



Persona Homes

by Home Group

HUNTLEY PLACE

READING, BERKSHIRE

What's going on

*This document describes the daily activities that comes
as part of the lifestyle within Extra Care Sheltered
Housing at Huntley Place.*



Huntley Place

Huntley Place is Home Group's Flagship Extra Care Scheme based on Green Park, Reading. In total there are 129 apartments, a mix of 1 and 2 bedroom properties with 56 of those being Affordable Rent, 24 Shared Ownership and 49 Outright Sale.

Huntley Place is designed for couples or singles looking to live their later life in a community with a little something Extra!

Extra Care is a modern affordable alternative to residential care homes. All customers live independently with support available to them 24hrs a day to help them maintain their independence as they grow older. Planned care

and emergency response is available to everyone, should they need it, by our on-site care provider. But this isn't the only reason our customers move to Huntley Place. According to Age UK, more than 2 million people in England over the age of 75 live alone, and more than a million older people say they go for over a month without speaking to a friend, neighbour or family member.

People can become socially isolated for a variety of reasons, such as getting older or weaker, no longer being the hub of their family, leaving the workplace, the deaths of spouses and friends, or through disability or illness. This is where we come in...



Huntley Place has a full range of community activities available to customers; from colouring therapy and creative expression held in our two brilliant communal spaces, to our walking and gardening club which makes use of our beautiful setting. Everyone has their own goals and aspirations, whether that be to challenge their brain more often through memory and dexterity games or to improve their wellbeing by learning about healthy food options or participating in movement activities. Whatever our customers want to achieve, our team and community spirit are on hand every step of the way.

Alongside our wonderful activity groups we have a gardening shed for those green fingered individuals and a raised allotment area for planting and potting up. Our restaurant is available for everyone to use, including friends and family.

We also have a fully equipped Hair Salon and Health Suite which comes with a very affordable price list.

If you would like to view our wonderful facilities, please get in contact and we can arrange a tour for you.



Activities

Daily drop-in

Come along to the lounge for a drink and biscuits, discuss your daily plan and find out what is on offer at Huntley Place.

Walking group

We have a local lake just outside our front door. Reading is lucky to have the beautiful Thames River and the Kennet and Avon canal running through with the town which boasts lovely longer walks.

Short stories / Poetry Reading /Writing

Read a short story or poem in a group setting discussing the themes along the way. Can you predict how the story will end? This group is designed to get your creative side flowing and write your own short story or poem by looking at certain themes and styles.

Newsletter group

Become a reporter, editor or even a cartoonist for the monthly Huntley place newsletter.

Photography club

Do you like taking photos but are challenged by technology? Come along and share your expertise and love for photography learn how to edit on your smart phone or online.

Creative expression

Exactly what it says, express your creative side through different mediums. Try something new each week from, card making, jewellery making to painting or mosaic tiling. We will have it all here ready for you to get stuck in. Ever heard of 5D diamond painting? Come along and find out what it is.

Hobby sessions

including Knit and Natter /Crochet/model building

Bingo / Quiz

Come together and socialise win prizes and most importantly have fun.

Board game session

Socialise with your neighbours share your favourite game or even learn a new one. Tournaments can be organised if there is enough interest, could you be the next Huntley Place champion?

Card Game club

Do you like bridge, poker, rummy, snap or even solitaire? Take advantage of our lounge that overlooks our landscaped garden for a relaxing game.



Silver surfer / Computer training sessions

Build confidence on using a computer or learn how to use your new phone/tablet – bring your own equipment to the session or use our onsite computer to learn the basics, more advance levels can be sourced for you.

Music appreciation/Singing group

Do you love listening to music, like to discover a new singer or band, come and join us. Everyone in the group chooses a song that we all listen to discuss what it means to you and if you know the words sing your heart out.

Mindfulness class

Learn techniques to relax and be aware of our thoughts, feelings, bodily sensations, and surrounding environment. Tune in to how you are feeling in the present moment rather than rehashing the past or imagining the future.

Gardening Group

Join the team in our communal gardens and learn how to plant plants, herbs and maybe even vegetables. Get green fingered and enjoy learning about plants.

Book Club

A monthly group where customers can discuss books that they have read, find a new author to try or even decide on a book they would all like to read, then meet up and discuss the themes and events in the book.

Gentle Exercise

Join our weekly group of chair exercises to keep you fitter for longer.

Tai Chi / Yoga

Instructor Led

Yearly events	Monthly Themed days	Outings
Valentine's Day	French	Cinema
Easter	Italian	Theatre
Summer fete	Chinese	Zoo
Family Day	Indian	Museum
Creative Exhibit	American	Kew Gardens
Halloween	Greek	Picnics
Christmas/Winter fete	Spanish	Local restaurants
Christmas Day	German	
New Year's Eve	British	

Site Facilities

Our guest suite is situated on the first floor which is available on a nightly rate for those with friends and family visiting.

On the ground floor there is a large mobility scooter parking room which is accessible from the outside through fob access.

For those who would like to relax in the bath from time to time we have a fully assisted bath, also available on the ground floor.

Finally, we also have two lifts available that go to all floors making Huntley Place completely accessible.

All our facilities will be guided by the needs of our customers and will be driven by popularity and response.

Customers are also able to tap into hairdressing, physiotherapy and chiropody services at extra cost.



Your community, your wellbeing

Huntley Place – Activity calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Restaurant	●	●	●	●	●	●	●
Group exercise	●		●		●		
Film club							●
Art & craft club				●			
Gardening club	●	●	●	●	●	●	●
Quizzes & word games	●		●		●		
Bridge club						●	
Book club				●			
Jigsaws & puzzles							
Musician/Singer		●					
Poetry reading & writing						●	
History talks/discussions					●		

● Regular activities

● Ad-hoc activities

● Monthly activities

In addition to these activities that will be held at Huntley Place, there will also be the opportunity to attend organised outings. Because of Huntley Place's location we anticipate there will be lots of Green Park Village events to get involved in with the wider community.



Here for you

We have a receptionist available 24 hours a day, seven days of the week for concierge style support. The team are on hand to deliver concierge-style services – whether that means booking appointments, ordering taxis, organising refreshments or simply providing residents with useful information about social activities within Huntley Place or in Reading.

An onsite Housing Management team to help guide you through your new home or support you in accessing care or maintaining your tenancy/lease.



