



## DISCOVER A NEW METHOD TO SUPPORT HEALTHY WEIGHT LOSS & GUT HEALTH

Hi, my name is Eric Evans. I want to share a formula with you that supports healthy metabolic activity, to help you maintain a healthy weight and stay there.

And at the same time, this same formula promotes "gut health" which means balancing the good bacteria vs. bad bacteria inside your body.

This is very important for maintaining overall health and well-being, as well as healthy digestion and metabolic function.

Furthermore, the formula I'm going to share with you on this page also promotes deeper, more restful sleep.

You may be wondering, what does sleep have to do with losing weight? The answer is...a lot!

Getting deep, fully restful sleep is another way to promote healthy metabolic activity, so that your body burns fat instead of storing it.

And did you know that during the deep sleep phase, your brain releases hormones that help to reduce hunger cravings especially cravings for sugary food and



ProvaSlim, a nutritional product that supports weight loss and gut wellness.

## [PROVASLIM SUPPLEMENT: OFFICIAL WEBSITE](#)

One scoop of ProvaSlim daily is said to support weight loss, deep sleep and digestion.

Continue reading to learn everything you need about ProvaSlim. Find out how it works and if it is worth the hype.



### **What is ProvaSlim?**

ProvaSlim, a weight loss powder, contains fiber, shilajit berries, African mango extract and other trendy ingredients.

The formula is only available online at ProvaSlim.com and can provide a variety of benefits, including maintaining the natural hormonal balance in the body. According to its official website, ProvaSlim is able to help with digestion, weight loss, and sleep among other things.

ProvaSlim supports a wide range of benefits by targeting hormones, overall health and wellbeing. Take one scoop of ProvaSlim with water, juice, shakes, or any other beverage you choose, and drink ProvaSlim every day to reap multiple benefits.

ProvaSlim is available in bottles containing 30 servings (30 scoops), and costs between \$39-\$59, depending on the number of bottles ordered.

## **ProvaSlim Benefits**

According to the official site, the powdered formulation can support multiple aspects in health and wellness by using a mixture of natural ingredients.

Other supplements are specifically designed for gut health. Some supplements are specifically designed to improve gut health. Others optimize sleep, while some work on metabolism. ProvaSlim optimizes all of the areas.

According to its official website, here are some benefits of ProvaSlim:

- Keep your overall health in check
- Support healthy digestion
- Support for metabolic function
- Promote a deeper, more restful sleep
- Help you body burn fat instead storing it
- Support hormone production to reduce appetite
- All of these effects may help you lose weight. You will naturally eat less when you are not as hungry. You burn more calories when you are at rest if you have better metabolism. When you sleep better, the body produces more hormones that are linked to weight loss, muscle growth, and fat burning. 90% of the growth hormone is produced overnight.

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### **How does ProvaSlim work?**

ProvaSlim is a blend that contains natural ingredients. These ingredients provide a variety of health benefits. These ingredients target different aspects of wellness and health in different ways.

Take one serving of ProvaSlim every day and you will experience the following mechanisms:

**Flush Toxins Naturally:** The digestive system removes toxins from the body. The fiber you consume is crucial to your digestion. Fiber helps to push waste from your body. However, 95% adults in the United States do not get the daily fiber recommended. This is a serious problem. ProvaSlim says it helps by flushing out toxins that have accumulated inside you.

**Feel Full to Reduce Appetite.** Fiber in ProvaSlim also suppresses the appetite. Fiber helps you feel more full by soaking up water from your stomach, gut and digestive tract. You're tricking your body into thinking that you ate more than you did, so you naturally eat less. ProvaSlim's fiber source is inulin. Studies show that inulin has a noticeable effect on appetite, digestion and weight loss.

**Reducing Desire for Sweet, Salty and Fatty Foods:** Your body can sometimes inhibit your diet plan by creating cravings. There's a good reason why you crave certain foods, and it's usually not healthy food. ProvaSlim reduces your desire to consume these high-calorie food, by increasing fullness and supporting hormonal production.

**Support Healthy Inflammation:** ProvaSlim is rich in polyphenols and antioxidants. ProvaSlim contains shilajit for instance, which is resin-like substance that has natural anti-inflammatory qualities.

