ENERGEIA



Energeia is a supplement marketed for boosting energy levels, enhancing metabolism, and supporting overall wellbeing.



Energeia claims to be a weight-loss supplement that can help you lose an average of 48lbs.

You can lose weight quickly by taking two capsules of Energeia per day. This is because it targets the cause of weight problems, which is lipase deficiencies.

Energeia lives up to its hype? Energeia: How does it work? In our review, you will learn everything about this new weight loss product and its effects.

ENERGEIA SUPPLEMENT: OFFICIAL WEBSITE



What is Energeia?

Energeia, a diet supplement available only through **MyEnergeia.com**.

Energeia targets those who are looking to shed a lot of weight quickly. Customers have posted testimonials on the official website, claiming to have lost up to 70 lbs in just 15 seconds per day.

Energeia's makers claim that the supplement has helped 77,000 individuals lose an average of 48lbs in the past year. Energeia would be one of the most popular and effective diet pills in history if these numbers were true.

Energeia is the brainchild of John and Beth, a husband-andwife team. Beth lost more than 11b a day by using Energeia. According to the website, users can lose up to 2 pounds per day without changing their diet or exercising.

Energeia costs \$59 per bottle, and includes a 60-day money back guarantee.

Energeia Benefits

According to its official website, Energeia helps you lose weight without changing diet or exercise routine.

Energeia's makers claim that "you do not have to exercise" while taking Energeia. You can lose weight quickly without exercising or counting calories.

You can lose between 1-2lbs a week with a good diet and exercise plan. Energeia's makers claim that you can lose 2lbs per day using Energeia, without changing your diet or exercising habits. According to the official website, here are some of its advertised benefits:

Weight loss at any age

- Drop 2lbs per day, or 14lbs in 2 weeks.
- The older you get, the faster it will work
- Continue to eat what you want and don't change your diet
- There is no need to go overboard or count any calories
- Enjoy a boost in energy and mental clarity, as well as other benefits
- Energeia is a weight loss product that claims to help men and women lose weight.

ENERGEIA SUPPLEMENT: OFFICIAL WEBSITE

What is Energeia?

It becomes more difficult to lose weight as you age. Energeia targets metabolic resistance to reverse this.

Energeia's makers explain how metabolic resistance works.

It's when our body is unable to break down fat. Every year...our bodies have to work harder in order to burn excess fat ."

Some people believe they have a low metabolism and blame it for their poor weight loss results.

It's easy for people to blame their metabolisms for weight gain. But that's not always the case. Energeia targets the root cause for Energeia, which is metabolic resistance due to a lipase-deficiency. Energeia helps you lose weight quickly and easily by replenishing your levels of lipase. Energeia's natural ingredients will replenish your lipase enzyme stores.

Energeia targets lipase deficiency

According to Energeia's makers, lipase deficiencies are the main cause of weight gain among many older adults.

Lipase, an enzyme found in your cells, breaks down fat. Lipase is normally present in your cells, which makes it easier to eliminate stubborn fat.

As your lipase level drops, it becomes increasingly difficult to lose fat. As lipase levels drop, your body accumulates more stubborn fat.

Lipase may be lacking in your cells. If your cells are lacking lipase they will slow down the metabolism and increase weight loss.

Energeia is designed to maximize your weight loss by activating lipase within your body.

Energeia triples lipase levels to accelerate fat burning

Energeia's formula was based on a recent study in which researchers discovered a way of triple the amount of lipase.

Energeia claims to triple the levels of lipase in order to help you burn fat three times faster.

Energeia provides your body with the ingredients needed to produce the lipase, which accelerates your body's natural fatburning processes. Energeia can help you lose weight by accelerating your body's natural fat burning processes.

Mount Sinai says that lipase deficiencies are rare and most people don't need extra lipase. However People with cystic fibrosis, celiac, indigestion or a history of celiac may be at greater risk for lipase deficiencies. Doctors may prescribe a lipase product in these cases. You could also take Energeia, a supplement that complements your body's lipase.

Energeia Ingredients

John, Beth and the Energeia formulating team reveal three ingredients upfront. These ingredients work together to boost your metabolism, while also complementing the body's own lipase production.

