstructive pulmonary disease (COPD), and emphysema, are grouped into the chronic lower respiratory disease group, which affects the bronchus and lungs. These conditions comprise some of the leading causes of death in the U.S. A vast majority of these illnesses are attributable to cigarette smoking, although other risk factors include environmental exposures and genetic predisposition.

## ICD-10 CODES

**J40** Bronchitis, not specified as acute or chronic

- Bronchitis NOS
- Bronchitis with tracheitis NOS
- Catarrhal bronchitis
- Tracheobronchitis NOS

**J41.0** Simple chronic bronchitis

**J41.1** Mucopurulent chronic bronchitis

**J41.8** Mixed simple and mucopurulent chronic bronchitis

**J42** Unspecified chronic bronchitis

- Chronic bronchitis NOS
- Chronic tracheitis
- Chronic tracheobronchitis

**J43.0** Unilateral pulmonary emphysema

- MacLeod's syndrome
- Sawyer-James syndrome
- Unilateral emphysema
- Unilateral hyperlucent lung
- Unilateral pulmonary artery functional hypoplasia
- Unilateral transparency of lung

**J43.1** Panlobular emphysema

- Panacinar emphysema

**J43.2** Centrilobular emphysema

**J43.8** Other emphysema

**J43.9** Emphysema, unspecified

- Bullous emphysema (lung)(pulmonary)
- Emphysema (lung)(pulmonary) NOS
- Emphysematous bleb
- Vesicular emphysema (lung)(pulmonary)

**J44.0** Chronic obstructive pulmonary disease with (acute) lower respiratory infection

**J44.1** Chronic obstructive pulmonary disease with (acute) exacerbation

**J44.81** Bronchiolitis obliterans and bronchiolitis obliterans syndrome

**J44.89** Other specified chronic obstructive pulmonary disease

**J44.9** Chronic obstructive pulmonary disease, unspecified

## DOCUMENTATION ACRONYMS

### DEEP Diagnosis Elements

Include elements of DEEP in documentation to clinically support COPD.

**Diagnosis:** COPD

**Evidence:** Complaints of symptoms persisting, using daily inhaler, chronic productive cough

**Evaluation:** Chronic bronchitis

**Plan:** Start Advair daily, rtc 2 weeks

### Final Assessment Details

Include DSP for each addressed condition impacting treatment and patient care.

**Diagnosis:**

**COPD**

- Type
- Severity

**Status:**

**Acute**

- Without Exacerbation
- With Exacerbation

**Chronic**

- Without Exacerbation
- With Exacerbation

**Plan:**

- Medication Management
- PFT
- Trigger Avoidance

### BEST PRACTICES & TIPS

- **Specificity is key!** Always indicate the type & specificity of the disease as well as acute or chronic status and with or without exacerbation, or with secondary lower respiratory infections.
- When documenting lung disease and its severity, be sure to document **all compounding confirmed factors** to get a complete picture of the patients' health status.
- DSP should be applied for all diseases **as well as** for any lung diseases. Status should be apparent by using descriptive words to clarify the presence and severity of the illnesses. (Chronic, acute, symptomatic, mild, severe, newly identified, resolved, uncontrolled, etc.)
- Documentation should **always include DEEP elements** to show clinical evidence of chronic lung disease by incorporating tests, imaging results, and signs or symptoms. Document any associated treatment for the asthma, along with the final diagnosis.
- **Avoid** using terms such as “probable”, “suspected”, “likely”, “questionable”, “possible”, or “history of” with a confirmed and active diagnosis of obstructive lung disease.
- Documentation should contain the **most specified version** of the lung disease to ensure proper patient care. COPD is considered the least specific type in this group of diseases.



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