

MitoSculpt is a popular weight loss supplement developed to help shed pounds of unhealthy fat from your body while you sleep.

RIZE LABS



Improves Mental Clarity & Focus



Increase Energy Levels



Utilizes Fat For Fuel



Helps Gain Energy*

Supports Metabolism*

Supports Ketosis*



Real Results

Researchers have claimed that sleep is linked to weight loss. They claim that it boosts lipolysis which breaks down fat into energy. A lack of sleep can lead to a weight loss of up to 287% without the need for exercise or dieting. People with healthy and regular sleep habits weigh less than those who do not get 7 hours or more of sleep.

[MITOSCUPT SUPPLEMENT: OFFICIAL WEBSITE](#)



MitoSculpt is an all-natural supplement that triggers lipolysis , causing stubborn fat to be burned while

sleeping. It contains rare slimming ingredients that help to melt fat and increase energy levels.

We will review the MitoSculpt formula, its ingredients and benefits. We will also discuss the pros, cons, price, satisfaction guarantee, and scientific evidence. This review will let you know everything about MitoSculpt so that you can make an informed decision before spending your money.

What is MitoSculpt

MitoSculpt is a weight loss supplement that can help you lose fat while you sleep. The formula helps you maintain a healthy weight through the melting of stubborn fat in your cells.

This formula will improve your sleep cycle and turn your body into an efficient fat-burner without any effort. It is effective for men and women, regardless of gender. MitoSculpt is a natural supplement that contains high-quality ingredients to optimize your mitochondrial function and unblock the fat burning freeway.

MitoSculpt promotes relaxation and calmness while promoting lipolysis. Relaxation properties reduce stress, anxiety and depression. MitoSculpt contains ingredients

that reduce cortisol, which prevents stress and helps to reduce appetite and cravings.

You will feel a surge of energy when your body begins to break down fat. It prevents the body from storing excess calories as fat. MitoSculpt is a natural supplement that contains sleep nutrients. This helps you to wake up without feeling tired the next morning. Natural remedy helps reduce flight response, and removes fat cells from the body.

MitoSculpt contains ingredients that are 100% natural, vegan, GMO and dairy free, and all of them are backed by science. The risk of side effects therefore is minimal. Each batch of MitoSculpt, according to the manufacturer, is triple-checked for consistency and quality of ingredients.

MitoSculpt is formulated with eight plant-based ingredients to target the root cause behind unexplained excess weight. MitoSculpt, a weight loss supplement that is FDA approved and produced in an FDA-approved state-of-the art facility, follows Good Manufacturing Standards.

If you are not satisfied with the results, there is a 180 day satisfaction guarantee. If you don't like the weight loss product, you can ask for a refund.

[MITOSCULPT SUPPLEMENT: OFFICIAL WEBSITE](#)

How Does MitoSculpt Work?

MitoSculpt is a supplement that contains a combination of nutrients to help you burn stubborn fat up to 287% faster than diet and exercise. It can help you achieve real weight loss goals that will change your life.

The formula supports natural and healthy weight loss during sleep. MitoSculpt's super nutrients help you feel more energetic and slimmer the next day. It increases lipolysis, converting fat into energy.

As we age, the natural process of fat burning slows down. Even with strict diets and intensive workouts, reduced lipolysis can make it hard to lose weight. According to MitoSculpt's makers, lipolysis is slowed down by two factors:

Cortisol - When you are stressed, your body produces the hormone cortisol. Cortisol increases weight. Stress causes high cortisol levels. High cortisol levels can slow down lipolysis. This hormone has also been linked to poor heart health and poor sleeping quality.

Stress - Stress increases cortisol and negatively impacts your fat-burning processes. It reduces the body's capacity

to burn fat. You are forced to hold on to every calorie, instead of using it as fuel.

The process of lipolysis occurs primarily when you are sleeping, when fat cells stored in your body reach the mitochondria. The mitochondria are a type of fat-burning chamber which regulates how much fat you burn. The fat cells are blocked from reaching the mitochondria most of the time.

