## **GL-90 Blood Sugar Support**



GL 90 is crafted to support healthy blood sugar levels, promote bio-repair, and enhance overall total body wellness.



GL90, a blood glucose support supplement is available exclusively from GL90.com.

## GL-90 BLOOD SUGAR SUPPORT SUPPLEMENT: OFFICIAL WEBSITE

GL-90 is a natural blood sugar booster that costs \$69 per bottle. It comes with a 180-day money-back guarantee.



Does GL-90 work really? How does GL-90 really work? In our review, you will find all the information about GL-90 that you need.

#### What is GL 90?

GL-90, a nutritional product, is marketed towards diabetics, those at risk of diabetes, and to anyone who wants to maintain healthy blood sugar levels.

GL-90 is a mixture of eight natural ingredients that can purportedly help maintain healthy blood sugar levels, without any side effects. GL-90 contains a blend of eight natural ingredients, including bitter melon and ginger root.

Dennis, a 53-year-old type II diabetic, developed GL-90 in collaboration with Dr. James Linton of Tennessee.

Dennis discovered a natural cure for diabetes on a missionary trip to Malaysia. The remedy lowered his sugar levels quickly and stabilized them. Dennis worked with Dr. Linton on isolating the ingredients of that remedy. Anyone can now buy the remedy in the form of GL 90 online.

GL-90 costs \$69 per bottle. It comes with a 180-day guarantee. It is only available online via its official website.

#### **GL-90 Benefits**

According to its official website, GL-90 offers benefits such as:

- Support healthy blood sugar levels
- Formula 100% natural with 8 scientifically-backed ingredients
- Non-GMO, vegan, and stimulant-free
- Promote bio-repair for overall body wellness
- . Money back guarantee of 180 days

# GL-90 BLOOD SUGAR SUPPORT SUPPLEMENT: OFFICIAL WEBSITE

#### **How Does GL-90 Function?**

Each capsule contains eight extracts backed by science. Take two capsules daily of GL 90, letting its ingredients work their magic throughout your body.

Each capsule contains gymnema sylvestre (also known as bitter melon), ginger root, fenugreek and alpha lipoic acids, along with garcinia cambogia. These ingredients have all been shown to help regulate blood sugar levels and improve other health conditions.

Others take GL-90 ingredients daily to control their appetite and lose weight. Some take them to promote

healthy inflammation, or for overall wellness. Some people take them to control blood sugar.

The manufacturer of GL-90 does not advertise it as a formula that can lower your blood sugar levels - for example, if you are diabetic or have high blood glucose. The manufacturer says the formula can "support healthy blood sugar levels", while providing "potent effects on glucose."

The supplement is marketed primarily to diabetics and pre-diabetics who struggle with blood sugar control.

The manufacturer appears more confident outside the front page of the website about the supplement's ability to reduce blood sugar levels in diabetics. In one official promotional video for GL-90, the manufacturer describes the supplement as an "insulin-regenerating breakthrough that can rapidly lower your high blood sugar, even if your numbers are over 200 mg/dl right now and free you from the terror of diabetes."

GL-90, a combination of ingredients that have been proven to work for diabetes and blood sugar issues, may help.

GL-90 is based on a traditional Malaysian remedy

# Why have you never heard of GL-90? It can lower blood glucose without medication.

The makers of GL-90 claim that they sourced their formula from a remote Malaysian village where "type II diabetics don't exist."

Researchers at GL-90 investigated the reasons why Malaysian villagers did not suffer from diabetes. They attributed their healthy lifestyle and balanced diet to eight specific plants and herbal remedies. The GL-90 formula would be based on these eight plants and herbal extracts.

The makers of GL-90 discovered that the Malaysian remedy could be used by anyone to promote healthy blood glucose. Anyone can now buy the traditional Malaysian medicine online as GL-90.

## What to Expect after Taking GL 90

The manufacturer of GL-90 describes in a video how diabetics and pre-diabetics can experience immediate benefits after using this formula.

According to the manufacturer, here are some effects that you may experience when taking GL-90:

Lower blood sugar: The official video claims that you'll be "amazed" at how fast your blood glucose levels will

drop to below 120mg/dl after using GL90. Many diabetics suffer from blood sugar levels above 200 mg/dl. GL-90 is said to help.

Raise energy levels: Many diabetes sufferers experience lethargy and low energy throughout the day. GL-90 is said to boost energy levels and make you feel more able to face the day.

