

# NerveAlive Review: What to Know About the Nerve-Support Supplement

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NerveAlive is a dietary supplement marketed to adults looking for nutritional support for peripheral nerve health and everyday nerve comfort. The product is promoted primarily to people concerned about sensations such as tingling, numbness, burning discomfort, or reduced comfort in the hands and feet.

Those symptoms can have many possible causes, however, and a dietary supplement should not be treated as a substitute for determining why they are occurring. Persistent, unexplained, worsening, or one-sided symptoms deserve medical evaluation.

## **What Is NerveAlive?**

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NerveAlive is sold as a daily nerve-health formula rather than a prescription medication. Its marketing focuses on providing nutrients and compounds associated with nervous-system function, antioxidant protection, circulation, and nerve-cell metabolism.

The seller makes considerably stronger claims in some promotional materials, including statements about relieving nerve pain and restoring nerve health. Those statements should be distinguished from what has actually been demonstrated in clinical research.

Research involving individual nutrients does not automatically establish that the finished NerveAlive supplement will produce the same effects.

## NerveAlive Ingredients

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One current NerveAlive sales page describes a formula built around ingredients including:

- Benfotiamine
- Alpha-lipoic acid
- Methylcobalamin, an active form of vitamin B12
- Acetyl-L-carnitine
- Passionflower extract

Other NerveAlive pages found online present substantially different ingredient lists. This inconsistency is important for prospective customers. Rather than assuming that every website using the NerveAlive name describes the same formulation, buyers should inspect the Supplement Facts panel on the exact product being ordered.

### **Benfotiamine**

Benfotiamine is a derivative of thiamine, or vitamin B1. It has attracted research interest in connection with complications associated with diabetes, including diabetic peripheral neuropathy.

Clinical studies involving benfotiamine itself provide a scientific reason for researchers to investigate it for nerve-related applications. They do not

establish that every commercial supplement containing benfotiamine has been clinically proven.

### **Alpha-Lipoic Acid**

Alpha-lipoic acid, usually abbreviated ALA, is an antioxidant involved in cellular metabolism.

ALA is among the better-studied dietary ingredients in the peripheral-neuropathy field. Human trials have investigated it particularly in people with diabetic polyneuropathy.

That evidence is relevant when evaluating why ALA might appear in a nerve-support formula. It should still be separated from evidence for NerveAlive itself.

### **Methylcobalamin**

Methylcobalamin is a form of vitamin B12.

Vitamin B12 has an established physiological role in maintaining normal neurological function, and B12 deficiency itself can produce neurological problems. Methylcobalamin has also been investigated in people with peripheral neuropathy.

Supplementing B12 is particularly important when a deficiency exists, but that does not mean additional B12 will resolve every type of tingling or numbness.

### **Acetyl-L-Carnitine**

Acetyl-L-carnitine participates in cellular energy metabolism and has been investigated for several neurological applications.

Research into this ingredient is better viewed as ingredient-level evidence rather than proof that NerveAlive produces a particular clinical outcome.

### **Passionflower**

Passionflower has traditionally been used for calming and relaxation. Research has examined some of its possible effects on anxiety and nervous-system signaling.

Its presence gives the formula a different purpose from nutrients such as B12 or benfotiamine. It should not be interpreted as evidence that passionflower repairs damaged peripheral nerves.

### **Has NerveAlive Itself Been Clinically Studied?**

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The most important evidence distinction is between research on the commercial formula and research on its individual ingredients.

Current publicly available information reviewed for this article provides discussions of studies involving ingredients such as alpha-lipoic acid, benfotiamine, and methylcobalamin. Independent published clinical research establishing the effectiveness of the complete NerveAlive formulation could not be confirmed.

Consequently, phrases such as "clinically researched ingredients" should not be interpreted as meaning the complete supplement has necessarily undergone equivalent clinical testing.

## **What Can Consumers Realistically Expect?**

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NerveAlive is best understood as a dietary supplement intended to provide nutrients and other compounds selected for nerve-health support.

It should not be regarded as a treatment for neuropathy or as a guaranteed way to eliminate numbness, burning, tingling, or pain.

This distinction matters because peripheral nerve symptoms can arise from diabetes, vitamin deficiencies, medication effects, nerve compression, injuries and numerous other conditions. The appropriate response depends heavily on the underlying cause.

## How Is NerveAlive Taken?

**SUGGESTED USE:**  
As a dietary supplement, take two (2) capsules daily with an 8 oz. glass of water.

**STORAGE:** Keep away from heat, light, and humidity to preserve freshness.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

**Nerve Alive**  
**With Magnesium**

**Dietary Supplement**  
60 capsules

**Supplement Facts**  
Serving Size: 2 capsules  
Servings Per Container: 30

|                                                   | Amount Per Serving | %Daily Value |
|---------------------------------------------------|--------------------|--------------|
| Passion Flower Herb Powder (Passiflora Incarnata) | 145 mg             | †            |
| Marshmallow Root (Althea Officinalis)             | 110 mg             | †            |
| Corydalis Powder (Corydalis Yanhuosuo)            | 100 mg             | †            |
| Prickly Pear 20:1 (Opuntia Phaeacantha)           | 50mg               | †            |
| California Poppy Seed (Eschscholzia Californica)  | 45mg               | †            |

† Daily Value Not Established

**Other Ingredients:** Magnesium Stearate, Hypromellose (Veggie Capsule)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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One current NerveAlive sales page instructs customers to take one capsule daily, preferably in the morning.