MitoSculpt contains natural ingredients that are proven by science to clear blocked pathways due to stress and an increase in cortisol. The formula maintains low cortisol, which allows fat cells to easily reach mitochondrial metabolism.

MitoSculpt supplies your body with nutrients 24 hours a day, helping to reduce the flight response. Supports your body's fat-burning processes without diet or exercise. Super nutrients found in this weight loss formula regulate hormone activity, which allows your body to function properly.

MitoSculpt Ingredients

MitoSculpt is a natural, all-natural product that contains ingredients proven to help you lose weight while

sleeping. The active ingredients of MitoSculpt are listed below, along with their health benefits.

Guggul

MitoSculpt contains Guggul, a key ingredient that supports lipolysis and helps your body burn fat. It helps regulate hunger hormones leptin and ghrelin, as well as stimulates fat breakdown. Guggul has been shown to reduce flight response, and help eliminate extra fat cells. Guggul helps you lose weight up to 135% faster than any other diet or exercise.

GABA

Gamma aminobutyric acid (GABA) is naturally produced in the human body. The compound helps to improve sleep and calmness. GABA, according to MitoSculpt's makers, increases lipolysis. The compound that burns fat increases lean muscle mass, and reduces body fat. will be toned and lean with GABA. It promotes a healthy metabolism and boosts the immune system.

Melatonin

Melatonin regulates sleep. A better sleep quality supports weight loss and reduces flight responses. While you sleep, it activates the switch that burns fat. Melatonin prevents fat accumulation in cells and helps flush out

toxins. It also helps convert calories into energy, and promotes the development of lean muscles.

Valerian Root

Valerian root has a relaxing effect that helps you sleep. By improving sleep, your body can better deal with flight reactions. Valerian root can help manage your appetite, treat insomnia and control gene activity which leads to new cell formation. It also helps with fatigue, anxiety and stress.

L-Tryptophan

This amino acid promotes relaxation, calmness and sleep. Researchers have discovered that L Tryptophan helps manage appetite and can improve weight loss. It helps your body to handle unnecessary food cravings, as it controls leptin, lowers cholesterol, and regulates levels of leptin. L-Tryptophan helps the serotonin to control mood, metabolism and appetite.

Lemon Balm Extract

Lemon balm extract, according to studies, causes weight loss, particularly around the waist. It has relaxing and calming properties which induce sleep. also helps to burn fat while you are asleep. Lemon balm is a natural appetite-suppressant. It helps you reduce your calorie

intake and prevents the formation of fat. Lemon balm extract also has anti-inflammatory qualities that improve metabolic health and manage digestive health.

Passionflower

Passionflower reduces cortisol, a hormone that is responsible for stress. According to research, passionflowers may help to extend sleep by as much as 26%. The active ingredient regulates blood glucose levels and stimulates metabolism. Its calming properties reduce anxiety and insomnia, while enhancing weight loss. Passionflower unclogs the fat-burning pathways, which leads to increased fat melting.

Chamomile

Chamomile improves digestion by increasing gastric juice production and improving digestive health. It can help control appetite and boost the fat-burning processes. It treats obesity and reduces cortisol, as well as unblocking your body's fat burning pathways. Chamomile increases sleep quality and prevents you from getting up by as much as 33%. It also extends the fat-burning cycle.

WEIGHT MANAGEMENT



Supplement Facts
Serving Size: 2 Capsules
Servings Per Container: 30 Servings

	Amount Per Serving	%DV
Proprietary Ketosis Blend	800mg	**
Garcinia Cambogia		
Calcium Carbonate		
Sodium Chloride		
Mango Fruit Powder		
Raspberry Ketones Extract		
Magnesium Citrate		

** Daily Value not established

Other Ingredients: Magnesium Stearate, Rice Flour, Silica Dioxide, Microcrystalline Cellulose.

