

Sirturo (bedaquiline)

Disclaimer

Clinical guidelines are developed and adopted to establish evidence-based clinical criteria for utilization management decisions. Clinical guidelines are applicable according to policy and plan type. The Plan may delegate utilization management decisions of certain services to third parties who may develop and adopt their own clinical criteria.

Coverage of services is subject to the terms, conditions, and limitations of a member's policy, as well as applicable state and federal law. Clinical guidelines are also subject to in-force criteria such as the Centers for Medicare & Medicaid Services (CMS) national coverage determination (NCD) or local coverage determination (LCD) for Medicare Advantage plans. Please refer to the member's policy documents (e.g., Certificate/Evidence of Coverage, Schedule of Benefits, Plan Formulary) or contact the Plan to confirm coverage.

Summary

Multidrug-resistant tuberculosis (MDR-TB) is a form of tuberculosis (TB) caused by bacteria that are resistant to at least isoniazid and rifampin, two of the most potent first-line anti-TB drugs. MDR-TB is a significant global health concern, as it is more difficult to treat and has poorer outcomes compared to drug-susceptible TB. Treatment typically requires a combination of second-line drugs for 18-24 months or longer.

Sirturo (bedaquiline) is a diarylquinoline antimycobacterial drug that inhibits mycobacterial ATP synthase. It is FDA-approved as part of combination therapy for pulmonary MDR-TB in adults and pediatrics 2 years and older weighing at least 8 kilograms (kg). Sirturo (bedaquiline) should be used in conjunction with at least three (3) other drugs (e.g., fluoroquinolones, linezolid, pretomanid) to which the individual's TB isolate is susceptible.

Definitions

"Extensively drug-resistant tuberculosis (XDR-TB)" refers to MDR-TB with additional resistance to any fluoroquinolone (e.g., levofloxacin, moxifloxacin) and either bedaquiline or linezolid.

"Multidrug-resistant tuberculosis (MDR-TB)" is defined as tuberculosis caused by *Mycobacterium tuberculosis* strains that are resistant to at least isoniazid and rifampin.

Medical Necessity Criteria for Authorization

The Plan considers Sirturo (bedaquiline) medically necessary when ALL of the following criteria are met:

1. The medication is prescribed by or in consultation with an infectious disease specialist or pulmonologist; *AND*
2. The member is 2 years of age or older and weighs at least 8kg; *AND*
3. The member is being treated for drug-resistant tuberculosis infection, including:
 - a. multidrug-resistant (MDR) pulmonary tuberculosis (i.e., caused by *Mycobacterium tuberculosis* resistant to isoniazid and rifampin); *or*
 - b. extensively drug resistant (XDR) pulmonary tuberculosis (i.e., caused by *Mycobacterium tuberculosis* resistant to isoniazid, rifampin, any fluoroquinolone [e.g., levofloxacin, moxifloxacin], and at least one injectable antituberculosis agent [e.g., linezolid]); *AND*
4. The member has documentation of culture and susceptibility testing showing resistance to at least isoniazid and rifampin; *AND*
5. Will be used as part of a combination regimen with other antituberculosis agents.

If the above prior authorization criteria are met, the requested product will be authorized for up to 6-months.

Experimental or Investigational / Not Medically Necessary

Sirturo (bedaquiline) for any other indication or use is considered not medically necessary by the Plan, as it is deemed to be experimental, investigational, or unproven. Non-covered indications include, but are not limited to, the following:

- Treatment of latent tuberculosis infection. Sirturo (bedaquiline) is explicitly not approved for the management of latent tuberculosis infection (listed as a limitation of use in the manufacturer's limitation of use).
- Treatment of drug-sensitive tuberculosis. Sirturo (bedaquiline) is explicitly not approved for the management of drug-sensitive tuberculosis (listed as a limitation of use in the manufacturer's limitation of use).
- Treatment of extrapulmonary tuberculosis. Sirturo (bedaquiline) is explicitly not approved for the management of extrapulmonary tuberculosis infections (listed as a limitation of use in the manufacturer's limitation of use).
- Treatment of infections caused by nontuberculous mycobacteria (NTM). Sirturo (bedaquiline) is explicitly not approved for the management of nontuberculous mycobacteria (listed as a limitation of use in the manufacturer's limitation of use).

- Use in members under 2 years of age or weighing less than 8 kg. Sirturo (bedaquiline) has only been studied in those 2 years of age and older and those weighing at least 8 kg. There is insufficient data to support the safety and efficacy of Sirturo (bedaquiline) in those less than 2 years of age and those weighing less than 8 kg.
- Use as monotherapy for MDR-TB. Sirturo (bedaquiline) was explicitly approved as a combination therapy with additional agents for the management of MDR-TB. It has only been studied in combination with at least three (3) other drug therapies; there is insufficient data to support the safety and efficacy of Sirturo (bedaquiline) as monotherapy for the management of MDR-TB.