**Boost energy:** A higher level of energy makes it easier to exercise, stay active and maintain a high metabolism. ProvaSlim says it boosts energy by using shilajit, and other natural energy-boosting ingredients.

**Reduce Fat Absorption During Meals** Certain food can reduce the amount fat your body absorbs while eating. You can, for instance, force the extra fat from a meal out of your system without it being absorbed. Acai berries, according to ProvaSlim's manufacturers, can reduce how much fat your body takes in during meals. According to the manufacturer grape seed extract may also influence how your body stores and absorbs fat.

**Rejuvenate sleep:** 90% human growth hormone production (HGH) occurs while you sleep. You'll miss out on weight loss and body recovery if you don't get enough sleep. Sleep is essential for weight loss. ProvaSlim states that it promotes deep, healthy and restorative sleeping. The manufacturer does not provide much information on which ingredients promote healthy

sleep. However, the formula includes 15 herbs and plants unlisted that may support sleep in different ways.

**Lower insulin resistance:** ProvaSlim has some ingredients that lower insulin resistance, helping to convert blood sugar in your body into energy you can burn. Cinnamon can supposedly lower insulin resistance and boost your body's ability to manage blood sugar. You will have less cravings and hunger swings when your blood sugar is stable.

**Increase Fat-Burning:** Certain ingredients in ProvaSlim may increase fat-burning, increasing the rate that your body burns fatty acids and other compounds. ProvaSlim is a green tea powder that contains antioxidants such as epigallocatechin galate (EGCG), which has been linked to powerful weight-loss effects.

## **ProvaSlim Ingredients**

Any weight loss formula may claim to support the benefits listed below. Not all supplements can live up to this claim. ProvaSlim backs up its claims with a list of all ingredients.

According to ProvaSlim's manufacturer, here are the ingredients and their functions:

Inulin ProvaSlim is a product that contains inulin - a natural fiber obtained from the roots of the chicory. Chicory root has been used for centuries to make traditional cleansing and medicine. It is said to increase bowel movement frequency and add firmness and bulk to the stool. Inulin, a type fiber, can bulk up your stomach and digestive system, reducing your appetite.

**Shilajit:** Shilajit, a resinous substance found at high altitudes in the Himalayas. Shilajit has been used in traditional medicine for centuries. Multiple studies have linked it to anti-inflammatory and antioxidant effects. ProvaSlim's makers claim that the shilajit is anti-inflammatory, energy-boosting, and diuretic. In 2012, researchers published the largest review of shilajit, in the International Journal of Alzheimer's Disease. They found that shilajit can support energy, cognitive stimulation and disease defense as well as neurological anti-aging benefits.

**Acai Berry:** ProvaSlim is made up of acai fruit, a purple fruit that has been linked to brain health. It also contains healthy cholesterol. The makers of ProvaSlim claim that the acai fruit in the formula is able to decrease the amount of fat absorbed by your body during mealtime. Over the past decade, Acai Berry has become one of the most popular supplements in the industry. Acai berry is rich in



vitamin C, which is one of nature's most potent antioxidants. states that acai can help you lose weight when combined with diet and physical activity.

**African Mango Extraction:** ProvaSlim is a weight-management supplement that contains African Mango extract. This helps to reduce appetite and help with weight loss. African mango extract can boost your metabolism and help you burn more calories when you exercise or are at rest. African mango extract is gaining popularity due to growing evidence that it can help you lose weight. Researchers found that African mango extract was effective in reducing body weight and blood cholesterol levels of obese people.

**Grape seed extract:** ProvaSlim has grape seed extraction, which is known to have energy-boosting, antioxidant, and metabolism-boosting effects. Grape seed extract, according to ProvaSlim's makers, can increase your metabolism, helping you burn more calories when at rest or working out. Grape seed extract also changes the way that your body stores and absorbs fat. Multiple studies have linked grape seed extract to health benefits because of its high levels in vitamins and fiber and polyphenol spectrum.

**Cinnamon ProvaSlim is cinnamon extract.** Cinnamon is more than a spice. It has been used in traditional medicine for centuries. Research shows that cinnamon extract has a link to blood sugar levels, insulin resistance and other effects. Many diabetics use cinnamon extract to manage, control and support blood sugar.