GHG is the main ingredient in Energeia. GHG, which is found in purple teas, has been linked to anti-obesity and antioxidant effects. GHG, like other polyphenols found in teas such as EGCG and EGCG-based teas, appears to speed up fat loss by controlling inflammation.



Energeia is made up of several ingredients. Here's how they all work.

GHG: Energeia's star ingredient is GHG. GHG is an antioxidant polyphenol that has been linked to lipase and fat burning. GHG, according to Energeia's makers, is "one the only polyphenols...proven by research to reduce fat tissue thickening through lipase ..."". In other words GHG increases the lipase within your cells to help unlock your body's natural fat-burning processes. GHG is most well-known as a key component in purple tea. When you drink purple for weight loss you are letting polyphenols such as GHG and EGCG do their work. They unlock your fat reserves and help you lose weight. Energeia's makers don't mention purple tea and their GHG source is unclear. They're still confident that it will lead to weight loss.

Caralluma Fimbriata: Caralluma fembriata is a plant that increases metabolism and decreases appetite. Energeia's makers claim that CF will help you lose weight from two angles: by preventing overeating, and by boosting your metabolism. Energeia's makers claim that CF helps you regain control of your appetite to the point where you "start dropping 1, 2, or even 3 pounds a day." This is because by denying your body new calories you force it to burn fat. Caralluma Fimbriata is a cactus that's edible and native to India. It has been used for centuries as a medicine.

Nigella: Energeia also contains Nigella, a plant extract that has been linked to fat loss. Nigella Sativa is said to have "incredible healing" properties, while also helping with weight loss. Nigella has been linked to weight loss, reduced waist circumference and more. Energeia's Nigella Sativa supplement can help you to lose more weight by increasing the belly fat melting. Nigella is also called black cumin and is a popular medicinal plant around the world.

Energeia: Scientific Evidence

Energeia's makers do not provide any scientific studies that would validate their claims on the website. Energeia's formula hasn't been tested in clinical trials, but some studies have linked the ingredients to weight loss. Below, we'll examine the evidence.

Energeia's makers claim that they have worked with a doctor in Furore (Italy) to develop the product. Furore is located on the Amalfi coast of Italy. The town is called the "town that doesn't even exist" as it does not have a center or main square and is located in a rugged area of the coast.

Furore, like most of Italy has a high life expectancy compared to other countries. Furore people tend to be healthier and live longer than average. John, Beth and the doctor that helped to create Energeia all claim they sourced ingredients from the area around Furore. Energeia's official website describes it as "an exotic Italian loophole that destroys fat over night" because of its Italian roots.

Purple Tea can help you lose weight because it contains Greenhouse Gas. Energeia claims to contain GHG, even though it doesn't claim that purple tea contains GHG. Researchers found that purple tea extract inhibited fat absorption in a 2015 study. This prevented diet-induced fat buildup on mice and humans. Purple tea contains GHG, which appears to inhibit fat absorption into the body. This helps you maintain a healthy diet.

Nigella Sativa is also known as Black Seed and Black Cumin. It has been used for centuries in traditional medicine. A review study published in a peer reviewed medical journal found that black cumin has anti-inflammatory properties and may help with auto-immune diseases and metabolic syndrome. Black cumin has antimicrobial, anti-epileptic and antibacterial properties. Nigella Sativa has no known side effects. Caralluma Fimbriata is the third ingredient listed in Energeia. This plant-based extract has been shown to help control appetite. Researchers found that Caralluma Fimbriata extract reduced hunger and increased satiety among a group over a period of 16 weeks in a study published in Scientific Reports in 2021. Participants reported significantly reduced daily calorie consumption after taking Caralluma for 16 weeks.

Energeia's makers claim that you can lose between 1 and 3lbs per week with this supplement. This kind of weight loss is not realistic for most people. You would have to maintain a daily caloric deficit around 2,500 calories in order to lose 1lb. This could require 3 to 5 hours extra of cardio or severe calorie restriction. The makers of Energeia claim that you can lose weight with "no exercise", without "counting a single calorie", and without "changing your diet".