Branded By:
Rize Labs
30 N Gould St
Ste 28212 Sheridan,
WY 82801

RIZE LABS

- Garcinia Cambogia
- Calcium Carbonate
- Sodium Chloride
- Mango Fruit Powder
- Raspberry Ketones Extract
- Magnesium Citrate

RIZE LABS

MitoSculpt Benefits

Improve energy levels- MitoSculpt is made up of all-natural ingredients which increase energy production by breaking down food. Energy produced by MitoSculpt fuels your body's functions, ensuring you are not weak or

tired. High energy levels are associated with a good mood and low stress levels.

Improved sleep quality- Sleep is important for weight loss, as it allows the body to burn calories at rest. Lemon balm, chamomile and other ingredients can help you relax your mind and body for a peaceful night's sleep. Weight loss can be as high as 287% when you have a good night's sleep.

Improve metabolism - The active ingredients in MitoSculpt help to speed up your slow metabolic rate, ensuring that you burn as many fats as possible.

Promote healthy weight loss: The supplement MitoSculpt stimulates lipolysis which breaks down fat molecules, resulting in a healthy and quicker weight loss.

Improve digestion - Improper digestion occurs when your body does not burn calories. It stores them in fat. MitoSculpt has ingredients that reduce inflammation due to improper digestion. Ingredients make it easier for your body absorb calories and convert excess fat into fuel.

Regulate your blood sugar levels and cholesterol- Uneven blood sugar levels and cholesterol can cause indigestion and weight gain. A regular blood pressure will ensure that all of your organs are receiving enough oxygen and

nutrients. Normal cholesterol levels are important for maintaining hormonal health, cell membranes and overall health.

Increase levels of BAT- MitoSculpt supplements targets the synthesis and maintenance of healthy brown fat.

Improve cognition - The natural ingredients found in MitoSculpt will give you an cognitive boost, improving your alertness, concentration, memory, and much more. As your body undergoes metabolic changes, the formula increases both mental and physical performance.

How do you use MitoSculpt?

One bottle of [MitoSculpt contains 60 capsules](#). Two capsules must be taken daily, with or without food before bed. You will feel more energetic and have less body fat if you take the capsules consistently.

The effects of MitoSculpt vary from person-to-person. While some users may lose up to 13 pounds in two weeks and others could take months, the effects of MitoSculpt vary from person to person. MitoSculpt should be consumed for at least 3 to 6 months in order to achieve optimal results. If you combine the weight loss formula, a healthy diet, and regular exercise with your weight loss program, you will see faster results.

MitoSculpt contains only natural ingredients, free of GMOs, chemicals or fillers. The formula has few and non-adverse side effects. Each capsule is vegan and free of dairy substances.

You should not use MitoSculpt when you are pregnant or breastfeeding, under 18 years old, or have an existing medical condition. Overdosing can have side effects.

Pros

- MitoSculpt, manufactured in the USA by a GMP and FDA certified facility.
- MitoSculpt is made with ingredients that are free of GMOs, chemicals, dairy, and fillers.
- MitoSculpt has no negative side effects.
- MitoSculpt is backed by a 180-day guarantee of satisfaction.
- MitoSculpt is a natural sleeping formula.
- You can expect fast delivery to your door within 3 - 5 business days.
- MitoSculpt, an affordable weight-loss supplement, targets the cause of weight gain that is not explained.

You can also find out more about Cons

- The MitoSculpt Supplement is only available through the website.

- This formula is not guaranteed to produce similar results for all users.

How much weight can you lose with MitoSculpt?

The MitoSculpt formula can help you lose 20lbs, 80lbs or more.

Ashley, who is one of MitoSculpt's creators, claims that she lost up to 8lbs in the first week after using the formula. Ashley lost 19 pounds in one month and 37 pounds within three months.

Ashley and other MitoSculpt customers on the website consume the weight loss supplement, without dieting or exercise. Ashley ate her favorite cake, as well as unhealthy foods while taking MitoSculpt.

According to the MitoSculpt site, the majority of women appear to have lost between 10 and 50 lbs using the formula. MitoSculpt melts fat without requiring restrictive diets and exhausting exercise routines.