**Green tea:** ProvaSlim is made with green tea powder. Green tea extract is rich in polyphenols and antioxidants. It also contains EGCG. Green tea has been linked to everything from weight loss to longevity. According to ProvaSlim's manufacturer, green tea helps promote weight loss in ProvaSlim by enhancing metabolic activity.

**15 Other Herbs:** ProvaSlim contains a blend consisting of 15 additional herbal extracts to help "maintain a body's natural hormone balance". Hormones are responsible for weight gain, mood, appetite, and many other things. ProvaSlim is said to help you maintain a good hormonal balance, and to continue losing weight.

**[PROVASLIM SUPPLEMENT: OFFICIAL WEBSITE](#)**



## ProvaSlim reviews: What do customers say?

ProvaSlim has received many 5-star reviews on its official website from verified buyers. ProvaSlim has been credited with significant weight loss by multiple reviewers.

According to the official ProvaSlim website, here are some reviews from ProvaSlim users:

ProvaSlim is helping one woman lose more weight "each and every week". She also says she has more energy and sleeps better than when she was in her 30s.

ProvaSlim is a great product for a customer who wants to maintain a healthy and slim body, but does not want to spend countless hours in the gym. He has responsibilities at work and on travel, so ProvaSlim lets him eat what he likes and still lose weight.

ProvaSlim is said to have helped one user feel more youthful and slimmer.

ProvaSlim is helping one customer "see the fat disappear" from her body. She feels as though her metabolism "suddenly turned on." ProvaSlim is also popular because she doesn't feel like she has to deprive herself.

ProvaSlim has helped one customer feel confident enough to wear sexy clothes. She even posted pictures of her outfits on social media.

ProvaSlim is a formula that has helped one customer lose 45 pounds. He describes it as "a weight-loss solution [he] will stick to".

ProvaSlim is also claimed to flush away toxins and enhance weight loss. It can also boost energy levels.

Customers seem to agree that ProvaSlim is effective in helping with weight loss, energy metabolism, endurance and other effects, when taken daily.

## ProvaSlim Pricing

ProvaSlim costs \$59 per bottle. However, you can save a lot by purchasing multiple bottles.

ProvaSlim pricing breakdown when ordering online today

- 1 Bottle: \$59. + \$9 Shipping
- 3 bottles: \$147 plus free US shipping (\$49 per bottle).
- 6 bottles: \$234 plus free US shipping (\$39 per bottle).
- Each bottle contains 30 scoops or 30 days of ProvaSlim. Take one scoop of powder per day to get the full benefits of ProvaSlim.

## ProvaSlim Refund Policy

ProvaSlim comes with a 180-day guarantee. You can ask for a full refund within 180 days from the date of purchase. This is approximately 6 months.

You are entitled to receive a refund if for any reason you are not satisfied with ProvaSlim or you haven't seen significant results from the formula.

Please note that the refund policy on the ProvaSlim site may only be valid for 60 days. To verify your refund policy, contact the manufacturer within 60-days.

## ProvaSlim

ProvaSlim, a GMP-certified and FDA-registered facility, is manufactured in the United States. The company produces ProvaSlim as well as other supplements that target a variety of health and wellbeing goals.

ProvaSlim formula is made from natural ingredients, and it's 100% non-GMO. The ingredients are sourced from around the globe and the United States.

According to the ProvaSlim video and website, three men named Mike Manning and Eric Evans and James Walker could have been involved with the creation of ProvaSlim.

- Contact the ProvaSlim makers via their [official website](#).

## Final Word

ProvaSlim, a powdered formula for weight loss, contains a combination of ingredients that have been proven to aid in weight loss, metabolism and recovery.

The formula, which is only available online at ProvaSlim.com comes with a 180-day guarantee.

**1 BOTTLE**  
30 DAY SUPPLY



**\$69** Per Bottle

**ADD TO CART**

**Total: \$69**

+ \$9 Shipping Fee

**180 Days Guarantee**



**6 BOTTLE**  
180 DAY SUPPLY



**\$49** Per Bottle

**ADD TO CART**

**Total: \$294**

+ FREE Shipping

**180 Days Guarantee**



**3 BOTTLE**  
90 DAY SUPPLY



**\$59** Per Bottle

**ADD TO CART**

**Total: \$177**

+ FREE Shipping

**180 Days Guarantee**