Energeia is a combination of three active ingredients that are linked to weight loss, appetite management, and fat burning. We don't know the exact dosages or concentrations, but it is possible that these ingredients could help with weight loss.

How much weight can you lose with Energeia?

On the Energeia <u>official website</u>, you can read testimonials from customers that have seen significant weight loss with this supplement. Energeia has been credited with helping some customers lose over 50 lbs. Others have reported losing more than one pound per day. Energeia's official website has a number of testimonials about weight loss.

After taking Energeia just for one week, a woman has lost 11.7lbs. She lost 18.1lbs after two weeks. After a month, she lost 25.4lbs total.

After taking Energeia, this same woman lost 51lbs in fat. She also dropped 8 jeans sizes and 10 inches from her waist.

One customer claimed to have lost 13.8lbs within the first two weeks after taking Energeia. This is approximately 1lb per a day. She had lost more 1lb per a day after one month. This translated to a loss of 38lbs, and five jean sizes. She lost 69lbs in total after a few months.

Energeia is claimed to have helped a verified customer lose 48lbs and 11" from her waist after taking it.

Energeia helped another woman lose 32lbs.

According to Energeia's makers, a single ingredient can lead to 1 to 3 lbs of weight loss each day by suppressing appetite.

Energeia helped one customer lose so much weight that no one recognized him at his high school reunion. He was a fat kid in highschool. Years later, his old classmates asked for his advice on weight loss.

Energeia, according to its <u>official website</u> can help "lose up to two pounds per day" and "upto 14 pounds in a week."

Energeia's makers claim that over 70,000 people have used the product. Energeia has been used by over 70,000 people worldwide, and the manufacturer claims that they have seen an average loss of weight of 48lbs. This would make Energeia one of the most successful diet pills in history.

Energeia Pricing

Energeia costs \$59 per bottle. Energeia is priced at \$59 per bottle. However, you can save money by purchasing multiple bottles online.

Energeia pricing is explained below.

- 1 Bottle: \$55 + \$9.99 Shipping
- 3 Bottles: \$147 (\$49 Per Bottle) + 2 Free Bonuses
- 6 Bottles: \$204 (\$34 Per Bottle) + 2 Free Bonuses + Free Shipping

Energeia bottles contain 60 capsules, which is a month's supply. Take two capsules per day to help you lose weight.

According to the official website of Energeia's, its normal retail price is \$297 for a bottle. Energeia's makers have reduced the price of the product by hundreds of dollars as part of their 2023 promotion.

All 3 and 6 bottle Energeia purchases come with two bonus eBooks as part of the 2023 promotion. After your purchase has been confirmed, you will receive instant access to the two bonus eBooks.

Energeia Refund Policy

Energeia offers a 60-day money back guarantee. You can try out the supplement for 60 days, to see if you like it and decide whether it is right for you.

To initiate the refund, contact the manufacturer.

Energeia

John Gates and Beth Gates, a husband-and-wife team, wanted to find a way to lose weight naturally. John Gates is neither a doctor nor a dietitian. He also does not have a medical qualification. He is an EMT from Atlanta, who became overweight after a work injury. Energeia was created to help him and his wife shed weight.

Beth, according to the Energeia official website, lost about 11b per a day when taking Energeia. She quickly reached her weight loss goal. She claims that she lost 11.71bs during her first week on Energeia. This equates to a loss of 261bs within her first month.

John and Beth claim that they do not have any medical certificates. They claim that they worked with Thomas, a man nicknamed "Doc," in order to develop the Energeia Formula. Doc lives in the town of Furore, on the Amalfi coast of Italy. John claims that Doc graduated at the top in his medical school class. He seems to have used his medical training to help John and Beth create Energeia by recommending optimal weight loss ingredients.

The Energeia makers and customer service can be contacted via the Energeia official website.

Final Word

Energeia, a weight-loss supplement, is made from a combination of ingredients that are native to Furore in Italy, a small city on the Amalfi coast with a reputation for healthy people.

Energeia, which contains black cumin, Caralluma Fimbriata and GHG (a plant-based antioxident), can help you lose as much as 2lbs per day without any exercise or diet changes.

