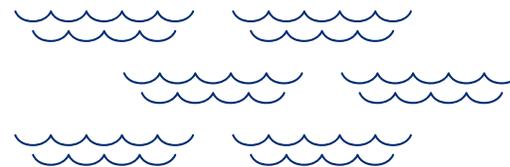
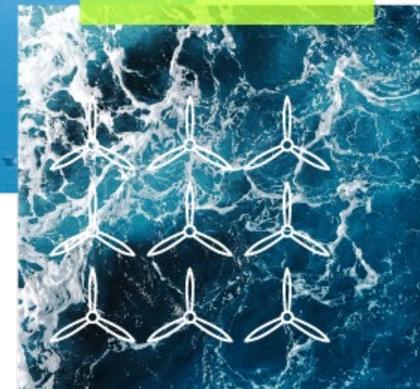


February 2026

Energy overview

Your monthly report featuring market updates
and weather review





Market Update: Power

Price Movement

Early February: prompt power prices tracked gas downwards as weather forecasts pointed to higher temperatures.

Mid February: prices rallied as escalating US/Iran tensions raised geopolitical risk.

Late February: Below average wind forecasts led to a further lift in prompt power prices.

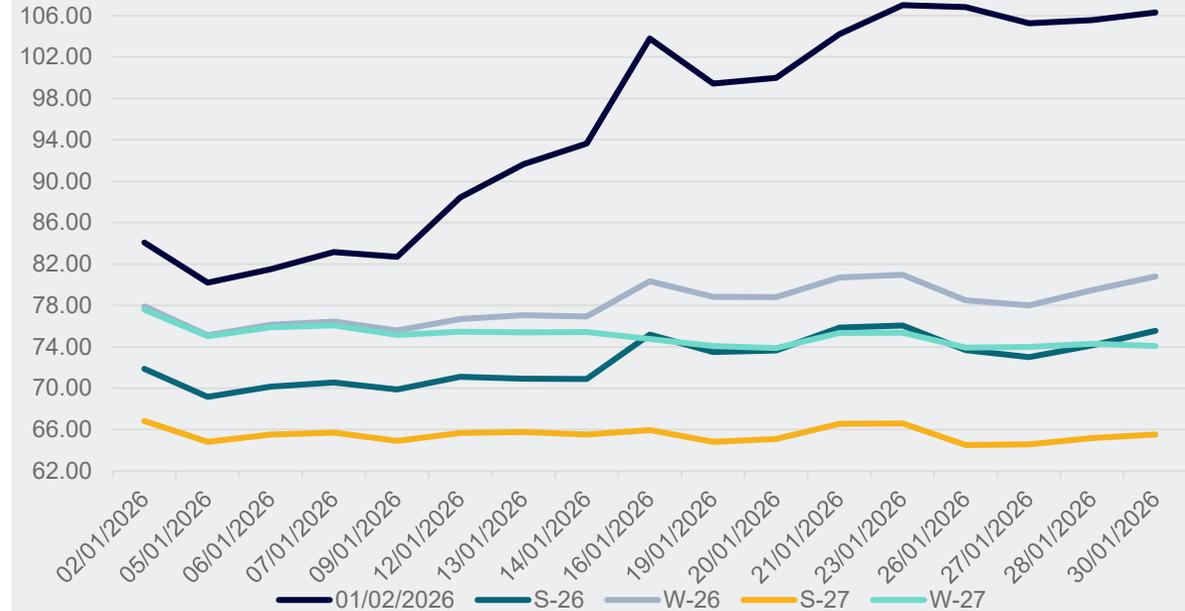
Early March: War in the Middle East prompted a sharp lift in prompt and curve prices following gas as fears of a protracted conflict stoked bullishness in the energy complex.

Drivers

Supply: Renewables 47% (primarily offshore wind), 29% gas-fired generation, 11% nuclear and 11% interconnector were the principle sources of UK generation during the month. (Source: NESO)

Demand: Over 25TWh was supplied through the month to domestic and industrial and commercial consumers, with peak demand 43.5GW on 3 February. (Source: NESO)

Baseload Power



Power Bid (£/MWh)	1-Feb-26	28-Feb-26	Change	% Change	High	Low	Average
Mar-26	83.49	75.01	↓ -8.48	↓ -11.3%	84.54	70.06	76.38
Summer 26	72.92	70.26	↓ -2.66	↓ -3.8%	73.33	64.99	69.50
Winter 26	78.79	75.57	↓ -3.22	↓ -4.3%	78.79	71.63	75.50
Summer 27	64.86	61.79	↓ -3.08	↓ -5.0%	64.86	59.59	61.96
Winter 27	73.41	68.61	↓ -4.80	↓ -7.0%	73.41	66.29	69.57



Market Update: Gas

Price Movement

January's rally eased in early February, bringing the market back to levels observed across much of 2025.