References

1. Centers for Disease Control and Prevention (CDC). Provisional CDC guidance for the use of pretomanid as part of a regimen [bedaquiline, pretomanid, and linezolid (BPAL)] to treat drug-resistant tuberculosis disease, updated February 8, 2024. Available at: <https://www.cdc.gov/tb/hcp/treatment/bpal.html>.
2. Cheraghi M, Amiri M, Andarzgoo S, et al. Bedaquiline and linezolid regimens for multidrug-resistant tuberculosis: a systematic review and meta-analysis. *J Bras Pneumol*. 2025 Mar 31;51(1):e20240391. doi: 10.36416/1806-3756/e20240391.
3. Conradie F, Bagdasaryan TR, Borisov S, Howell P, Mikiashvili L, Ngubane N, Samoilova A, Skornykova S, Tudor E, Variava E, Yablonskiy P, Everitt D, Wills GH, Sun E, Olugbosi M, Egizi E, Li M, Holsta A, Timm J, Bateson A, Crook AM, Fabiane SM, Hunt R, McHugh TD, Tweed CD, Foraida S, Mendel CM, Spigelman M; ZeNix Trial Team. Bedaquiline-Pretomanid-Linezolid Regimens for Drug-Resistant Tuberculosis. *N Engl J Med*. 2022 Sep 1;387(9):810-823. doi: 10.1056/NEJMoa2119430. PMID: 36053506; PMCID: PMC9490302.
4. Conradie F, Diacon AH, Ngubane N, Howell P, Everitt D, Crook AM, Mendel CM, Egizi E, Moreira J, Timm J, McHugh TD, Wills GH, Bateson A, Hunt R, Van Niekerk C, Li M, Olugbosi M, Spigelman M; Nix-TB Trial Team. Treatment of Highly Drug-Resistant Pulmonary Tuberculosis. *N Engl J Med*. 2020 Mar 5;382(10):893-902. doi: 10.1056/NEJMoa1901814. PMID: 32130813; PMCID: PMC6955640.
5. Diacon AH, Pym A, Grobusch MP, et al. Multidrug-resistant tuberculosis and culture conversion with bedaquiline. *N Engl J Med*. 2014 Aug 21;371(8):723-32. doi: 10.1056/NEJMoa1313865.
6. Esmail A, Sabur NF, Okpechi I, Dheda K. Management of drug-resistant tuberculosis in special sub-populations including those with HIV co-infection, pregnancy, diabetes, organ-specific dysfunction, and in the critically ill. *J Thorac Dis*. 2018 May;10(5):3102-3118. doi: 10.21037/jtd.2018.05.11. PMID: 29997980; PMCID: PMC6006072.
7. Fekadu G, Tolossa T, Bekele F, et al. Impact of all-oral bedaquiline-based shorter regimens in the treatment of drug-resistant tuberculosis: a systematic review and meta-analysis. *BMJ Glob Health*. 2025 Apr 7;10(4):e018220. doi: 10.1136/bmjgh-2024-018220.
8. Moodliar R, Aksenova V, Frias MVG, et al. Bedaquiline for multidrug-resistant TB in paediatric patients. *Int J Tuberc Lung Dis*. 2021 Sep 1;25(9):716-724. doi: 10.5588/ijtld.21.0022.
9. Nahid P, Dorman SE, Alipanah N, Barry PM, Brozek JL, Cattamanchi A, Chaisson LH, Chaisson RE, Daley CL, Grzemska M, Higashi JM, Ho CS, Hopewell PC, Keshavjee SA, Lienhardt C, Menzies R, Merrifield C, Narita M, O'Brien R, Peloquin CA, Raftery A, Saukkonen J, Schaaf HS, Sotgiu G, Starke JR, Migliori GB, Vernon A. Official American Thoracic Society/Centers for Disease Control and Prevention/Infectious Diseases Society of America Clinical Practice Guidelines: Treatment of Drug-Susceptible Tuberculosis. *Clin Infect Dis*. 2016 Oct 1;63(7):e147-e195. doi: 10.1093/cid/ciw376. Epub 2016 Aug 10. PMID: 27516382; PMCID: PMC6590850.
10. Nahid P, Mase SR, Battista G, et al. Treatment of drug-resistant tuberculosis: an official ATS/CDC/ERS/IDSA clinical practice guideline. *Am J Respir Crit Care Med* 2019;200:e93-142.

11. National Institute for Health and Care Excellence (NICE) Guidance. Tuberculosis. NG33. Published 13 January 2016. Updated 16 February 2024. Available at: <https://www.nice.org.uk/guidance/ng33/chapter/Recommendations#drug-resistant-tb>. Accessed: 19 August 2025.
12. Pym AS, Diacon AH, Tang SJ, et al. Bedaquiline in the treatment of multidrug- and extensively drug-resistant tuberculosis. *Eur Respir J*. 2016 Feb;47(2):564-74. doi: 10.1183/13993003.00724-2015. Epub 2015 Dec 2.
13. Saukkonen JJ, Duarte R, Munsiff SS, et al. Updates on the Treatment of Drug-Susceptible and Drug-Resistant Tuberculosis: An Official ATS/CDC/ERS/IDSA Clinical Practice Guideline. *Am J Respir Crit Care Med*. 2025 Jan;211(1):15-33. doi: 10.1164/rccm.202410-2096ST.
14. Sirturo (bedaquiline) [prescribing information]. Horsham, PA: Janssen Products LP; July 2025.
15. World Health Organization. WHO operation handbook on tuberculosis: module 4: management of tuberculosis in children and adolescents. Geneva: World Health Organization; 2022. Available at: <https://www.who.int/publications/i/item/9789240053519>.
16. World Health Organization. WHO operation handbook on tuberculosis: module 4: drug-resistant tuberculosis treatment. Geneva: World Health Organization; 2022. Available at: <https://www.who.int/publications/i/item/9789240065116>.

Clinical Guideline Revision / History Information

Original Date: 09/18/2024

Reviewed/Revised: 10/01/2025