



# OUTPATIENT NUTRITION COUNSELING – REFERRAL FORM

To be completed by referring physician and **faxed to 619-740-8568.**

Sharp Grossmont Hospital - Sharp Chula Vista Medical Center - Sharp Memorial Hospital **Questions? Please Call 619-740-4632.**

Medical Nutrition Therapy (Nutrition Counseling):		
PROCEDURE CODES	UNIT/INCREMENTS	# OF UNITS = 1 Hour
CPT - 97802 (MNT) - Initial assessment & intervention, individual, face-to-face with a Registered Dietitian	15 Minutes Each (1 unit)	4 units
CPT - 97803 (MNT) - Reassessment & intervention, individual face-to-face with patient, with a Registered Dietitian	15 Minutes Each (1 unit)	4 units

**PATIENT:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **DATE FAXED:** \_\_\_\_\_

**PHYSICIAN:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_ **FAX:** \_\_\_\_\_

**DIAGNOSIS/ICD-10 (select all that apply):**

- E78.5 Hyperlipidemia, Unspecified
- E78.4 Other Hyperlipidemia
- E78.0 Hypercholesterolemia
- I10 Essential (Primary) Hypertension
- E66.9 Obesity, Unspecified
- E66.01 Obesity, Morbid (severe) due to excess calories
- Other: \_\_\_\_\_
- N18.9 Chronic Kidney Disease, Unspecified
- N18.3 Chronic Renal Failure, Stage III, moderate
- N18.4 Chronic Renal Failure, Stage IV, severe
- N18.5 Chronic Renal Failure, Stage V
- R63.5 Abnormal Weight Gain
- R63.4 Abnormal Weight Loss

(ICD-10 CODE & DIAGNOSIS PLEASE)

**DIET RX (select all that apply):**

- Weight Reduction Diet
- Diabetic Diet
- Low Fat/Cholesterol Diet
- Low Sodium Diet
- Renal (non-dialysis) Diet
- Modified Fiber (high/low fiber) Diet
- Ulcerative Colitis/Crohn's Disease Diet
- Celiac/Gluten-Free Diet
- Fluid Restriction (indicate amount per day): \_\_\_\_\_
- Other Diet: \_\_\_\_\_

**EXERCISE LIMITATION (please mark one):**

- Exercise allowed as tolerated.
- Exercise with specified restriction: \_\_\_\_\_
- No exercise allowed.

**MD Signature:** \_\_\_\_\_



\*\*\*\*\*PLEASE COMPLETE ABOVE AND FAX ALONG WITH\*\*\*\*\*



- ✓ INSURANCE AUTHORIZATION
- ✓ INSURANCE CARD

- ✓ RECENT HISTORY & PHYSICAL / VISIT NOTES
- ✓ LAB WORK



Additional blank Outpatient Nutrition Counseling referral forms can be found at [www.sharp.com/services/nutrition](http://www.sharp.com/services/nutrition)