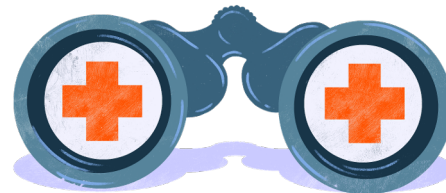


Get to know your basic Oscar benefits



Take advantage of all your plan offers to keep you feeling well

Oscar members have access to amazing benefits at a low cost (or no cost at all!).

Here are a few basic things to keep on your radar to make the most of your plan.



Support your health year-round with \$0 benefits

Preventive care: Book routine screenings, annual wellness visits, and flu shots. They help your primary care team understand your health and flag any issues early. It's super important.

Remember you also need a referral from your primary doctor for specialist visits, so it's great to start building a relationship with someone you trust as soon as possible.

24/7 Virtual Urgent Care:¹ Whenever you need quick, non-emergency care, you can skip waiting rooms (and big bills) with our online urgent care team. Just log into your Oscar account to request a visit. **Need a referral in a pinch?** We can help you with that!



Get the medications you need for \$3

Medications shouldn't cost an arm and a leg. So many meds for common conditions cost you less than a cup of coffee with Oscar. If you're prescribed a new medication, ask your provider if there's a \$3 option that works for you. Visit hioscar.com/3-dollar-list.² If you're currently on medication, you can also take a look at the list to see if the prescription needs prior authorization. If it does, reach out to your doctor first to get the ball rolling.



Focus on your mental health with Optum

A healthy mind nurtures a healthy life. We partner with Optum to offer lots of great mental health benefits — including virtual providers — to help you stay balanced no matter what comes your way.



Lean on local Oscar Community Resources

Getting what you need to stay healthy goes beyond medical care. The free Oscar Community Resources tool helps you find local programs and services for food, utilities, transportation, financial support and more. **Here's how to find what you need:**

- Go to [Oscar Community Resources](#)
- Enter your zip code
- See a variety of resources near you including food banks, transportation programs, rent assistance, etc.



Scan the code to explore more benefits now

oscar

¹Oscar's Virtual Urgent Care offerings are not available in US territories or internationally. If you have an HSA-compatible high-deductible health plan or a Secure plan, you won't be eligible for \$0 visits. Prescriptions, visits and services may be limited per provider discretion.²This list may not be available in NJ, or NY, on FL Off Exchange, Ohio Off Exchange plans, or on Catastrophic/Secure plans, Standard plans, or non-Cigna + Oscar Small Group plans.