Through February the market moved sideways.

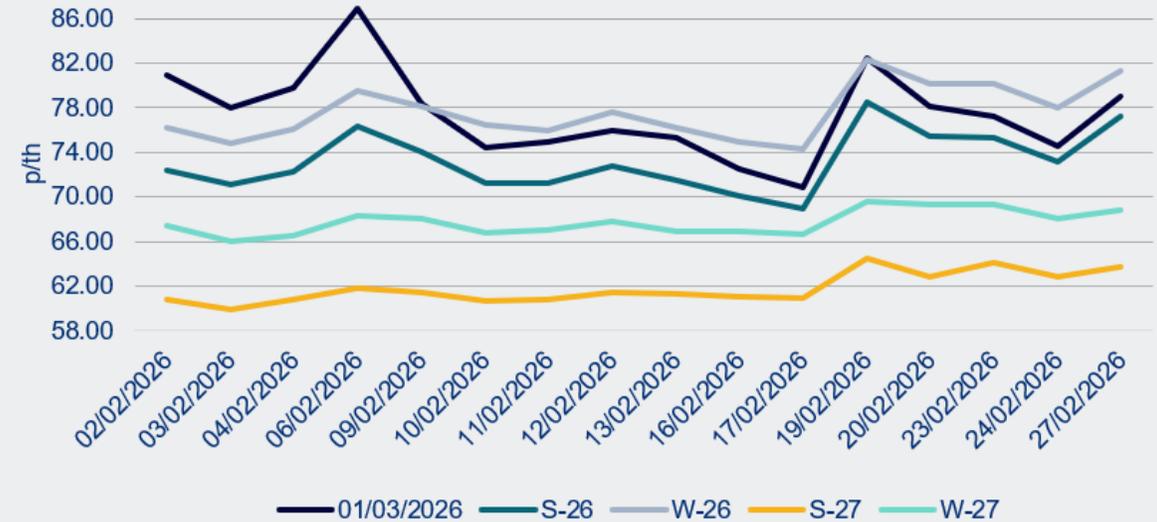
Early in March the prices rallied significantly due to war in the Middle East and a rapid repricing of risk and assessment of potential supply disruption, mainly out of Qatar.

Drivers

Supply: War in the Middle East and Qatari supply being locked in with the Strait of Hormuz basically unpassable (**bullish**).

Demand: February was mild on the whole allowing prices to ease. However, demand and weather are a footnote in the current market (**neutral**).

NBP Gas



Gas NBP (p/th)	1-Feb-26	28-Feb-26	Change	% Change	High	Low	Average
Mar-26	80.90	79.00	↓ -1.90	↓ -2.4%	86.95	70.84	77.46
Summer 26	72.45	77.20	↑ 4.75	↑ 6.2%	78.45	69.00	73.23
Winter 26	76.15	81.25	↑ 5.10	↑ 6.3%	82.30	74.25	77.62
Summer 27	60.85	63.70	↑ 2.85	↑ 4.5%	64.55	59.85	61.81
Winter 27	67.40	68.85	↑ 1.45	↑ 2.1%	69.60	66.05	67.72



Market Update: Oil

Price Movement

Early February: Started around **\$66/bbl**, reflecting relatively soft fundamentals but with growing geopolitical tension beginning to build into prices.

Late February: **high-\$60s to low-\$70s/bbl**, as geopolitical risk — particularly around Iran and potential disruption to the Strait of Hormuz — supported the market.

Early March: prices **spiked sharply above \$100/bbl**, briefly reaching around **\$115–120/bbl** as escalating conflict in the Middle East raised fears of major supply disruption through key shipping routes.

Drivers

Supply: Disruptions through the Strait of Hormuz (**bullish**).

