

Cystic Fibrosis

Cystic fibrosis is a genetic condition that affects the body's cells, its tissues, and the glands that make mucus and sweat. The disease causes a thickening and build-up of mucus, which can lead to blockages, damage, or infections in affected organs such as the lungs.

ICD-10 CODES

- E84.9** Cystic fibrosis, unspecified
- E84.10** Cystic fibrosis with pulmonary manifestations
- E84.11** Meconium ileus in cystic fibrosis
- E84.19** Cystic fibrosis with other intestinal manifestations
- E84.8** Cystic fibrosis with other manifestations

DOCUMENTATION ACRONYMS

DEEP Diagnosis Elements

Include elements of DEEP in documentation to clinically support cystic fibrosis.

Diagnosis: Cystic fibrosis

Evidence: CFTR gene mutation confirmed at birth, dexta shows osteopenia Lt hip, COPD with cough

Evaluation: Cystic fibrosis with lung and musculoskeletal involvement

Plan: Continue Symbicort, repeat dexta in 6 months, start calcium and vit d supplementation

Final Assessment Details

Include DSP for each addressed condition impacting treatment and patient care.

Diagnosis

Cystic Fibrosis

- Manifestations

Status

Active

- Current manifestations
 - Specific secondary diseases

Plan

- Control of manifestations
 - Medications
 - Therapies
 - Surgical
- Monitoring for complications
 - Testing
 - Labs
 - Referrals

BEST PRACTICES & TIPS

- Specificity is key! Always indicate cystic fibrosis **along with** any secondary conditions, and use verbiage to solidify the connection between them.
- When documenting cystic fibrosis be sure to **document all health factors** to get a complete picture of the patients' health status.
- DSP should be applied for **cystic fibrosis** as well as for the resulting conditions. Status should be apparent by identifying any required monitoring and any treatment or therapies.
- **Avoid using uncertain terms** for confirmed cystic fibrosis which include: probable, suspected, likely, questionable, possible, still to be ruled out, compatible with, or consistent with.
- Documentation should **always include DEEP elements** for cystic fibrosis to show clinical evidence as well as any resulting factors and conditions. Incorporate history, tests, imaging, signs and symptoms and document any and all associated treatments.
- Avoid documenting cystic fibrosis as a "history of" as this **suggests a resolved status** and causes conflict within the documentation.
- **Confirmation** should be found within the documentation representing the complications of cystic fibrosis and any resulting outcomes.



For more resources go to:
HIOSCAR.COM/PROVIDERS/RESOURCES