Other pages using the NerveAlive name describe different serving instructions. Because online information is inconsistent, the directions printed on the actual bottle should take precedence.

Do not combine instructions from different NerveAlive websites.

## NerveAlive Price

A current sales page displays the following package structure:

| Package   | Advertised Price        | Advertised Supply |
|-----------|-------------------------|-------------------|
| 1 bottle  | \$89                    | 30 days           |
| 3 bottles | \$177 total (\$59 each) | 90 days           |
| 6 bottles | \$294 total (\$49 each) | 180 days          |

The page advertises free U.S. shipping on the three- and six-bottle packages, while shipping is added to the single-bottle purchase.

These are promotional prices and can change. Consumers should verify the final amount, shipping charge, and any applicable taxes at checkout.

## Refund Policy

The sales page reviewed for this article advertises a 60-day money-back guarantee. It states that customers seeking a refund may return bottles, including opened or empty bottles, within the specified period.

Because refund procedures can change, buyers should save the terms displayed when ordering, along with the receipt and order confirmation.

## Is NerveAlive Sold on Amazon?

A verified official Amazon storefront for the exact NerveAlive formulation discussed here could not be established with sufficient confidence.

A marketplace search result alone would not prove that the manufacturer or an authorized seller is supplying the product.

Consumers purchasing through any marketplace should compare the bottle, Supplement Facts panel, serving size, seller identity and refund conditions with those supplied by the product's authorized seller.

### **Is NerveAlive Available at Walmart?**

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Direct Walmart availability for the exact formulation could not be independently established.

Even when a supplement appears on Walmart's website, shoppers should determine whether Walmart itself or an independent Marketplace merchant is responsible for the listing.

### **Availability Outside the United States**

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The current promotional material clearly provides information about U.S. ordering, including free U.S. shipping on selected packages.

Reliable current shipping information for the United Kingdom, Canada, Australia and New Zealand could not be established. International buyers should therefore check country eligibility, shipping costs, duties and final currency charges before paying.

### **Safety Considerations**

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"Natural" does not mean that a supplement is appropriate for everyone.

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People taking prescription medications or managing an existing medical condition should discuss a new supplement with an appropriate healthcare professional. Extra caution is sensible during pregnancy or breastfeeding and when several supplements are being combined.

People experiencing persistent nerve symptoms should also avoid allowing supplementation to delay an appropriate diagnosis.

## **Frequently Asked Questions**

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### **Is NerveAlive a medicine?**

No. It is marketed as a dietary supplement.

### **Is NerveAlive FDA approved?**

Dietary supplements are not FDA-approved in the same manner as prescription drugs before being sold. A statement that a supplement is produced in an FDA-registered facility should not be interpreted as FDA approval of the product or its health claims.

### **Does NerveAlive cure neuropathy?**

The available evidence does not establish NerveAlive as a cure for neuropathy.

**Are its ingredients researched?**

Several ingredients commonly associated with NerveAlive have been studied independently, including alpha-lipoic acid, benfotiamine and forms of vitamin B12. Ingredient research is not equivalent to a clinical trial of the finished formula.

**Where should buyers check the ingredients?**

The Supplement Facts panel on the actual product is the most useful starting point, particularly because different NerveAlive websites currently describe different formulations.

**Bottom Line**

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NerveAlive combines the familiar concept of nutritional nerve support with ingredients that have varying amounts of scientific research behind them. Alpha-lipoic acid, benfotiamine and vitamin B12 provide particularly relevant areas of research for understanding the formula's rationale.

The key limitation is equally important: research on those ingredients should not be transformed into proof that the complete commercial formula will eliminate nerve discomfort or reverse neuropathy.

For prospective buyers, verifying the exact label, serving directions, seller, final price and refund terms is therefore as important as reading the product's promotional claims.

**Try Two****2 BOTTLES**  
**60 Day Supply****\$79**

Per Bottle

- ✓ YOU SAVE \$200
- ✓ 60 Days Guarantee

**BUY NOW!**  
**Basic Offer!**TOTAL: ~~\$358~~ **\$158**  
+ SHIPPING**Best Value!****6 BOTTLES**  
**180 Day Supply****\$49**

Per Bottle

- ✓ YOU SAVE \$780
- ✓ 60 Days Guarantee

**BUY NOW!**  
**Good Value!**TOTAL: ~~\$1074~~ **\$294****+ FREE US SHIPPING****Good Value****3 BOTTLES**  
**90 Day Supply****\$69**

Per Bottle

- ✓ YOU SAVE \$330
- ✓ 60 Days Guarantee

**BUY NOW!**  
**Most Popular!**TOTAL: ~~\$537~~ **\$207****+ FREE US SHIPPING**