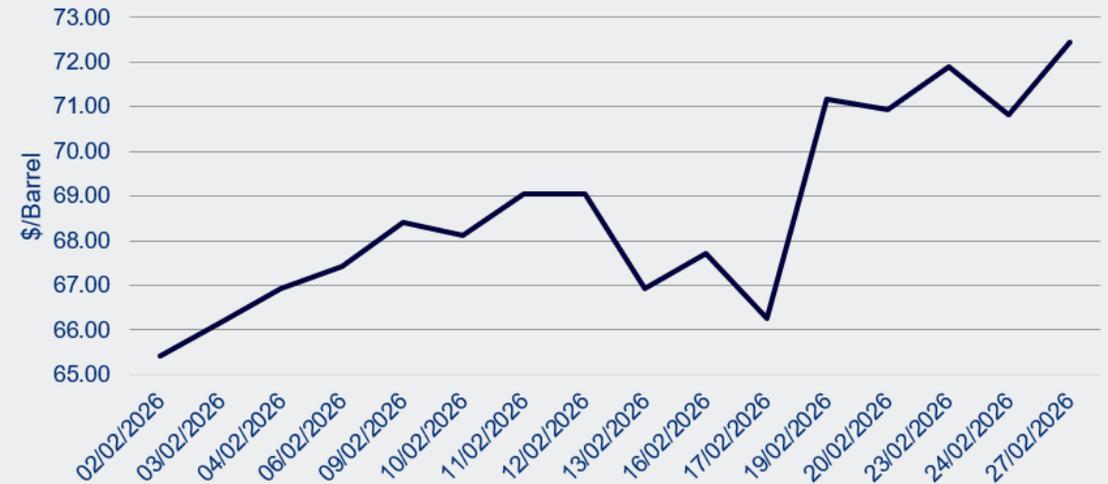
Demand: No significant change; duration of war in the Middle East and inflationary shock to the macroeconomy make for a longer dated concern (**neutral**).

Policy: The G7 stands ready to make the largest release of strategic oil reserves in history (**bearish**).

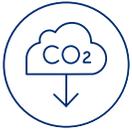
Macro Economy: No significant change; duration of war in the Middle East and inflationary shock to the macroeconomy make for a longer dated concern (**neutral**).

Geopolitics: War duration as much as intensity is now the key consideration, with supply lines through Hormuz and attacks on production capacity key considerations (**bullish**).

Front Month Brent



Brent (\$/Barrel)	1-Feb-26	28-Feb-26	Change	% Change	High	Low	Average
Front Month	65.42	72.45	↑ 7.03	↑ 9.7%	72.45	65.42	68.67



Market Update: Carbon

Price Movement

Significant drop across the month.

Trading c £63/te early February.

Now trading £40/te.

Drivers

Policy: Political pressure for Emissions Trading Scheme/System (ETS) reform/suspension from industry and some member states.

Fundamentals: February weather was muted.

Supply: Market Stability Reserve (MSR) continues to underpin longer-term price support.

Carbon UKA



Carbon (£/ton)	1-Feb-26	28-Feb-26	Change	% Change	High	Low	Average
Dec-26	69.03	61.56	↓ -7.47	↓ -12.1%	63.38	45.30	51.37
Mar-26	66.94	59.76	↓ -7.18	↓ -12.0%	61.56	43.99	49.97



Weather Review and Outlook

February Review

February saw Europe locked into an unusual weather pattern for multiple weeks from late January to mid-February.

This brought a southeasterly wind to the North Sea, which was often quite strong, leading to above average wind speeds.

The wind direction also meant that parts of Scotland were extremely wet. Aberdeen and Southwest England saw very high rainfall, along with France and all of Spain and Portugal. Scandinavia was very dry.

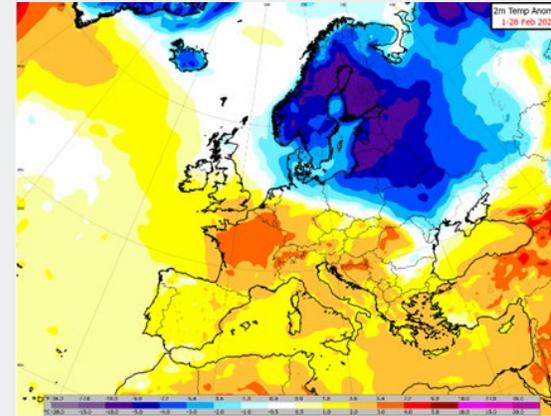
March Outlook

Instead of being locked into the same weather pattern for weeks, March will be more changeable, but should be consistently mild.

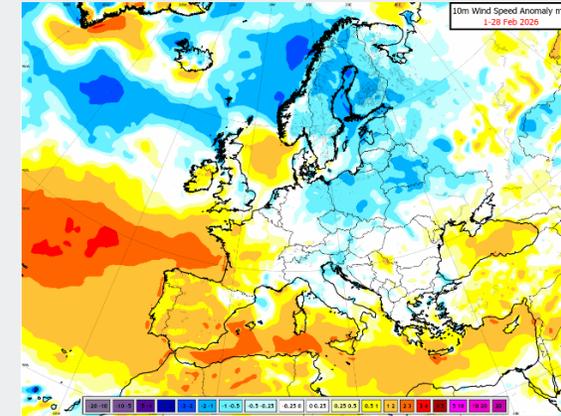
Settled weather in Northwest Europe early on will feel springlike with sunshine, dryness, and lower winds, especially in the continent.

Mid-March is on track for a windier and wetter spell, which should last around a week. Still mild, but rainier and less sunny. This will be the best chance for some above average wind production across Northwest Europe, around 12-18 March or so.