Feel No Imprisonment by Diabetes: Many diabetes patients feel trapped by their condition. They worry about eating the right food, managing their blood sugar levels during the day, and avoiding favorite foods. GL-90 is a product designed to help diabetics feel less trapped by their condition.

Enjoy Your Favorite Foods: According to the official GL-90 Video, you can eat anything from cheesecakes to steaks and burgers while knowing that blood sugar levels will not spike.

Support overall health, wellness, and inflammation: On the official GL90 website, you will find testimonials of diabetics that have seen significant improvements in their overall health, wellness, and well-being since taking GL90. These include improved inflammation biomarkers and lower cholesterol and blood pressure. Manage weight: It is claimed that GL-90 allows you to enjoy your favorite food without experiencing blood sugar spikes. It also helps you to enjoy your favorite food without affecting your weight. According to the official site, "your stomach and waistline will continue to get smaller and slimmer each day" when you take GL90. For example, one man claimed to have lost over 25 pounds after taking GL-90.

#### **Who Created GL-90?**

Dennis, a 53-year-old man from Nashville in Tennessee, created GL-90. Dennis is a type II diabetic. He developed GL-90 with Dr. James Linton.

Dennis found a cure for diabetes on a Malaysian mission trip. Dennis was on a mission trip in Malaysia when he suffered a dangerous spike in blood sugar. The villagers used a mixture of natural ingredients to treat his condition. He brought these ingredients back to the United States as GL-90.

Dennis was diagnosed with type II Diabetes by doctors. He struggled to manage his condition. Dennis followed the doctor's instructions, took prescribed medication, ate healthily and exercised, but his blood sugar levels continued to rise.

Dennis's medical situation reached a dangerous climax in a remote Malaysian village, where he found the ingredients which would become the basis for GL-90 formula to balance blood sugar.

# GL-90 BLOOD SUGAR SUPPORT SUPPLEMENT: OFFICIAL WEBSITE

Dennis was told by a village healer, Bintang, about a jungle paste that they use to treat blood sugar issues. Dennis identified the ingredients and used them to create GL 90.

The ingredients in Malaysia lowered Dennis's blood glucose from 245 mg/dl down to 165 mg/dl within a few weeks, and then dropped below 100 mg/dl after less than two months.

#### Dennis Formulates GL-90 with American Doctor

Dennis claims to be a non-medical expert. Dennis does, however, claim that he worked with a physician to formulate GL 90.

Dennis, who had returned to the United States with jungle paste in hand, contacted Dr. James Linton of Tennessee. Dr. Linton identified and isolated the ingredients in GL-90, while explaining their function.

Before moving to Tennessee Dr. Linton managed a medical clinic in Boston. He runs a company that sells supplements today.

## Pyroptosis is the root cause of high blood sugar

When our bodies are in danger, our bodies will use pyroptosis to eliminate cells.

Your cells may choose to self-destruct rather than eliminate bad cells. The cells may decide to destroy themselves when they are trying to eliminate a disease.

Pyroptosis is a way for the body to protect itself. However Type II diabetics experience pyroptosis on a part of their body that they are not supposed to have: the pancreas.

Apoptosis in the pancreas means that your pancreas is self-destructing. This reduces your insulin production, and raises your blood sugar.

GL-90 is said to reverse pyroptosis, which is the root cause of high blood sugar and diabetes.

## Dennis' Experience: What to expect after taking GL-90

Dennis, a 53-year-old type II diabetic, who invented GL-90 experienced a rapid change after he used the ingredients in GL-90.

Dennis, on a missionary trip to Malaysia with his son discovered a secret mixture of ingredients used in traditional Malaysian medicines. Dennis's life would be transformed by those ingredients.

Dennis's "jungle paste", which would become the basis of GL-90, was a mess.

Dennis would take a small amount each afternoon of jungle paste containing GL-90's natural ingredients.

Dennis did not notice any significant changes after a few days. He did, however, start to sleep better. He thought at first that the paste was a complete waste of time.

Dennis' blood sugar level was 22 points lower the next day after using the paste for five days. This was a big drop.

Dennis continued to use the paste even after returning to the United States. Every afternoon, Dennis took another pinch. Dennis felt better every day. He was more energetic, even after large meals. He could think more clearly.

Dennis was "amazed" at how quickly his blood sugar dropped, from 218 mg/dl down to 205, and then 196 mg/dl.

Dennis says that his blood sugar levels are "down another 6 to 15 point" each day.

Dennis's readings dropped below 160 mg/dl within a few days of taking the paste.

