

Hi, we're Oscar

Oscar Plan Brochure - Iowa
2026 Individual and Family Plans



oscar

Last Updated: September 2025

Hi, we're Oscar!



“We started Oscar in 2012 to create the kind of health insurance company we would want for ourselves — one that behaves like a doctor in the family.”

- Mario Schlosser, Co-Founder & Chief Technology Officer

LET'S GET TO KNOW EACH OTHER...

We're health insurance that actually works for you by making a healthier life accessible and affordable. We stand by your side no matter the question or the issue, so getting care is easy.

HERE'S HOW:



Low-cost medications¹

We talked to doctors and members to figure out how to reduce prescription costs for the most commonly prescribed meds! So you'll be able to afford what you need.



A team that has your back

You'll have the ongoing support of a Care Team, whose only job is to help you make the most of your plan. They can answer questions about whether a provider is in network, help coordinate your appointments, make sense of your bills, and much more.



Virtual care options that work around you

Get the help you need without leaving the couch. Just request a Virtual Urgent Care visit and a provider will be in touch in as little as 15 minutes. They can help you 24/7 with a diagnosis, new prescriptions, refills and more. Better yet, appointments are always \$0.²

¹ Please check state and plan benefits for the most up to date information.

³ Oscar's Virtual Urgent Care offerings are not available in US territories or internationally. If you have an HSA-compatible high-deductible health plan or a Secure plan, you won't be eligible for \$0 visits. Prescriptions, visits and services may be limited per provider discretion.

Let's talk basics

When you're shopping for a plan all the insurance terms can be confusing, but knowing the basics can help you make the right choice.

Maximum out-of-pocket

The maximum amount you'll pay for covered healthcare expenses during the year. It's sometimes called MOOP. After you meet this amount, your plan will pay for all of your covered medical expenses.

Copay

A fixed dollar amount you're responsible for paying for a covered service. For example, a \$35 co-pay means you'll pay \$35 with in-network providers.

Co-insurance/ Percentage Co-payment

How much you owe for a covered healthcare service or prescription, usually presented as a percentage. For example, a 50% coinsurance means you'll pay 50% of the cost of care with in-network providers.

Out-of-pocket

Any money you'll pay towards covered healthcare expenses – like deductible, copays and coinsurance.

Premium

The fixed monthly fee you'll pay for your health insurance plan.

Deductible

The amount you'll spend on certain covered services before your plan starts paying for your care.



Choosing your plan

Everyone is unique and looking for different things from their health insurance coverage. We get that. So our metal tiers and plans give you plenty of options that suit your specific budget and healthcare needs.

CHOOSING YOUR METAL TIER

There are 3 different metal tiers when it comes to our health plans: Bronze, Silver, and Gold. **You'll receive the same quality of care and the same benefits for all tiers.**

Bronze plan	Silver plan	Gold plan
		
Lower premium, higher out-of-pocket expenses 60% of covered health costs paid by Oscar, 40% paid by you Good choice if you don't expect to use your plan often, but still want coverage to protect you from very high costs	Moderate premium, moderate out-of-pocket expenses 70% of covered health costs paid by Oscar, 30% paid by you Cost share reductions available if you're eligible Good choice if you're willing to pay a slightly higher monthly premium and get more care covered	Higher premium, lower out-of-pocket expenses 80% of covered health costs paid Oscar, 20% paid by you Good choice if you need care often

CHOOSING YOUR PLAN SUITE

Within each tier there are 3 plan suites you can choose from. The plan suites range from Simple to Elite. The difference between them is the breakout of coinsurance and copays.

Simple	Classic	Elite
Lowest monthly premium More coinsurance based cost-shares Mostly available in Bronze and Silver metal tiers	Mid to high monthly premium Out-of-pocket costs will be a mix of coinsurance & copays For example, you may have a copay for labs and coinsurance for a hospital stay	Highest monthly premium More copay based cost-shares \$0 medical deductible

Plan Overview

In Iowa, Oscar offers EPO plans with a range of premiums, deductibles, cost shares, and plan types. This gives you flexibility to choose a plan that matches your unique needs.

WHAT DOES THIS MEAN?

EPO (Exclusive Provider Organization)

With a EPO plan, your health insurance kicks in for in-network provider visits. That means you can get great care from providers Oscar has partnered with to make care more affordable for you.

With EPO plans you don't need a referral from your primary care provider to visit a specialist. You can just book with them directly as long as they're in-network.

For example, lets say you are concerned about some stomach issues you are experiencing....

You can make an appointment to see an in-network gastroenterologist directly.

Find out more about the specific Oscar plans available by scanning the QR codes below:

Iowa

View plans available in your state by clicking [here](#) or scanning the QR code below.



Hospitals in Iowa

To view providers and doctors near you, visit hioscar.com/search or scan the QR code below.



Oscar Medical coverage is underwritten by Oscar Insurance Company and its affiliates. Administrative Services for all plans provided by Oscar Management Corporation. All insurance policies and group benefit plans contain exclusions and limitations. For availability, costs, and complete details of coverage, contact Oscar at 855-672-2788.



Chronic Condition Plans:

Managing a chronic illness? You deserve healthcare that's built to address your unique needs. Our plans are tailored to support people living with diabetes, respiratory illness, and so much more.

Because we're into keeping you healthy (and saving you money).



Simple Diabetes plan

A perfect fit if you're living with type 1 or type 2 diabetes. The plan includes an insulin out-of-pocket cap of \$100/month, \$0 PCP visits, fully covered diabetes-related labs, routine eye and foot exams, and more.



PCP Saver plans

Versatile plans to equip you for whatever life throws your way, featuring lower copays on PCP visits, low cost prescription drugs and \$0 Virtual Urgent Care. Ideal for those who need regular medication or want to keep primary care and prescription costs manageable.



Womens Health Plan with Menopause Benefits

Introducing the first and only menopause care plan on the market—designed to reduce costs and make high-quality care more accessible. Tailored for women 45+ who want real answers, real support, and real savings. Enjoy \$0 out-of-pocket costs on essential services, including OB-GYN visits, hormone replacement therapy (HRT), and DEXA scans.

Ready to sign up?



Visit us at hioscar.com/individuals



Call your broker



Visit healthcare.gov or your state's health insurance marketplace



What happens after you sign up?

Pay your first bill

Upon signing up you'll receive a welcome email from Oscar with information about your plan and payment. Once you pay your first bill, this counts as your first month's premium and activates your plan

Receive your Welcome Kit

This includes your ID card and handy tips to maximize your plan benefits

Create your online Oscar Account

Create an account via hioscar.com or Oscar's app to get 24/7 access to your digital ID card, bills, claims & benefits, and virtual care. Plus, unlock the ability to message your dedicated care team whenever you need



Enjoy peace of mind knowing we have your back.
You're never alone with Oscar.

oscar