MitoSculpt: Scientific Evidence

MitoSculpt's makers have included more than 20 scientific studies to support their claims of weight loss. Here's a quick look at the scientific evidence.

A study from 2022 found that sleep loss is associated with weight gain. Poor sleep cycles are associated with a lower metabolism and a low rate of fat burning.

MitoSculpt contains Guggul, a natural chemical that helps regulate sleep, appetite, weight and other bodily functions. Guggul helps you lose weight by managing your appetite. It interacts with your blood glucose pathways. Food cravings and an appetite caused by irregular blood sugar levels make it difficult to maintain a healthy lifestyle.

Melatonin, another ingredient of MitoSculpt, is also a sleep-supporting substance. According to research, 0.5-10mg of Melatonin can help you fall asleep quickly. Melatonin has been linked to weight loss in some studies. In a 2014 Menopause Review study, melatonin was given to a group women for 24 weeks at 5%. It showed improvements in sleep quality, depression, and anxiety.

The Manufacturer

Ashley Anderson, 38, is the founder of MitoSculpt, along with Melisa, who works as a wedding photographer. Melisa, a wedding photographer, lost 38 pounds using the formula. Ashley Anderson and Melisa decided to share it with the world.

Ashley and Melisa have partnered with Hormonal Harmony Company in order to produce MitoSculpt. MitoSculpt is made in a GMP-certified and FDA-approved facility in the United States.

You can contact the MitoSculpt Customer Service team in several ways:

- Email: support@hormonalharmony.com
- Phone: 1-561-468-3108
- Official Address: 1140 South Highbrook St., Akron OH 44301

Price and Money Back Guarantee

[MitoSculpt is available on the official site.](#) As part of an online promotional, the company offers a 45% off on every order. The price of MitoSculpt is listed below:

- MitoSculpt - \$59 per bottle plus shipping
- Three bottles of MitoSculpt for \$49 each + shipping
- Six bottles of MitoSculpt for \$30 each + Free Shipping
- You can save more money by purchasing a larger bundle. You can stock up on food for several months with a 3- or 6-month package. You can expect to receive your package in 3-5 days after processing your payment and order.

Each MitoSculpt is backed by a 180-day money-back guarantee that allows you to receive a full refund if you're not happy with the results within six months.

The conclusion of the article is:

MitoSculpt, a natural supplement for weight loss, supports better sleep and helps to melt stubborn fat. It increases fat-burning by supporting lipolysis, and clears the pathway to the mitochondria.

It contains ingredients derived from plants that help to break down fats into energy. It is calming and relaxing, which promotes better sleep. MitoSculpt contains ingredients that help improve the fat burning process and solve digestive problems.

MitoSculpt targets lipolysis, regulates hormones and boosts mitochondrial functions, which encourages weight loss naturally. This formula reduces cortisol levels, which prevents stress and anxiety. MitoSculpt does not require you to follow a strict diet or exercise regime.

MitoSculpt helps to reduce unwanted food cravings that lead to increased calorie intake. The formula is 100% natural, GMO free, dairy-free and vegan friendly. Each batch is checked twice for consistency, potency and quality.

MitoSculpt offers a 180-day guarantee on all orders to protect your investment. The company offers a discount of 45%, but you could save even more if you buy multiple bottles.

SAMPLE PACKAGE 1 Month Supply	BEST VALUE PACKAGE 6 Month Supply	MOST POPULAR PACKAGE 3 Month Supply
		
<p>\$59 /bottle</p> <p>You Save: \$140</p>	<p>\$39 /bottle</p> <p>You Save: \$960</p>	<p>\$49 /bottle</p> <p>You Save: \$450</p>
<p>Add To Cart</p>	<p>Add To Cart</p>	<p>Add To Cart</p>
<p>\$199 \$59</p> <p> + Shipping</p>	<p>\$1194 \$234</p> <p> FREE Shipping</p>	<p>\$597 \$147</p> <p> + Shipping</p>