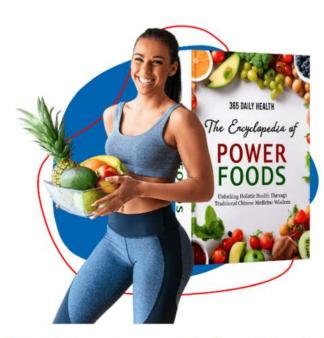
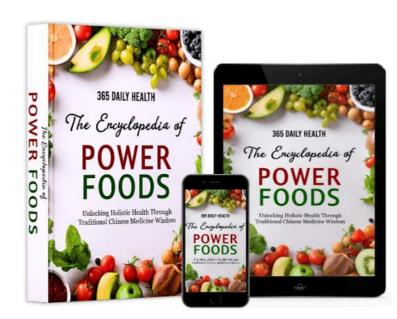
#### The Book that Will Change Your Life



Kenny and Wen created a unique resource to help anyone harness the power of Oriental Optimization. So today, we're proud to announce the launch of this remarkable book:

This comprehensive masterpiece is a game changer. It includes everything you need to know to restore your health the natural way. It's the key to unlocking holistic health, using the most effective form of Traditional Chinese Medicine.

This groundbreaking book is your ultimate guide. Packed with 375 pages of solid information, it holds the key to harnessing the healing strengths of Power Foods. Inside, you'll learn the secrets that make the people of Bama Yao so healthy, including:



The Encyclopedia Of Power Foods Ebook

The #1 secret to restoring balance and harmony within your body, as revealed by the Yin-Yang principle (Hint: It's not what you think!) The single most important factor that determines a food's effect on your body. (Master this and you'll never look at your plate the same way again!)

The Encyclopedia of Power Foods, a digital guide, shows readers how to add "Power Foods" to their diets for increased energy and immunity. These ingredients are all based on traditional Chinese medicine research and can be downloaded at once.

### THE ENCYCLOPEDIA OF POWER FOODS : OFFICIAL WEBSITE



#### What is The Encyclopedia of Power Foods?

Millions of Americans suffer from chronic disease. Consumers struggle to maintain the proper balance in their bodies to meet all of their needs, from heart disease, arthritis, osteoporosis, depression and everything else in between. People often feel that their body is constantly in pain, but they are unaware that their diet can help.

It may sound like something from a tabloid to trust a diet with all your life's issues, but other diets can't achieve this balance. Some diets are designed to reduce blood sugar to help users avoid diabetes medications. Others aim to reduce fat to target the body's stored fat. Some diets deprive the user of all glucose, forcing their liver to take over. How many diets are based on the user's energy and immune systems?

The Encyclopedia of Power Foods is a great resource for this. The Encyclopedia of Power Foods focuses on the introduction of traditional Chinese remedies. Consumers will learn the meaning and benefits associated with "Power Foods", and how they can improve energy and immunity. The prices of medicine are too high for consumers to keep buying them.

This remedy doesn't just mean giving up medication or avoiding sickness more effectively. Connor Kennedy is a Chicago Police Officer who developed this remedy after he and his family struggled to overcome serious health issues. He claims that doctors are more concerned with making money than finding the best solution for consumers. Since years, the healthcare system has suffered damage and Americans are paying more for their healthcare than any other country.

In addition to the problems in the healthcare system and the cost of food, consumers have a hard time finding affordable meals outside of fast-food restaurants. The idea is constantly pushed to consumers that there are healthier alternatives for the foods they love, but that these are still worse than their main choices. The constant struggle of consumers to balance their diets with medications to counteract the harm caused by other foods is a major problem.

The Encyclopedia of Power Food offers solutions to the problem of restoring balance. These methods have been tried by thousands of people, so consumers who wish to obtain them while they are still available must order quickly.

THE ENCYCLOPEDIA OF POWER FOODS: OFFICIAL WEBSITE

### What can you learn from Encyclopedia of Power Foods?

When consumers read about the Power Foods in this amazing resource, they will quickly discover that the entire guide relies on foods used by traditional Chinese medicine to heal the human body. These ingredients have been in use for more than 2,000 years. They date back to the Han Dynasty. These methods have been used since before Biblical times and have been refined over centuries to help people today.

These foods are all categorized into one of five elements on the website: wood, fire earth metal or water. These elements are used to organize collections of foods that can be sorted according to season, flavor, color, or even organ. These elements support the liver and heart as well as the lungs and kidneys. To maintain a healthy diet and to nourish the digestive system, consumers need to consume a specific amount of each food. The guide walks consumers through a 30 day regimen to show them how their health can change with proper nutrition. The guide will help consumers to develop a healthier relationship with their food and learn how to use it for immunity and health.

Creators claim that a small group Chinese in Bama Yao is a good example of the success of their project. The small area has the most centenarians anywhere in the world. These foods are enough to protect them from heart attacks and cancer. Although there is no guarantee that consumers won't face these medical problems, adding Power Foods into their diets for the next thirty days will drastically reduce risk.

#### Purchase Access to the Encyclopedia of Power Foods

- All digital content is only available through the official website.
- The guide is normally \$97 but, to make it more accessible, the creators lowered the price to \$37.00.
- All content will be delivered in digital format immediately after payment. If the user does not receive the support they expect, then they can get their money back.

## FAQs About The Encyclopedia of Power Foods Q. Q. What are power foods?

A. The term "Power Foods", which is used to describe ingredients used consistently in traditional Chinese medicine, describes a group of ingredients. These foods are said to have an energetic impact on the body of their

users, including organ systems. The immune system is also able to fight off unwanted pathogens, promoting a better balance within the body.

### Q. Why should consumers purchase the Encyclopedia of Power Foods?

A. The Encyclopedia of Power Foods takes consumers on a journey of 30 days that will help them feel healthier, more balanced and more energized. This change in diet will also give you the same feeling throughout the day. The Encyclopedia of Power Foods is a great resource for users who are looking to restore their youthful digestive system.

Potentially, yes. Anyone can benefit from a better energy level and the healing of their body through food. The most dramatic changes in consumers will also be the most substantial, but everyone can benefit from eating better by using the "power food" guide.

Absolutely. This guide contains information that dates back to the traditional Chinese medicine. This entire guide, based on the latest research, shows the various foods and their connection with the body in order to explain an improved relationship with food. All of these changes lead to a better balance and better health.

Yes, for the most part. Consumers who are unable to consume certain foods will be able find an alternative that is acceptable to them.

No. The Encyclopedia of Power Foods has a lot of ingredients that are easy to locate. The ingredients can be purchased at local grocery stores and farmers' markets. This allows users to make all the recipes they learn without spending a fortune.

These recipes are not only affordable but also quick and easy to prepare. These recipes are easy to make and don't require much effort.

The content of the digital guide is instantly accessible by consumers after they have made their payment. It only takes a few moments. No physical copy is required, so there are no shipping fees or time delays.

# Q. What happens if the user does not like the information they receive from the Encyclopedia of Power Foods.

A. Money-back guarantee: The creators offer a 30-day money-back refund if you don't like the product. Customers only need to contact the customer support team.

• To reach out to the customer service team, consumers can send an email to contact@365dailyhealth.com.

#### You can read more about it here:

The Encyclopedia of Power Foods is a guide that helps consumers maintain a healthy diet. It does not focus on weight loss. This guide may help some people with their immunity and stop the fatigue caused by chronic illnesses. The guide helps the user digest without pain and gets them out of the constant cycle of diets and untreated headaches. It is easy to read and includes recipes that are both time and money-saving.

