

# Sermon Series: Song of Us – Week 8

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“Better than you imagined. Exactly what you were made for.”



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## Introduction

[Married Life - UP](#)

As we conclude our study in the Song of Solomon, we are left with an important question: How do you build a life—and a marriage—that lasts?

Every marriage begins with hope, excitement, and expectation. Yet lasting marriages are not built accidentally. They are formed intentionally, strengthened through seasons, and protected through daily choices.

Song of Solomon closes with a powerful picture of covenant love—love that is pursued, protected, and continually renewed. God’s desire is not merely for marriages to survive, but to thrive over the long haul.

## Key Scriptures

Song of Solomon 7:1–13

Song of Solomon 8:5–7

Song of Solomon 6:3a

Song of Solomon 2:16a

Genesis 3:16

Genesis 4:7

## How to Have a Lasting Marriage

### 1. Have Fresh EYES

One of the greatest dangers in long-term marriage is familiarity without appreciation. Over time, spouses can begin to focus more on frustrations than blessings.

Song of Solomon repeatedly highlights admiration, delight, and affection between husband and wife. The couple continues to notice, pursue, and speak life over one another.

Having fresh eyes means continuously viewing your spouse adoringly—not through irritation, disappointment, or assumption, but through gratitude, grace, and love.

Ask yourself: When was the last time I intentionally noticed, celebrated, or verbally affirmed something beautiful in my spouse?

### 2. Have a “NO COMPETE” Clause

Song of Solomon 6:3a says, “I am my beloved’s and my beloved is mine.” Song of Solomon 2:16a repeats this same covenant language.

Healthy marriages thrive when spouses intentionally protect the exclusivity of the relationship. A “No Compete” clause means that nothing and no one competes for the emotional, relational, or intimate space reserved for your spouse.

Genesis 3:16 reveals how brokenness can distort relationships through insecurity, struggle, and competing desires. Comparison often fuels insecurity. When we compare our spouse, our marriage, or our circumstances to others, dissatisfaction quietly grows.

Comparison breeds insecurity. Lasting marriages reject comparison and choose contentment, covenant, and loyalty.

### 3. Pursue with PURPOSE

Lasting marriages require intentionality. Love does not flourish on autopilot. Pursuit should not stop after the wedding—it should deepen.

Song of Solomon paints a picture of continual affection, admiration, and pursuit. Healthy marriages intentionally pursue emotional intimacy, communication, encouragement, and meaningful connection.

Purposeful pursuit demonstrates intentionality. It asks: “How can I love, support, encourage, and honor my spouse today?”

Healthy marriages are built when spouses continually choose one another again and again.

## 4. Guard the FLAME

Song of Solomon 8:6–7 describes love as powerful, enduring, and worth protecting. But flames do not sustain themselves—they must be guarded.

Genesis 4:7 reminds us that sin is crouching at the door seeking opportunity. Strong marriages recognize that resentment, complacency, pride, temptation, and neglect can quietly weaken connection.

Guarding the flame is a daily active process. It involves prayer, communication, forgiveness, affection, intentional investment, and healthy boundaries.

The strongest marriages are often built not by grand gestures, but by consistent daily faithfulness.

### Application

- Choose fresh eyes—continually view and affirm your spouse adoringly.
- Refuse comparison and protect your marriage with a “No Compete” mindset.
- Demonstrate intentionality by pursuing your spouse daily with purpose.
- Guard the flame through prayer, communication, forgiveness, and healthy boundaries.
- Remember that lasting love is built through faithful daily investment.

### Conclusion

How do you build a life that lasts? You build it intentionally

God’s design for marriage is better than we imagine because it is rooted in covenant, faithfulness, and flourishing. A lasting marriage is not built on luck or perfect compatibility—it is built through daily commitment

Have fresh eyes. Maintain a “No Compete” clause. Pursue with purpose. Guard the flame, because marriages that last are marriages that keep choosing one another every day.