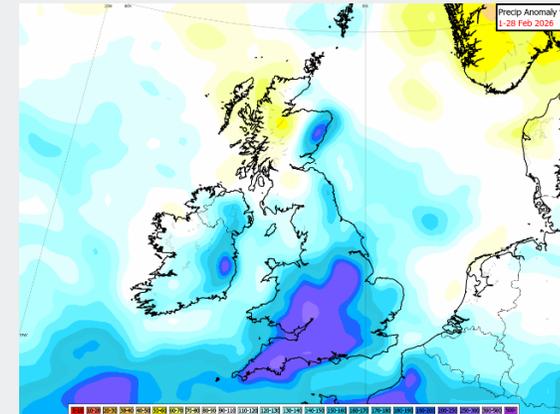
After that, high pressure should start to build north of Europe around Iceland or the Norwegian Sea, lingering there into early April.



Temperature anomaly



Wind Speed anomaly



Precipitation anomaly



EU Gas Storage Watch

Storage Levels:

- European gas storage inventory (storage + reservoir, excluding Ukraine) now sits at 30.4bcm, 8.1bcm behind this point last year. Northwest Europe inventory sits at 8.9bcm in store, 4.9bcm behind last year.

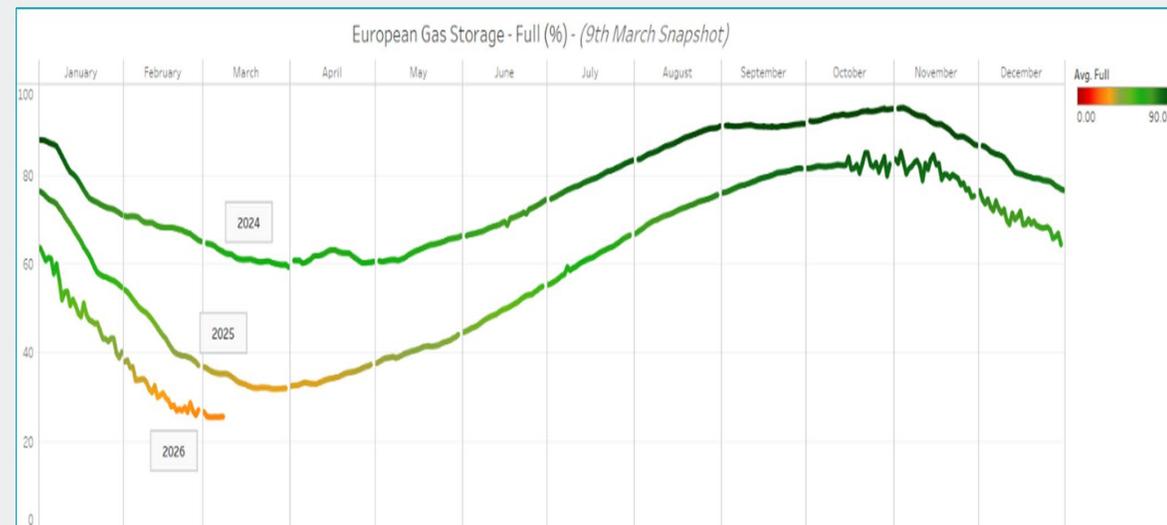
Key Headlines:

- EU storage withdrawals slow to 0.6bcm over the week, with Northwest Europe withdrawals grinding to a halt.
- EU LNG sendout remains at a record 600 mcm/d, but is expected to fall rapidly as Asian prices surge far more than EU in response to the Middle East crisis.

Overall:

- Withdrawals slowing as we exit heating season and head for re-stocking.

Disclaimer: This communication is for information purposes only. It is not intended as an offer or solicitation for the purchase or sale of any physical or financial instrument or as an official confirmation of any transaction. All market prices, data and other information are not warranted as to completeness, accuracy, or reliability and are subject to change without notice. The use of, or reliance on, the information contained within this communication shall be at the user's risk, and accordingly SSE plc, its subsidiaries and affiliates shall have no liability to the user for any loss or damage caused by its use of (or inability to use), or reliance on such information. Any comments or statements made herein do not necessarily reflect those of SSE Energy Supply Limited or SSE plc.



28 February – EU Gas Storage 30%

Let's power change together

To explore our range of energy solutions for a net zero future,
talk to your account management team or visit:



[sseenergysolutions.co.uk](https://www.sseenergysolutions.co.uk)

SSE Energy Solutions is a trading name of SSE Energy Supply Limited, registered in England and Wales number 03757502, which is a member of the SSE Group.
The registered office of SSE Energy Supply Limited is No. 1 Forbury Place, 43 Forbury Road, Reading, RG1 3JH.