Dennis' kidneys were failing, according to doctors in Malaysia. Dennis' kidneys appeared to be restored after he took the paste. Dennis was told by American doctors that his kidneys were fine after returning to the United States.

## They suggested the paste had restored his kidneys.

Dennis returned to the United States, where he worked with Dr. James Linton to turn the paste into a capsuled formula, GL-90.

Dennis says his results with the capsules were "dramatically" better than with the paste. His blood sugar level dropped from 165mg/dl to 90mg/dl after taking the capsules. He had also "zero symptoms" of high blood

glucose, his nerve pain was gone and he lost weight. His sex desire returned as well.

Dennis's blood glucose levels were 245 mg/dl or higher before he started taking jungle paste. In a few weeks, his blood sugar was below 165mg/dl. In less than two weeks, his blood sugar was below 100 mg/dl.

## **GL-90 Ingredients**

GL-90 capsules contain eight active ingredients, totaling 480mg per capsule.

**Gymnema Sylvestre**: The GL-90 product claims to use an extremely concentrated version of gymnema to maximize the health benefits. Gymnema in supplements is not as effective as the normal gymnema. Dr. Linton discovered that gymnema was effective for blood sugar levels because it "literally stopped the insulin-producing pancreatic cells from self-destructing." Your pancreas will now work properly, regulating healthy blood sugar through insulin production.

Bird's Foot Fenugreek This plant extract, commonly known as fenugreek or simply fenugreek for short, is used in many health supplements to help manage inflammation, balance hormonal levels, and maintain healthy blood sugar. Dr. Linton says that the fenugreek

found in GL-90 helps the pancreatic cells "produce more" insulin, while also preventing them from destroying themselves.

Malaysian Bitter Melons: Bitter melons will "stop pyroptosis" in your pancreas while reducing insulin resistant, according to Dr. Linton. It is a valuable ingredient for diabetics. Many diabetics consume bitter melon every day to maintain healthy blood sugar. According to Dr. Linton, it can even help your pancreas "regenerate" more insulin-producing cell.

Folic acid: Malaysian Papaya is especially rich in folic acids, which is why villagers from Malaysia use it for health and wellbeing. GL-90 is a folic-acid supplement that promotes healthy blood sugar levels. According to Dr. Linton a folic-acid deficiency can cause your pancreas to "begin self-destructing." By taking GL-90 every day, you are giving your pancreas what it needs to prevent self-destruction.

Alpha Lipoic Acid: The GL-90 product claims to contain an alpha lipoic from wild Malaysian spinach. GL-90, while many blood sugar support products contain alphalipoic acid (ALA), is one of only a few to specifically contain ALA from wild Malaysian Spinach. Dennis used it as a key ingredient in the paste he made to control his

type II diabetic condition. Dr. Linton cites a research study that showed ALA reduced blood sugar by 64% to justify its use.

Wild Malaysian Ginger root: Ginger has been used for many years to manage inflammation and is present in a number of health and wellness products. GL-90 claims that it uses a type of ginger called wild Malaysian Ginger Root. According to Dr. Linton's team, this version of the ginger root can "lower your blood sugar levels, increase insulin and reduce your HbA1c,"

Chromium Many blood-sugar support supplements contain chromium. This mineral is crucial for maintaining blood sugar balance. GL-90, however, claims to contain a particular version of chromium derived from the Malaysian fruit durian. According to Dr. Linton, this version "was found by a study to improve insulin resistance while lowering blood sugar by an average 38.1 mg/dl".

GarciniaCambogia: Garciniacambogia can be found in blood sugar and weight loss supplements. GL-90, however, purports to contain a purer form of the fruit-extract linked to weight loss. The garcinia cambogia extract in GL-90 is said to burn fat "2x quicker" than other garcinia cambogia products.

#### Scientific Evidence for GL-90

Dennis, a 53-year-old diabetic, who created GL-90 based upon a traditional Malaysian medicine, says that all of the ingredients are backed up by science. He claims that he worked with Dr. James Linton, a doctor who specializes in natural supplements. Below, we'll examine some of the scientific evidence that supports GL-90.

It's important to know that GL-90 is a product of Dr. James Linton. Dr. Linton cites a lot of scientific evidence on the official GL-90 site that the ingredients can help lower blood sugar levels and have other positive effects. Dr. Linton cites many studies in which the natural ingredients lower blood sugar by 10 to 50mg/dl within a few weeks, as compared to placebo.

Also, it's important to know that Dr. Linton tested GL 90 on a group volunteers before releasing the product to the public. This was the largest trial in diabetes supplements history, involving 150 patients. This is how it worked.

Dr. Linton gathered 150 people who had high blood sugar, including those with type II diabetics.

Many volunteers experienced a dramatic change within weeks of using GL-90.

One volunteer claimed she has been struggling with diabetes since her early 20s. She describes GL 90 as a lifesaver after her "blood glucose levels are consistently within the healthy range."

One volunteer with type 2 diabetes said that his condition felt like a ticking time bomb. After taking GL90, "his blood sugar levels have dropped by more than 70 percent," transforming his overall health.

One volunteer who was struggling to manage diabetes and fatigue with three children before taking GL 90 found that the supplement gave her more energy and reduced her fatigue.

The supplement appeared to have a significant impact on the lives of many of the 150 participants.

Pyroptosis is a real medical condition. This is a form of cell death that's highly inflammatory and usually observed in cases of infection. When your body becomes infected with bacteria, viruses or fungi, it may respond by causing the cells to self-destruct. Diabetes patients tend to experience higher levels of inflammation. This can lead to the death of cells throughout the body, including the pancreas. A study from 2012 found that metabolic disorders, such as diabetes, are associated with an increased risk of developing pyroptosis.

Mount Sinai explains that chromium can reduce blood sugar in those with type II diabetics. A chromium-deficient diet may help. A study found that people with diabetes tend to benefit most from chromium supplementation. This is because it "showed to reduce insulin resistance," and "helped reduce the risk of heart disease and type 2 diabetics."

In some studies, Momordica Charantia (also known as bitter melons) has been linked to blood sugar balance. In a 2023 study, bitter melon proved to be safe and effective in managing blood sugar levels among a group consisting of 76 pre-diabetic participants over a 12-week period. Bitter melon was given to participants as a treatment or as a placebo. The bitter melon group showed significant blood sugar reduction.

Overall, GL-90 is a mixture of natural ingredients which could promote healthy blood glucose. GL-90 is not proven to reverse diabetes or allow you stop taking prescribed diabetes medications.

## What do customers say about the GL-90?

According to the official GL-90 site, GL-90 has been used by over 128,000 people to maintain healthy blood sugar. Customers are often diabetics, pre-diabetics, or dealing with high blood sugar.

These are some of our verified customers' reviews, testimonials and experiences that they have shared on the official GL90 website:

A man who took GL-90 for years claimed that his blood sugar levels were on a rollercoaster. He described himself as a slave to his glucose monitor. Thanks to GL90, "his sugar levels have stabilised below 115mg/dl.

One man lost 25lbs after taking GL 90.

After taking GL 90, one woman says her blood sugar level is "consistently below 120mg/dl". Her feet are now numb.

Another man says his blood sugar has been stable ever since he started the GL90 protocol. He's also lost 17 pounds.

After taking GL-90, one man who participated in the clinical trial claimed that his blood sugar level dropped by more than 70 points.

Before taking GL 90, another woman in the clinical study had been struggling with high blood sugar levels since her 20s. Her blood sugar levels have been stable since taking the supplement. Most verified purchasers on the <u>official site</u> seem to have had a positive overall experience with GL 90, finding that the supplement worked as advertised to reduce blood sugar and promote various benefits.

#### **GL-90 Price**

GL-90 costs \$69 per bottle. You can lower the price by purchasing multiple bottles.

## You can order GL-90 today and get a great price!

- . 1 Bottle: \$69
- 3 Bottles \$177 (59 \$ per bottle)
- 6 Bottles \$294 (49 cents per bottle)
- Each bottle contains 60 capsules, which is a 30-day supply. Two capsules are taken daily to maintain healthy blood sugar.

### **GL-90 Refund Policy**

All GL-90 orders come with a money-back guarantee of 180 days. You have six months or 180 days to test GL-90. You can get a full refund if you are unhappy with GL-90 for any reason.

#### **GL-90**

GL-90, a GMP-certified and FDA-registered facility in the United States, is manufactured. Dennis, a 53-year-old man with type 2 diabetes, formulated the supplement.

Dennis joined forces with Dr. James Linton of Tennessee, who runs an supplement company. Dr. Linton ran a Boston medical center for 10 years before launching his supplement company.

Contact the makers of GL-90 by using the following contact details:

• Email: support@gl-90.com

• Phone: 877-379-2907

#### **Final Word**

GL-90 is a natural blend of ingredients that promotes healthy blood sugar levels and overall wellness.

GL-90 is a daily capsule that purports to stabilize blood sugar levels and relieve multiple diabetes symptoms, from fatigue to numbness.





